



DEPARTMENT OF

# Medical Physics

University of Wisconsin - Madison School of Medicine and Public Health

## Advancing Functional Assessment with Flow-Sensitive Magnetic Resonance Imaging

Grant S. Roberts, MSc

PhD dissertation defense in partial fulfillment of the requirements for the degree of Doctor of Philosophy in the Department of Medical Physics

### Thesis Committee

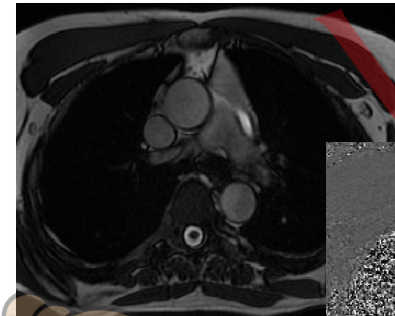
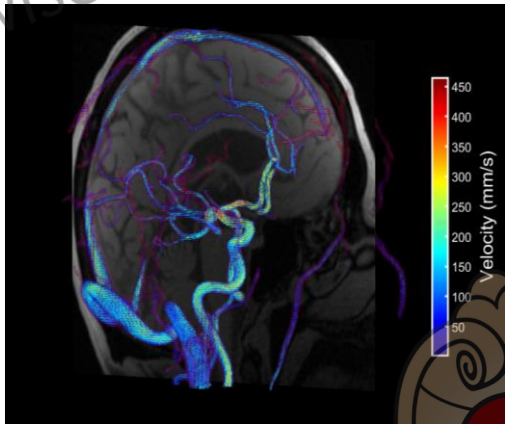
Oliver Wieben, PhD (advisor)

Laura Eisenmenger, MD (co-advisor)

Kevin Johnson, PhD

Diego Hernando, PhD

Ozioma Okonkwo, PhD



Visual Watermark

# About Me



Oliver Wieben, PhD



Laura Eisenmenger, MD



Madison

- 2014 – BS, Radiological Sciences
  - X-ray and CT Tech
- 2017 – BS, Physics
- 2020 – MSc, Medical Physics



Kansas City



Columbia



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- Abdominal 4D Flow MRI

- Diagnosing chronic mesenteric ischemia with 4D flow MRI
- 4D flow MRI in the portal vein

- Cranial 4D Flow MRI

- 'Virtual Injections' with improved 4D flow streamlines
- Relationship between cerebral hemodynamics and white matter (NODDI)
- Cranial 4D flow MRI analysis Tool (QVT)
- Establish normative intracranial flow/pulsatility in 759 older adults

- Cardiac 2D Phase Contrast MRI

- Free-breathing MRI sequence to measure aortic stiffness
- Accelerated free-breathing sequence using simultaneous multislice

- Other Projects

- Brain MR elastography
- Cardiac function in pre-term birth



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Thesis

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Defense

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- **Background**

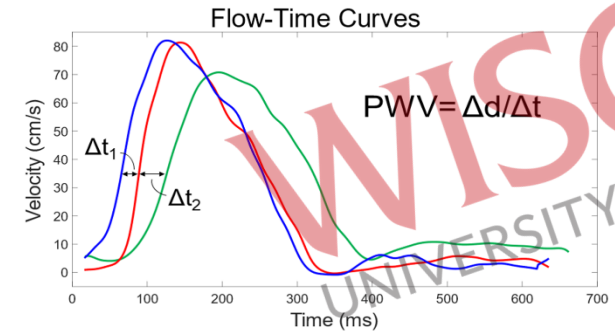
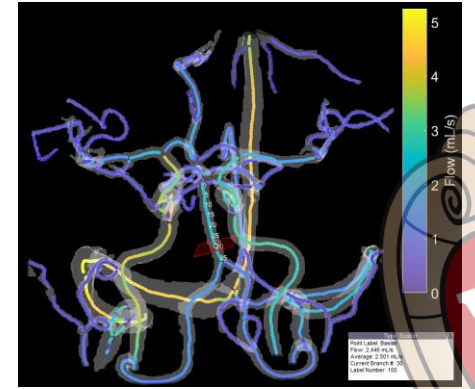
- **Part 1: Cranial 4D Flow MRI**

- Aim 1: Develop 4D flow MRI tool for efficient flow analysis in the brain
- Aim 2: Establish “normal” intracranial blood flow and pulsatility in 759 older adults

- **Part 2: Aortic Pulse Wave Velocity**

- Aim 3: Implement a free-breathing, radial 2D phase contrast sequence to assess aortic pulse wave velocity
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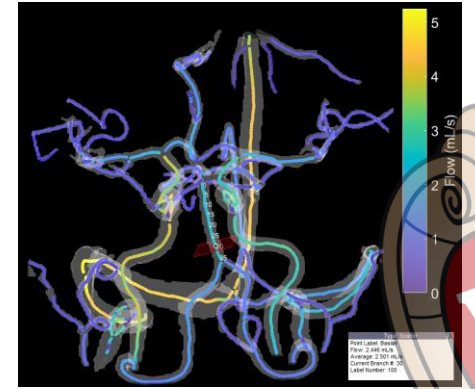




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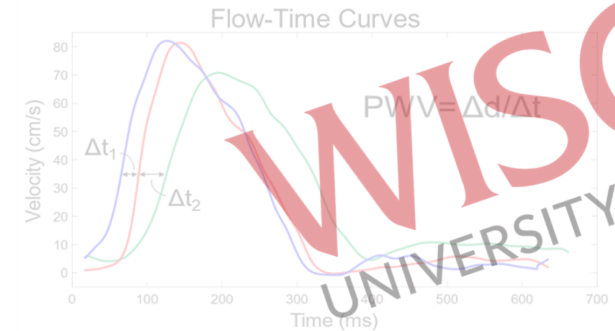
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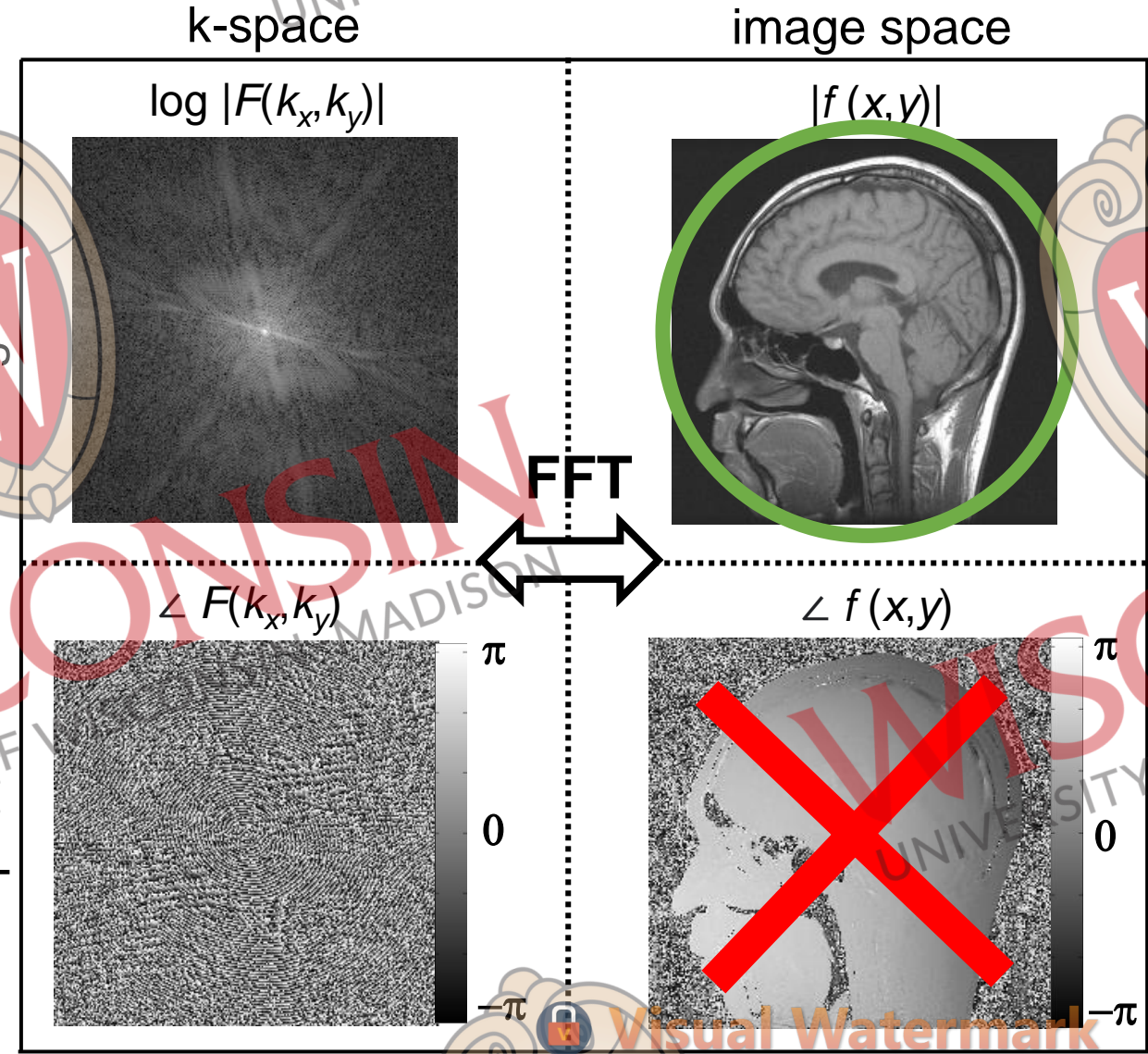


- **Summary**

# Background – MR Images are Complex!



- Acquired data is complex-valued
  - Phase and magnitude
  - Phase maps often discarded

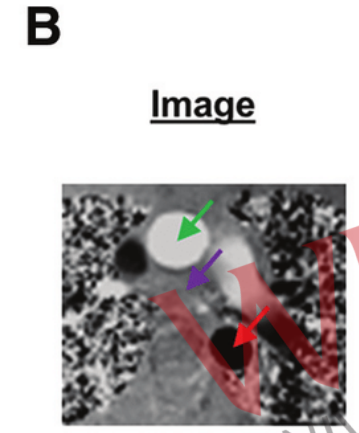
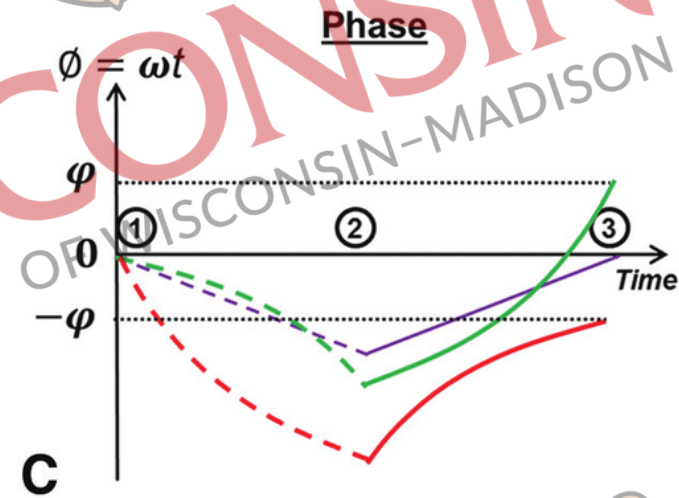
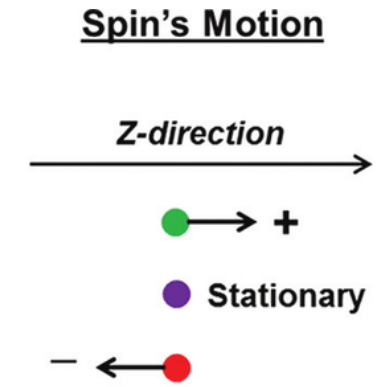
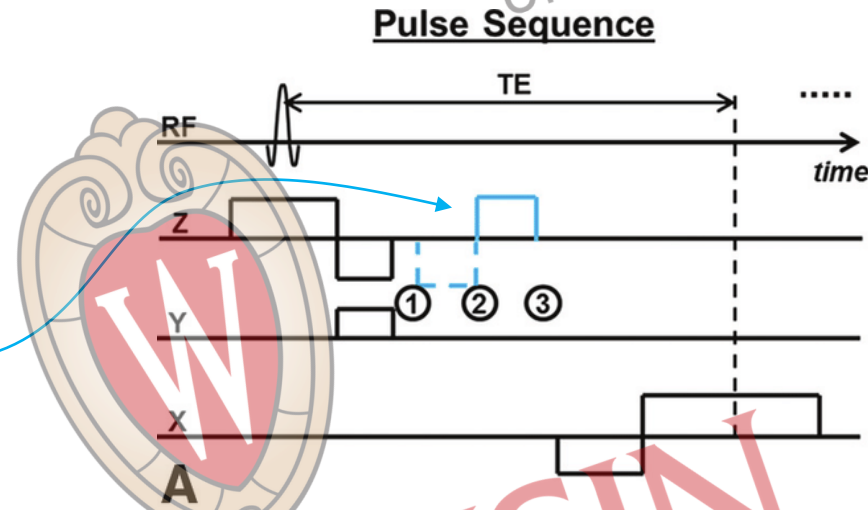




# Background – Phase Contrast MRI



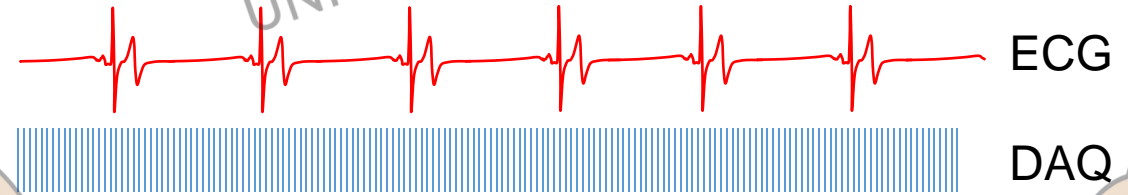
- Acquired data is complex-valued
  - Phase and magnitude
  - Phase maps often discarded
- **Can encode velocity into phase**
  - Bipolar gradients
  - Phase contrast MRI



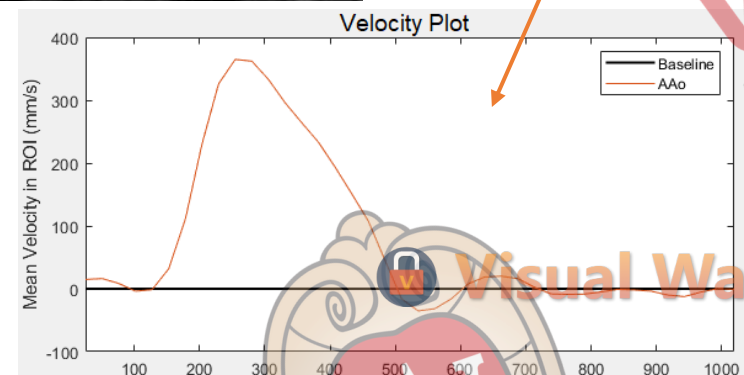
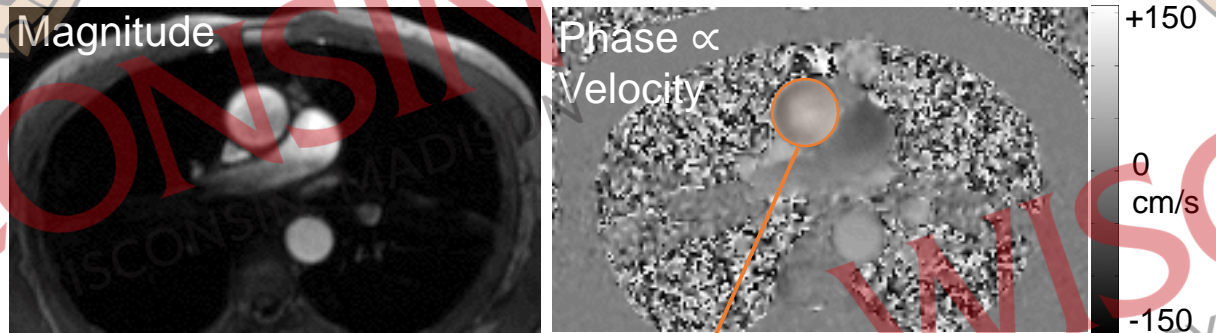
# Background – 2DPC MRI



- Acquired data is complex-valued
  - Phase and magnitude
  - Phase maps often discarded
- Can encode velocity into phase
  - Bipolar gradients
  - Phase contrast MRI
- 2D Phase Contrast MRI
  - Velocity encoded “through-plane”
  - “Gated” over multiple heartbeats
  - Time-resolved over cardiac cycle



“Cine” reconstruction

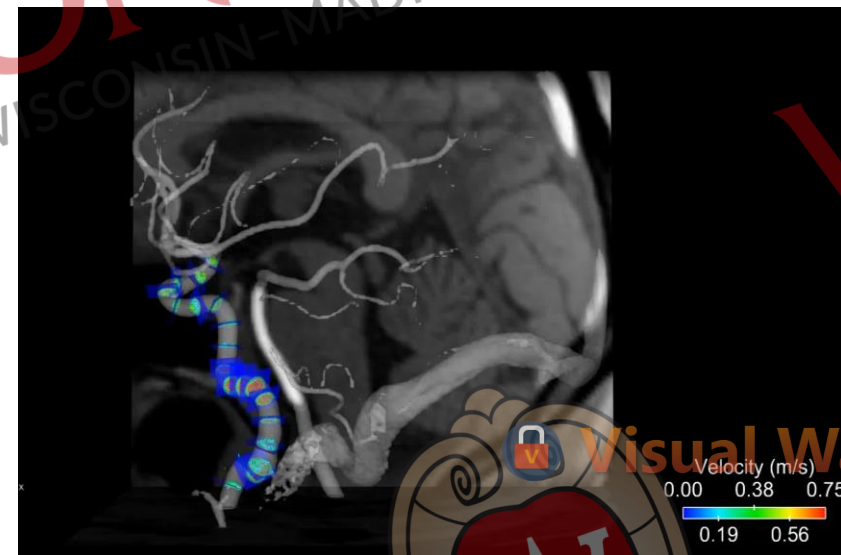
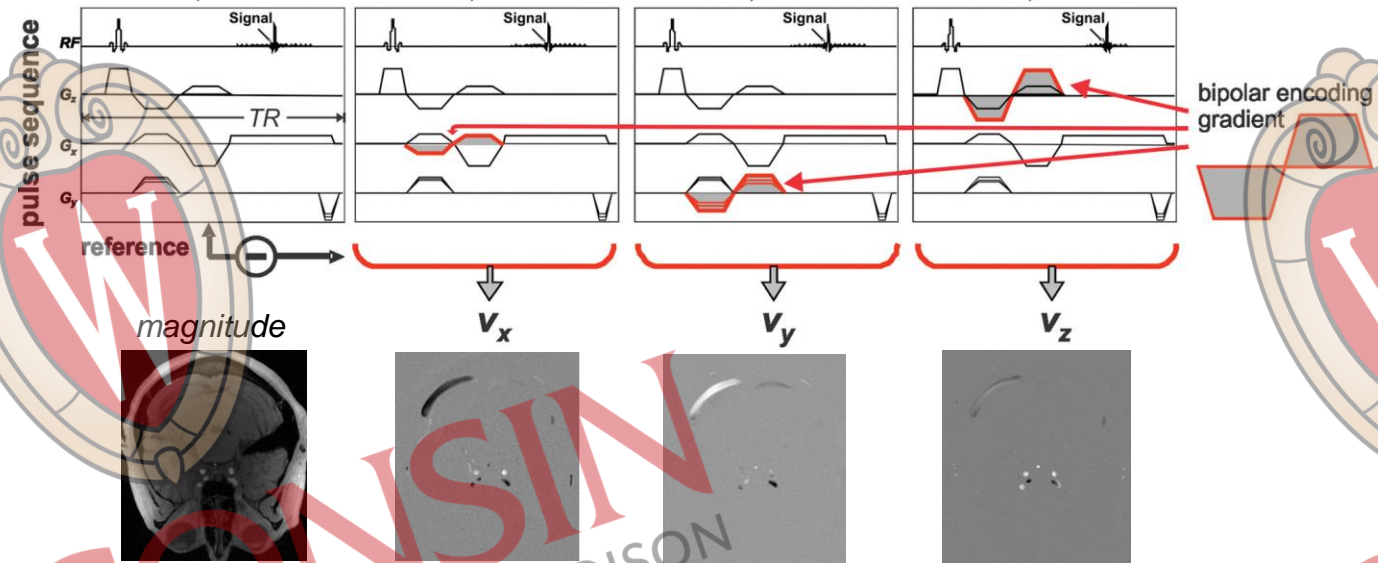


# Background – 4D Flow MRI



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- Can encode velocity into phase
  - Bipolar gradients
  - Phase contrast MRI
- 2D Phase Contrast MRI
  - Velocity encoded “through-plane”
  - “Gated” over multiple heartbeats
  - Time-resolved over cardiac cycle
- 4D Flow MRI
  - 4D? → 3D Space + 1D Time
  - 3D velocity fields

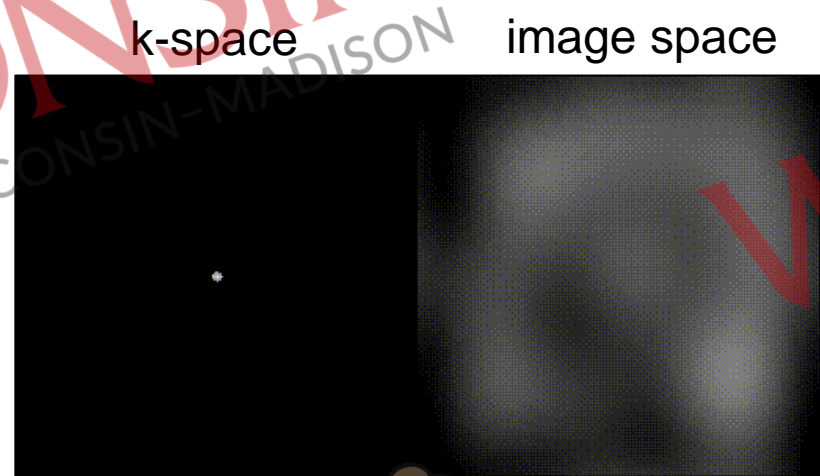
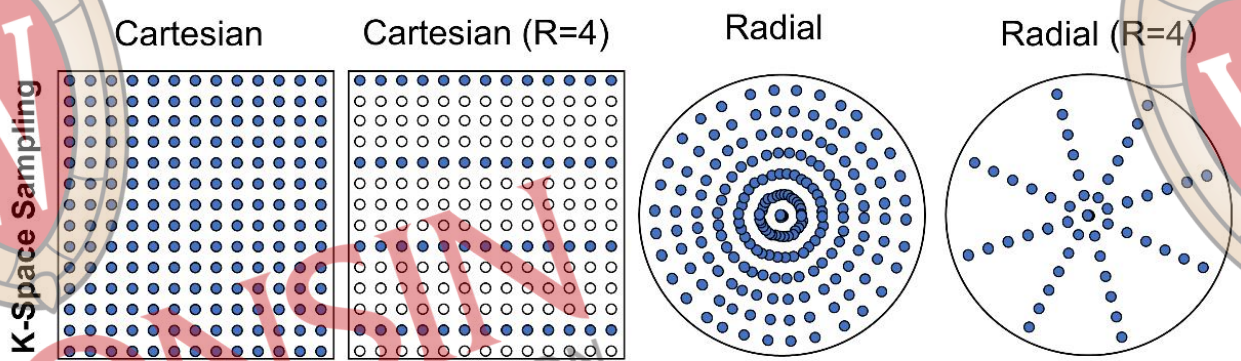
Markl M, et al (2012). *JMRI*. 36(5):1015-1036



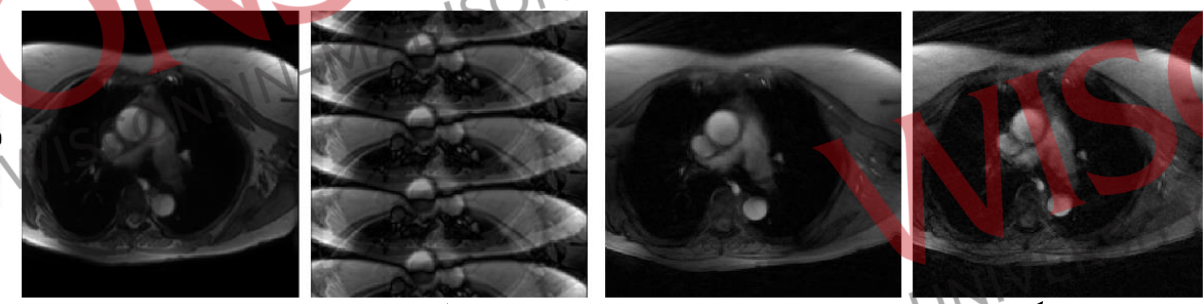
# Background – Radial Sampling



- Raw data energy focused in center of k-space
- Noise-like undersampling artifacts
  - Incoherent aliasing
  - Ideal for regularized reconstructions
- Robust to motion
- Flexibility in cardiac/respiratory gating



<http://mriquestions.com/k-space-trajectories.html>



Coherent undersampling  
"Wrap-around"

Incoherent undersampling

 Visual Watermark

# Background – PCVIPR



- PCVIPR – Phase Contrast Vastly Undersampled Isotropic Projection Reconstruction<sup>1,2</sup>
  - Radial 4D Flow MRI acquisition
  - Sample center of k-space with every TR
  - Clinically feasible scan times (5-10 minutes)



Chuck Mistretta

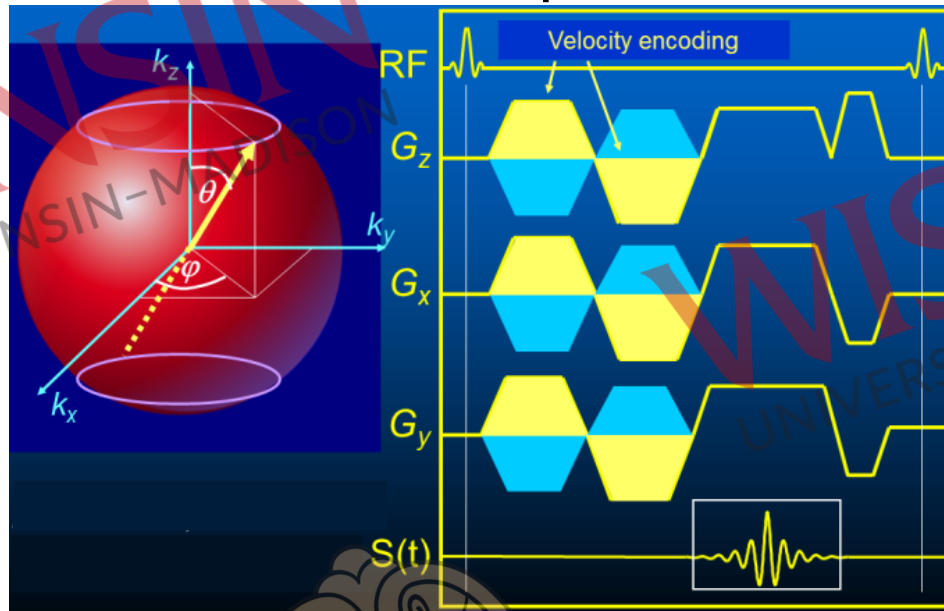


Kevin Johnson

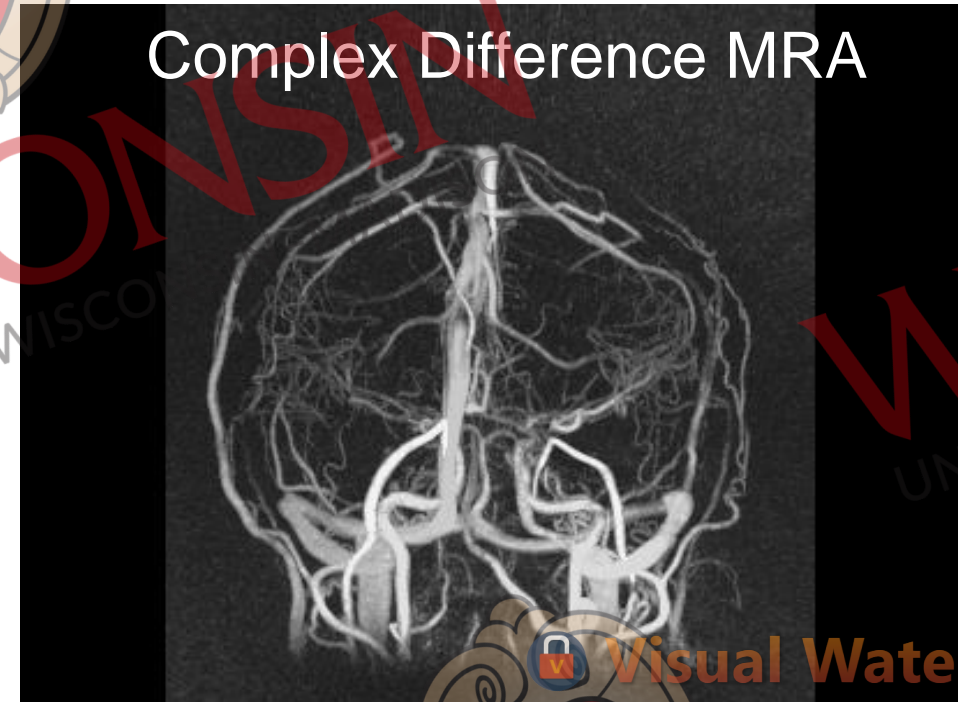


Oliver Wieben

## PCVIPR Sequence



## Complex Difference MRA



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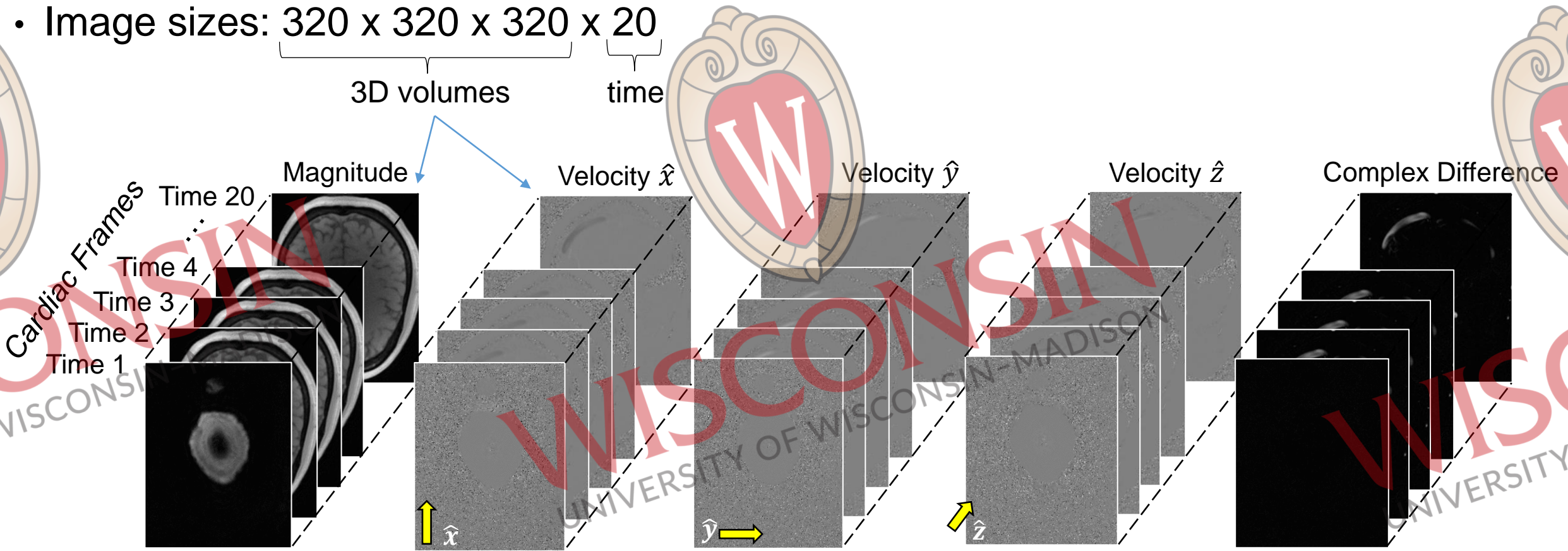
<sup>1</sup>Gu TL, et al (2005). *AJNR*. 26(4):743-9

<sup>2</sup>Johnson KM, et al (2008). *MRM*. 60(6):1329-36

# Background – 4D Flow MRI Data



- We have a lot of data!
- Image sizes: 320 x 320 x 320 x 20



$$CD = M \left| \sin \left( \frac{\|\vec{v}\|/V_{enc}}{2} \right) \right|$$

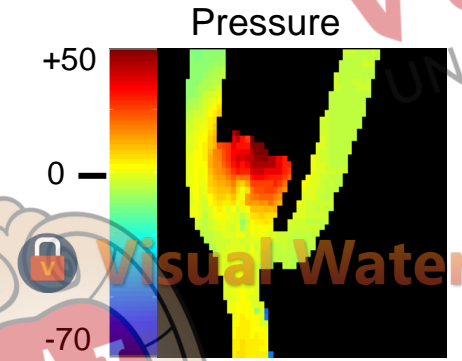
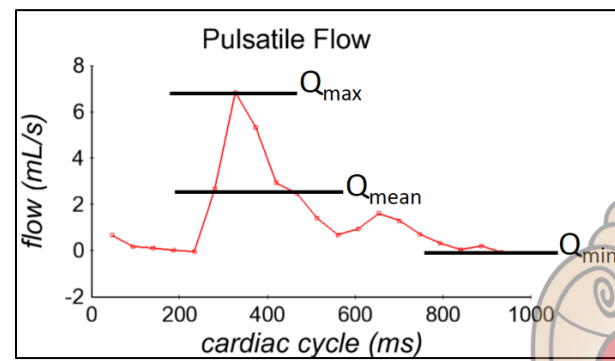
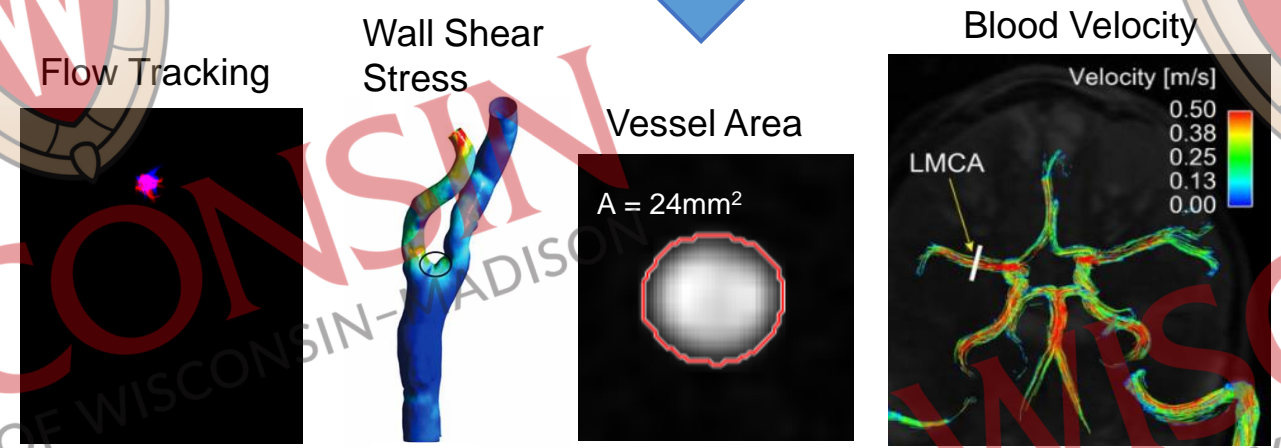
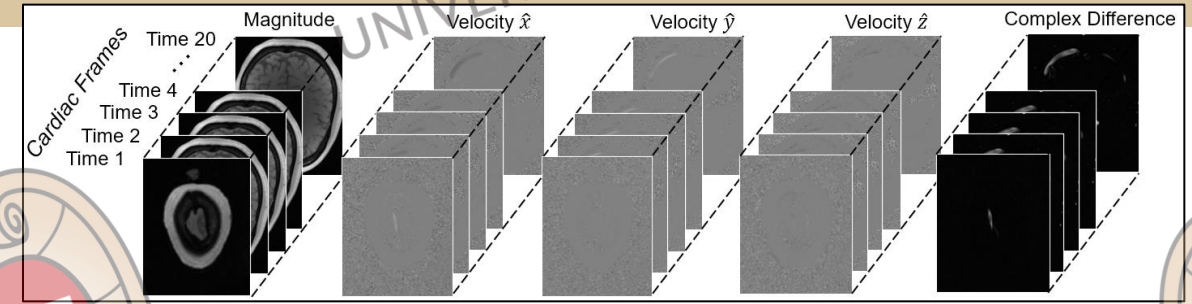
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# Background – Post-Processing



1. Boil down large amount of data
2. Extract hemodynamic measures

- Vessel area
  - Vessel length
  - Flow tracking
  - Blood velocity
  - Blood flow
  - Pulsatility index
  - Resistivity index
  - Pressure maps
  - Wall-shear stress
  - Kinetic energy
  - Pulse wave velocity
- Structural
- Functional



# Background – Post-Processing

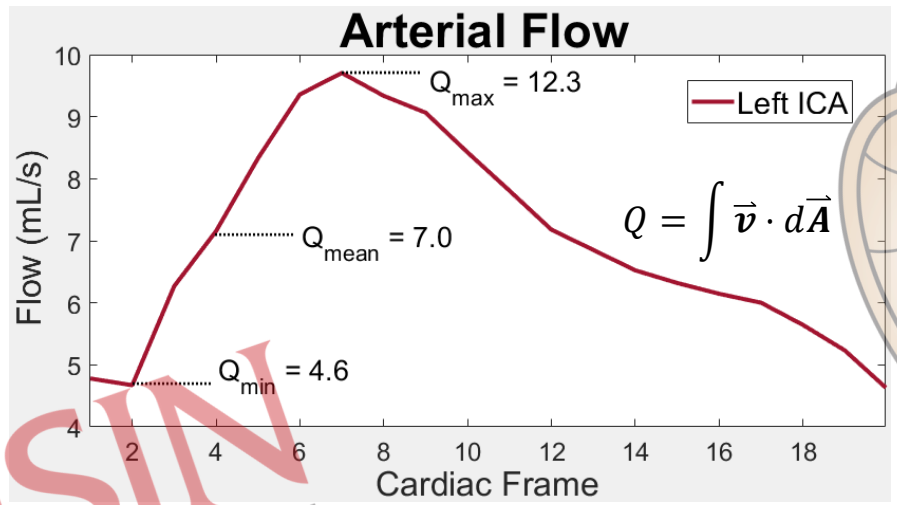
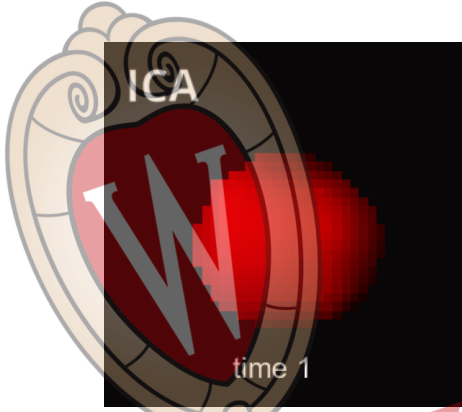


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Aims 1-2

Aims 3-4



Blood Flow =  $Q_{mean}$

Pulsatility Index =  $\frac{Q_{max} - Q_{min}}{Q_{mean}}$



# Background – Intracranial Flow and Pulsatility



- Vascular alterations in Alzheimer’s Disease using 4D Flow MRI
  - ↓ cerebral blood flow
  - ↑ arterial “pulsatility”
  - ↑ ICA stiffness
  - Relationship with AD biomarkers

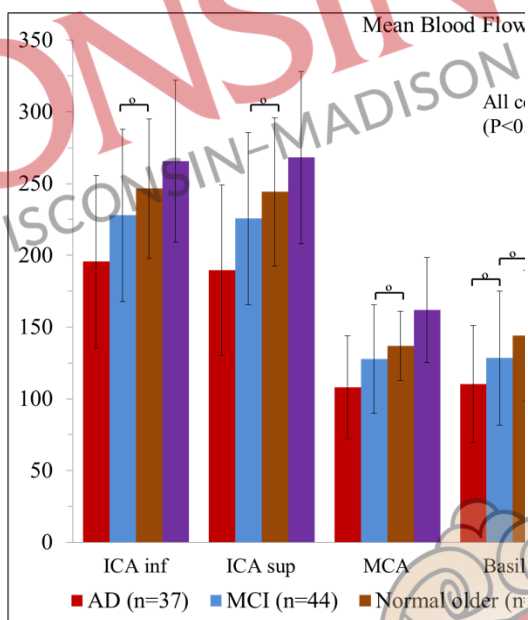


Sara Berman

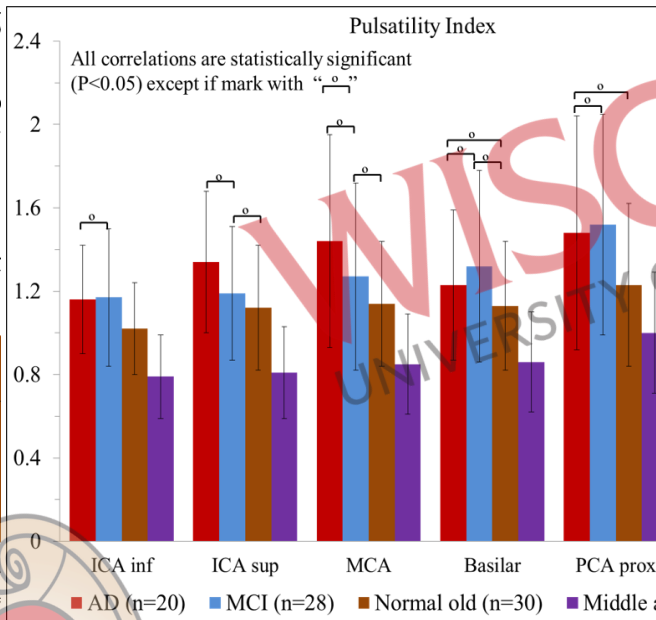


Leonardo Rivera-Rivera

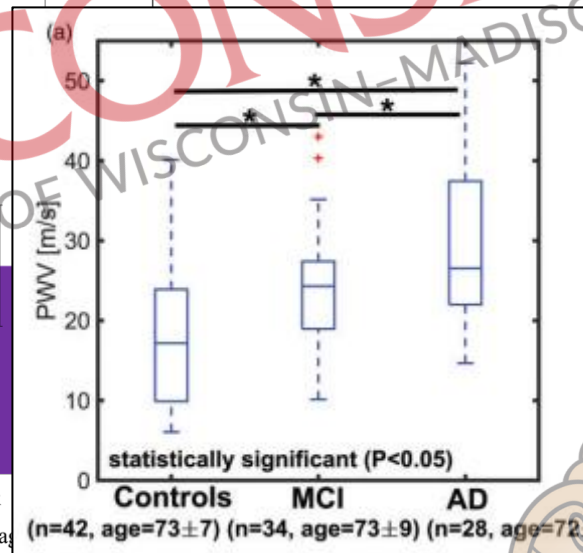
## Blood Flow (mL/min)



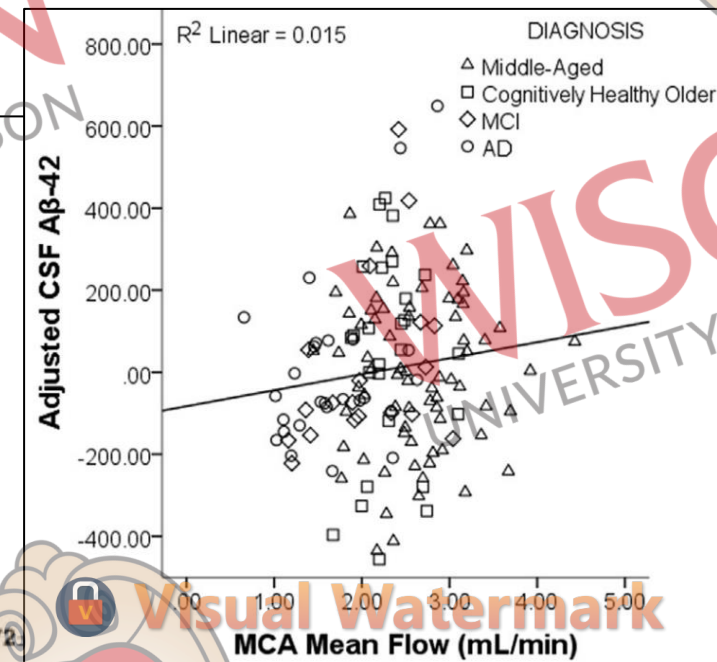
## Pulsatility Index



## ICA Stiffness



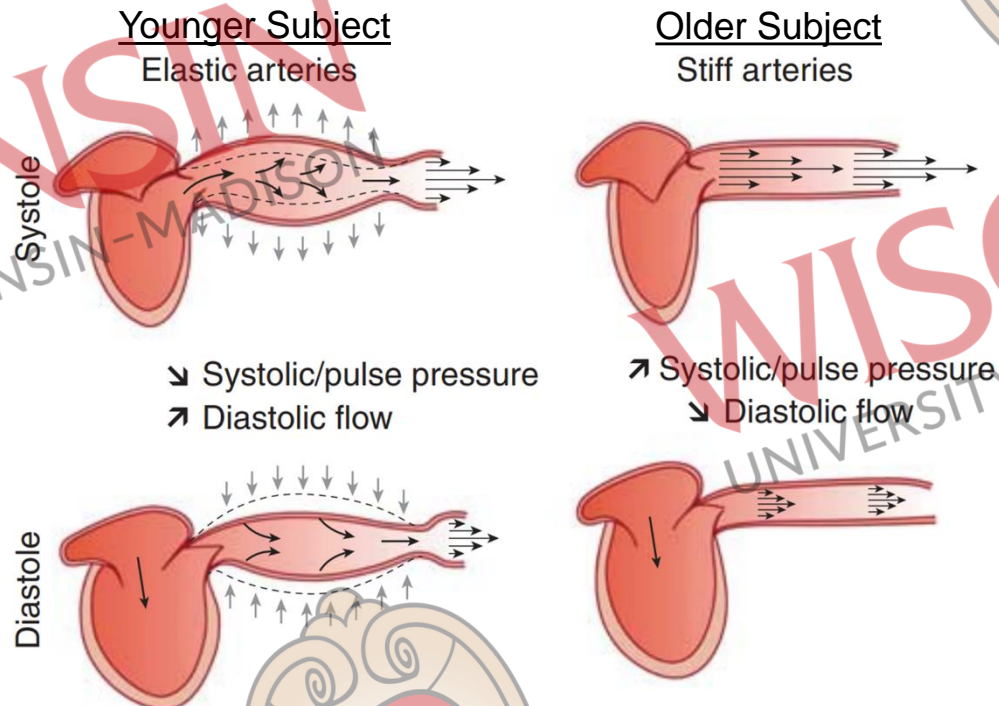
## Flow vs. Aβ



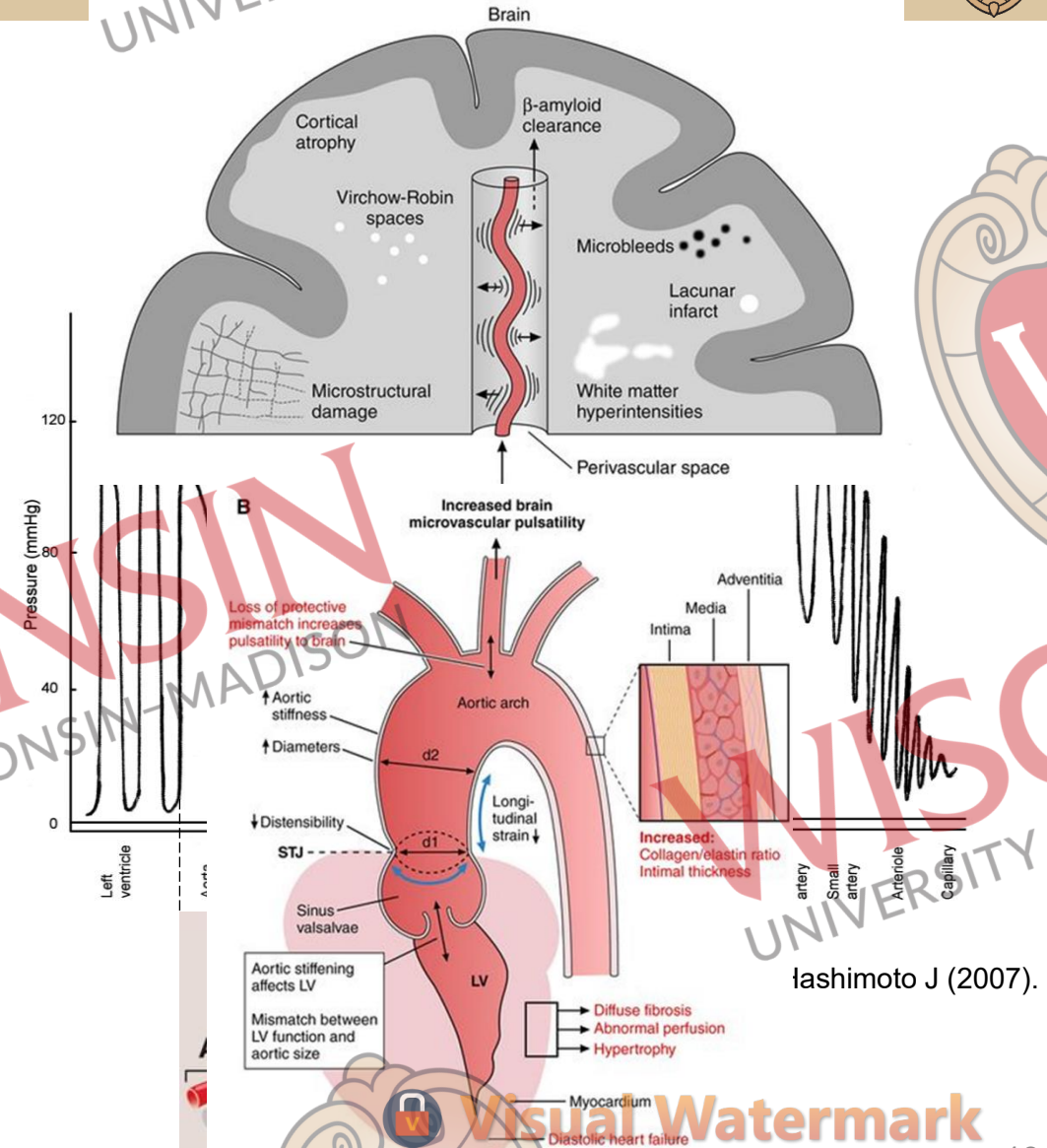
# Background – Aortic Stiffness



- Aorta also impacts intracranial hemodynamics!
  - Highly elastic and sets compliance for arterial system
  - “Buffers” contractions from the heart
  - Stiffening leads to increased transmitted pulsatility
    - **Can damage brain’s microvasculature**



Briet M, et al (2012). *Kidney International*. 82(4):388-400

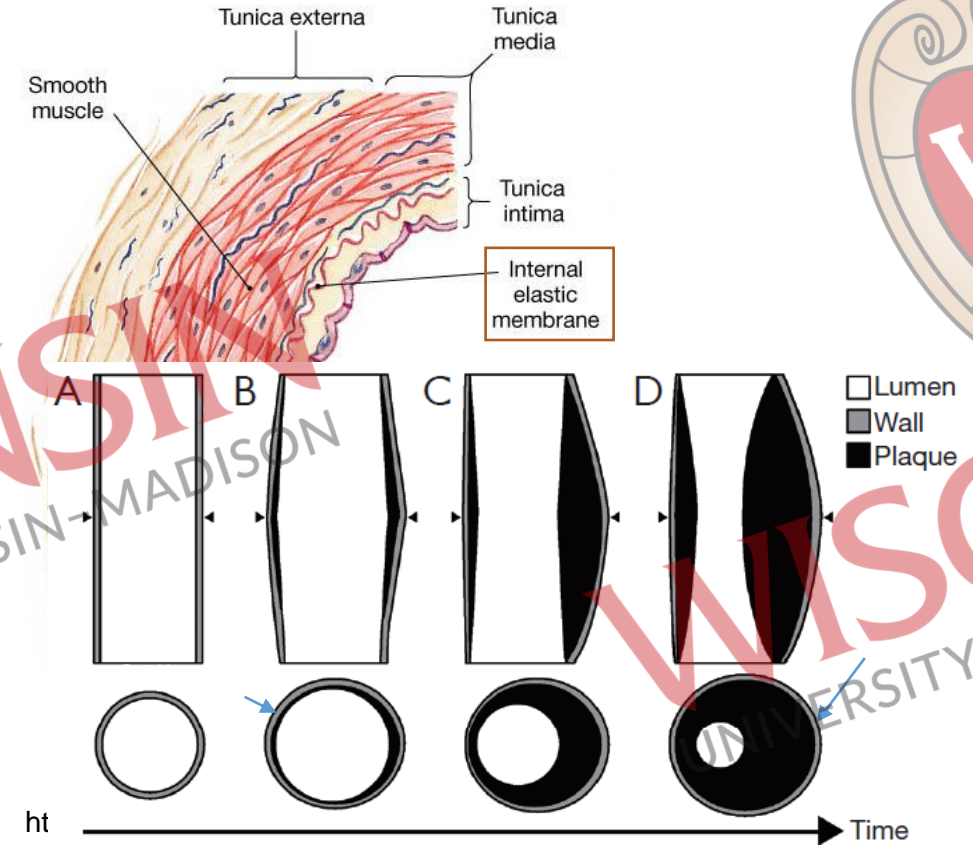


Adapted from: de Roos A, et al (2017). *Circulation*. 135(22):2178-95

# Background – Aortic Stiffness



- Aortic stiffness impacts intracranial hemodynamics!
  - Highly elastic and sets compliance for arterial system
  - “Buffers” contractions from the heart
  - Stiffening leads to increased transmitted pulsatility
    - **Can damage brain’s microvasculature**
- Age-Related Stiffening<sup>1</sup>
  - Elastin fibers fatigue/fracture
  - Increased collagen deposition
  - Increased calcium deposition
- Cardiovascular Disease-Related Stiffening<sup>1</sup>
  - Aortic stiffness is accelerated by CVD
    - One of the earliest manifestations



Wentland AL, et al (2014). *Cardiovasc Diagn Ther.* 4(2):193-206

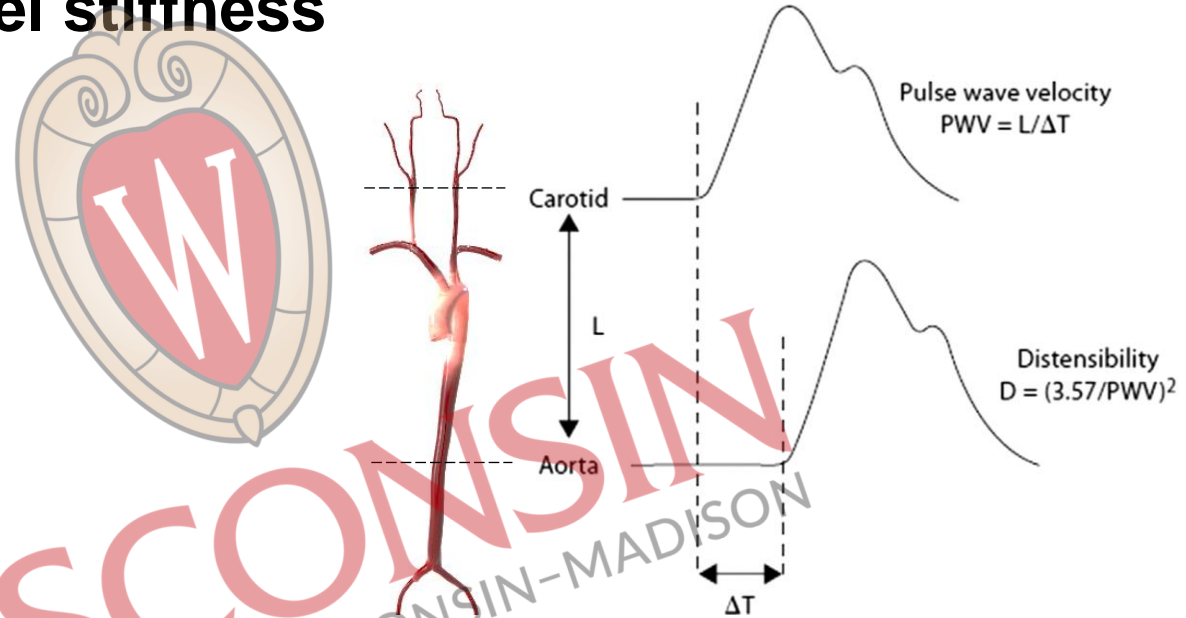
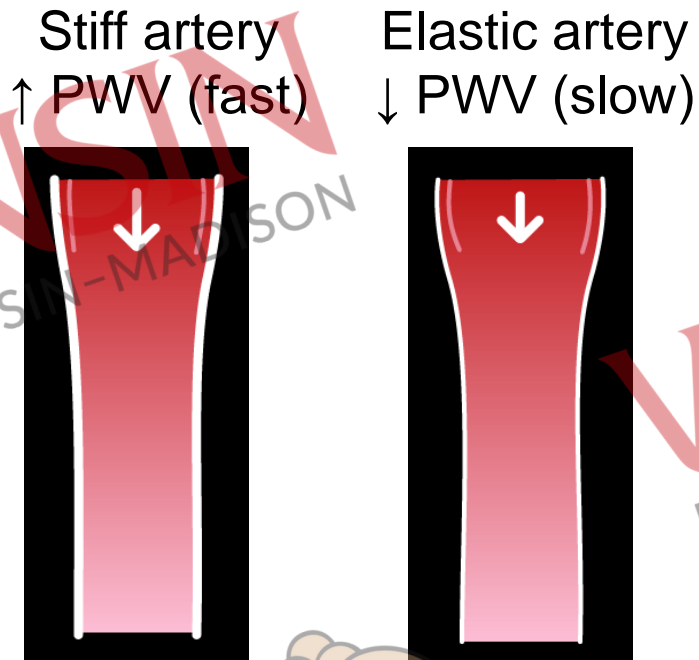
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<sup>1</sup>Calvacante JL, et al (2011). *J Am Coll Cardiol.* 57:1511–22

# Background – Pulse Wave Velocity (PWV)



- Rate of pulse pressure propagation through vessel
- **PWV indirectly related to vessel stiffness**
  - Moens-Korteweg Equation
  - Bramwell-Hill Equation



Calvacante JL, et al (2011). *J Am Coll Cardiol.* 57:1511–22

## Moens-Korteweg & Bramwell-Hill Equations

$$PWV = \sqrt{\frac{Eh}{2r\rho}} = \frac{1}{\sqrt{\rho D}}$$

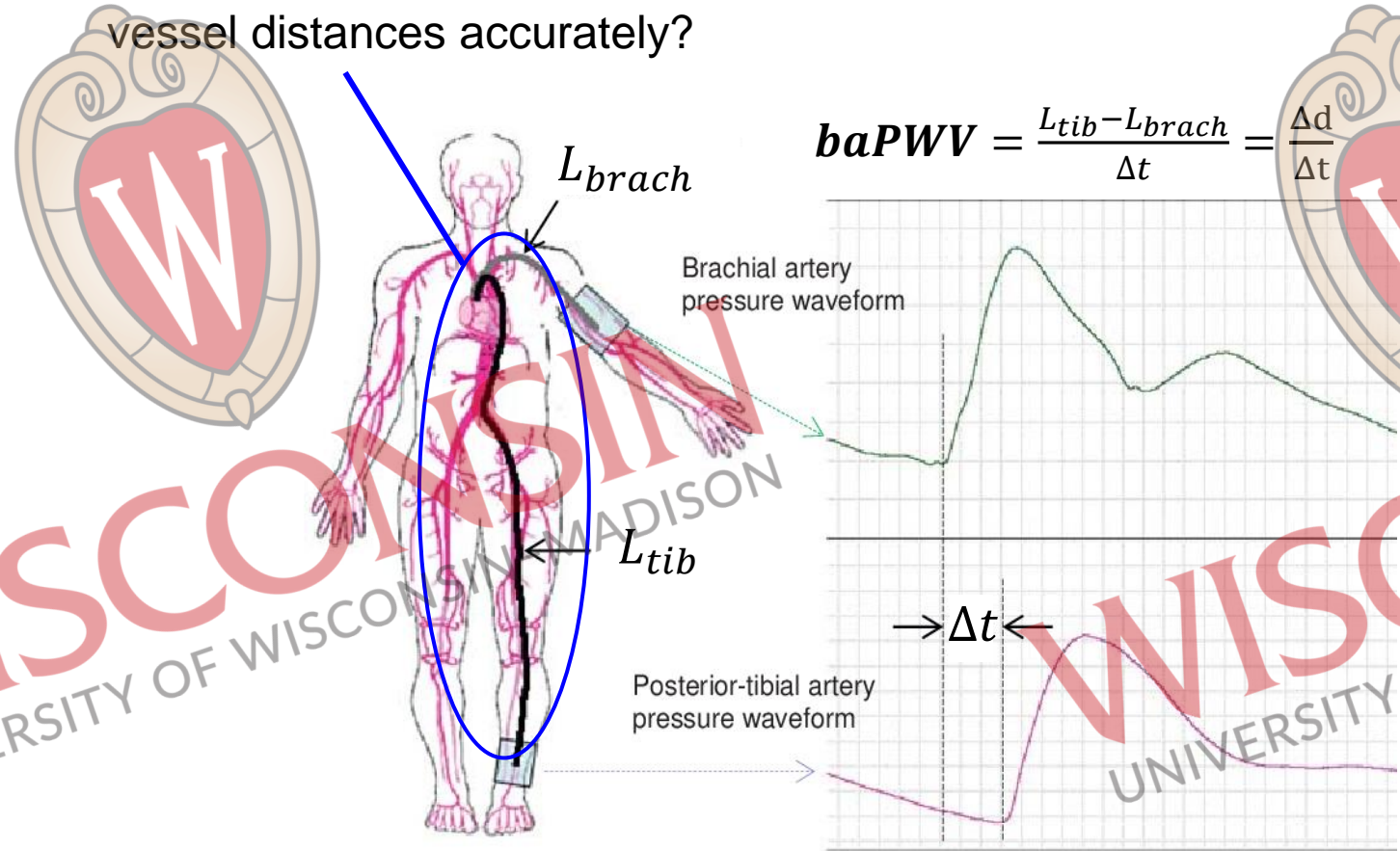
$PWV$  = pulse wave velocity (m/s)  
 $E$  = Young's modulus (N/m<sup>2</sup>)  
 $h$  = vessel wall thickness (m)  
 $r$  = vessel radius (m)  
 $\rho$  = blood density (N s<sup>2</sup>/m<sup>4</sup>)  
 $D$  = distensibility

# Background – Measuring PWV



- Applanation tonometry PWV
  - Clinical standard
    - Carotid-femoral (cf-PWV) or brachial-ankle (ba-PWV)
  - Easy, inexpensive, non-invasive
    - Large body of literature
  - **Distances are approximated**
    - Leads to PWV error<sup>2</sup>

How can we determine vessel distances accurately?



Sugawara J and Tanaka H (2015). *Pulse (Basel)*. 3(2):106-13

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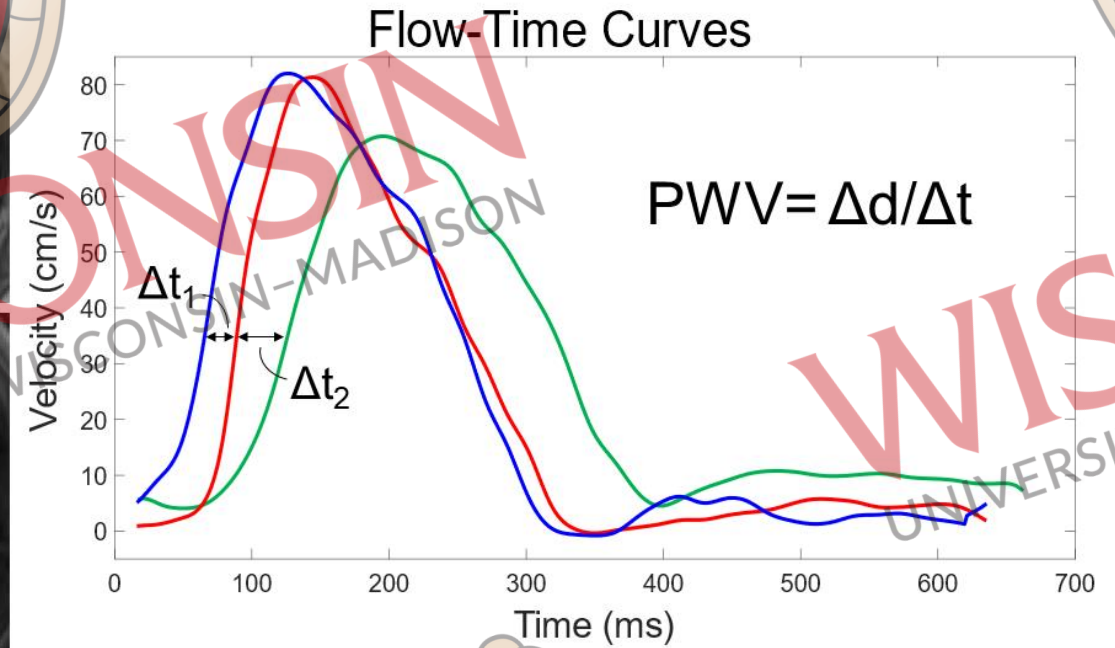
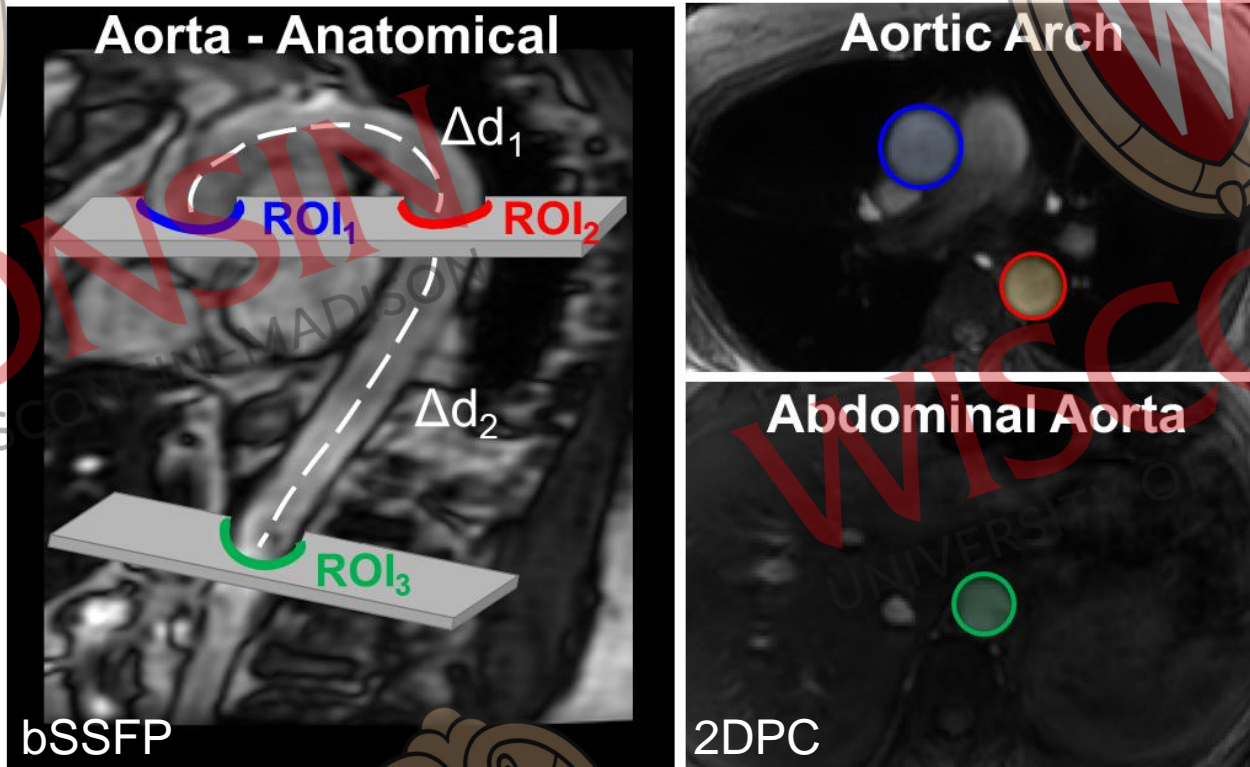
<sup>1</sup>Wentland AL, et al (2014). *Cardiovasc Diagn Ther*. 4(2):193-206

<sup>2</sup>Rajzer MW, et al (2008). *J Hypertens*. 26(10):2001-07

# Background – PWV with MRI



1. Measure vascular distance ( $\Delta d$ ) with angiography
2. Draw ROIs in 2D phase contrast slices
3. Measure time shifts ( $\Delta t$ ) between waveforms

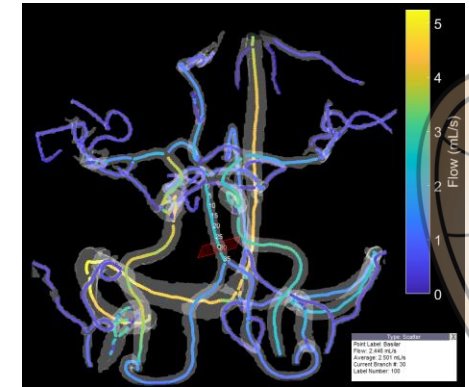




- Background

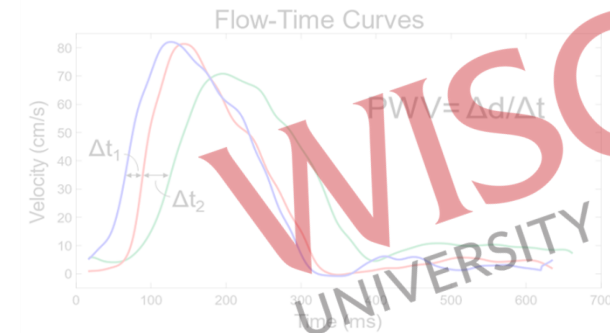
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- Aim 1: Develop 4D flow MRI tool for efficient flow analysis in the brain
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- Aim 3: Implement a free-breathing, radial 2D phase-contrast sequence to assess aortic pulse wave velocity
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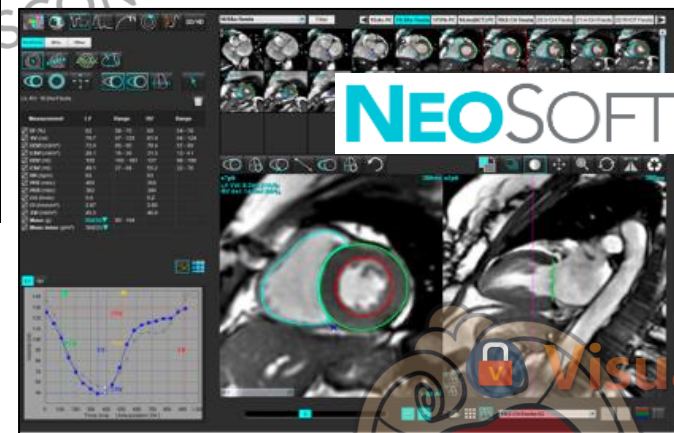
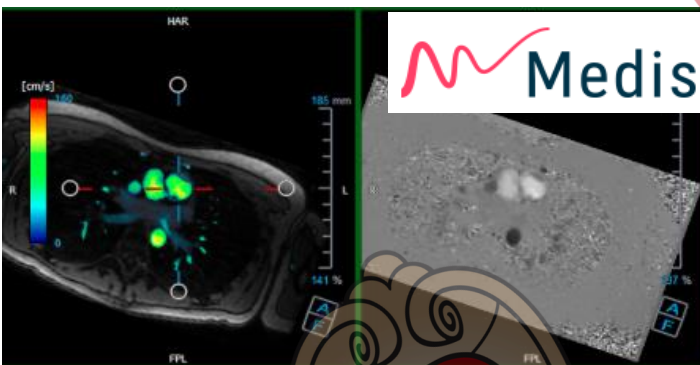
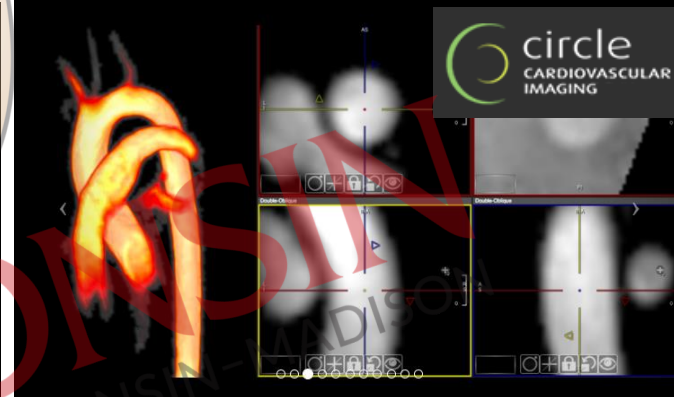
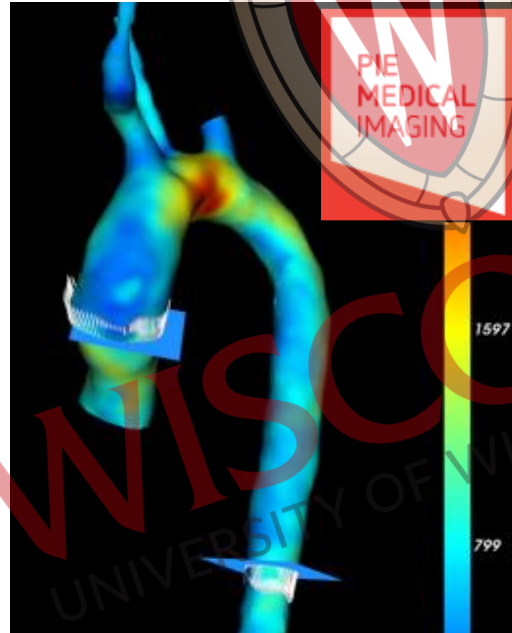
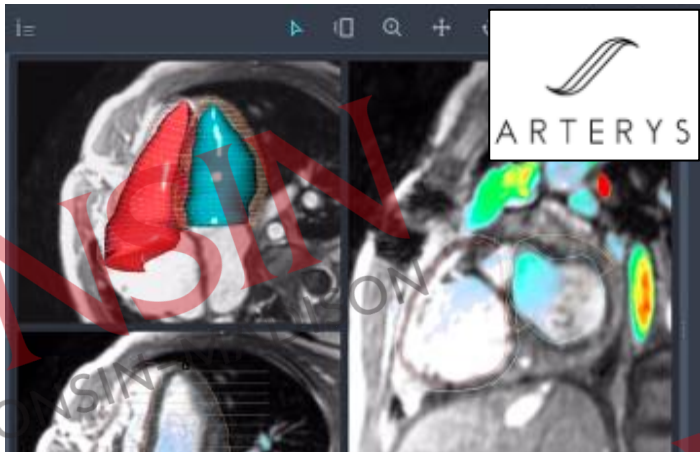


- Summary

# Aim 1 – Motivation



- Limited post-processing software tools for flow analysis in brain
  - Cerebral vessels – tortuous and small
  - Easy-to-use software required for efficient analysis



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# Aim 1 – Motivation



- Limited software tools for flow analysis in brain
  - Cerebral vessels – tortuous and small
  - Easy-to-use software required for efficient analysis
- Previous cranial 4D flow analysis tool (CPS)<sup>1</sup>
  - Eric Schrauben + Umea Sweden (2015)
  - Automated segmentation



Eric Schrauben

**Centerline Processing Scheme (CPS)**

Flow (ml/s)

Centerline Time (ms)

Vessel Name (Use ID)

Centerline Size (Pixels)

Time-averaged flow

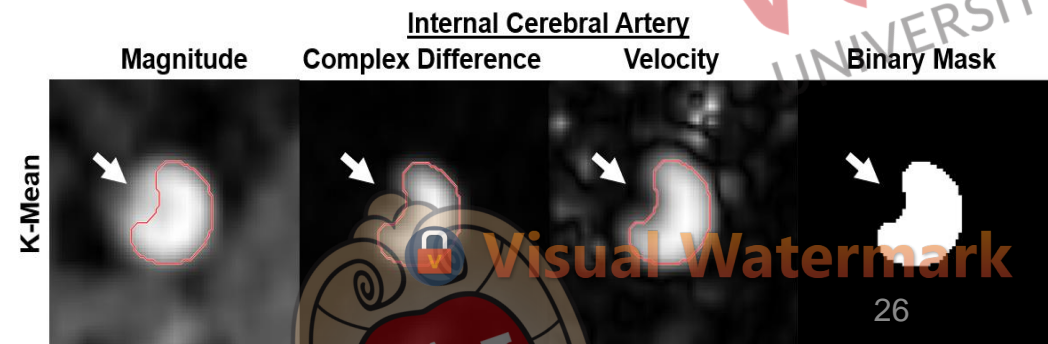
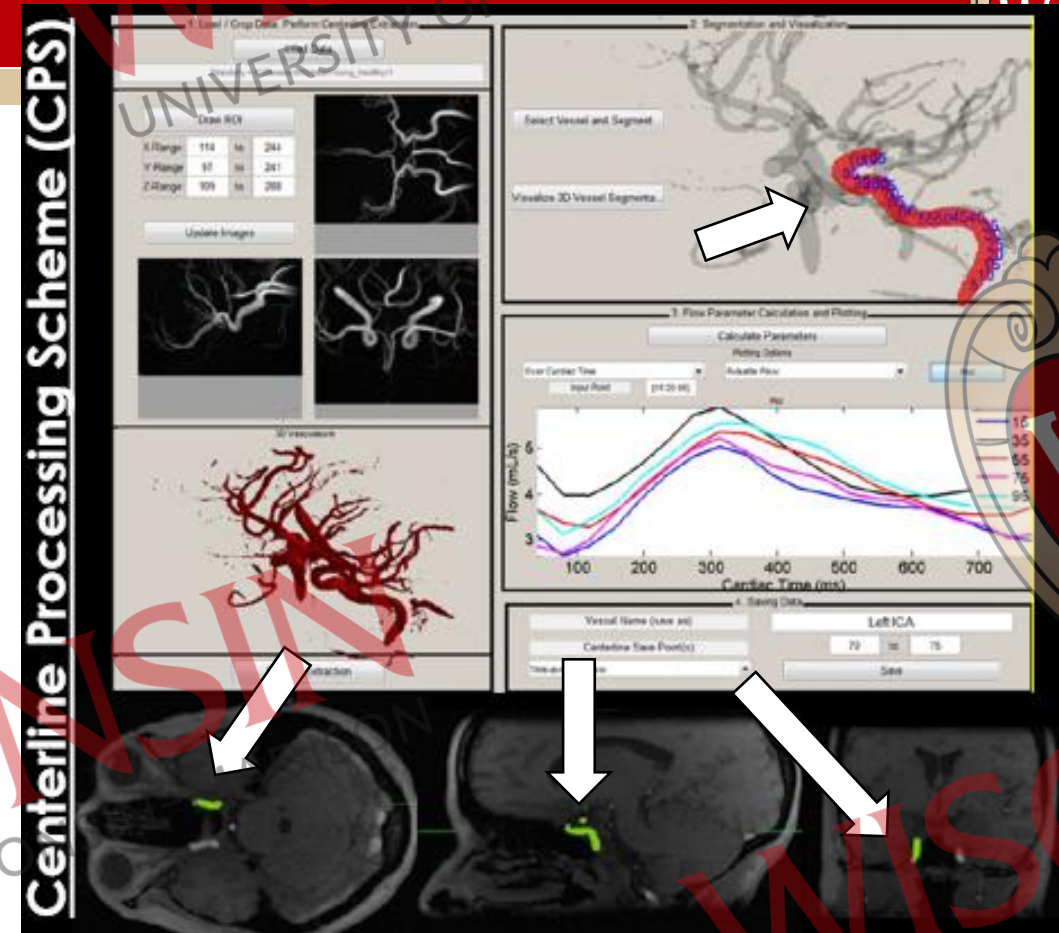
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<sup>1</sup>Schrauben E, et al (2015). *JMRI*. 42(5):1458-64

# Aim 1 – Motivation

- Limited software tools for flow analysis in brain
  - Cerebral vessels – tortuous and small
  - Easy-to-use software required for efficient analysis
- Previous cranial 4D flow analysis tool (CPS)<sup>1</sup>
  - Eric Schrauben + Umea Sweden (2015)
  - Automated segmentation
- There were several limitations with this tool
  - Difficult to select vessels of interest
  - Poor angiogram/flow visualizations
  - Lengthy processing times (>15 minutes)
  - K-means segmentation underestimates<sup>2</sup>



<sup>1</sup>Schrauben E, et al (2015). *JMRI*. 42(5):1458-64

<sup>2</sup>Dunas T, et al (2019). *JMRI*. 50(2):511-8

# Aim 1



- Develop an improved “quantitative velocity tool”(QVT)<sup>1,2</sup>

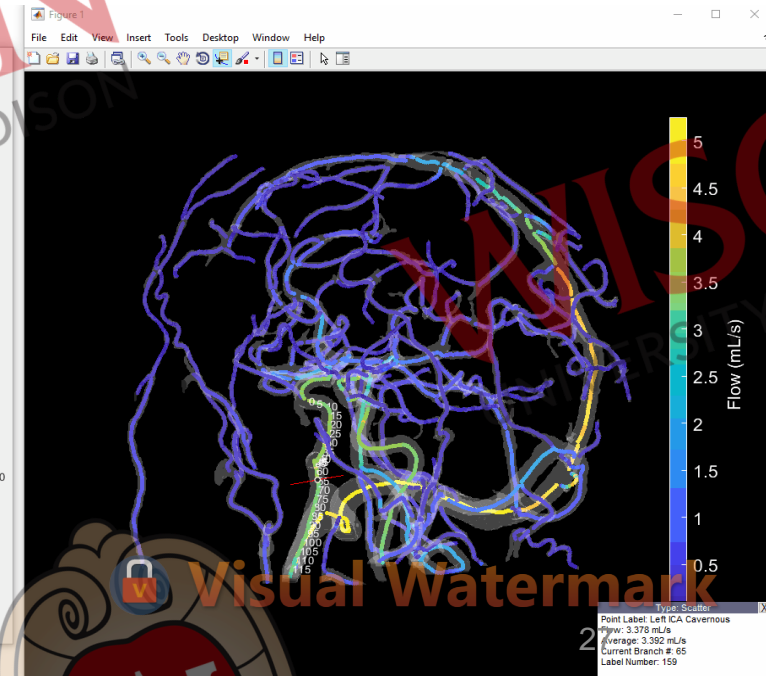
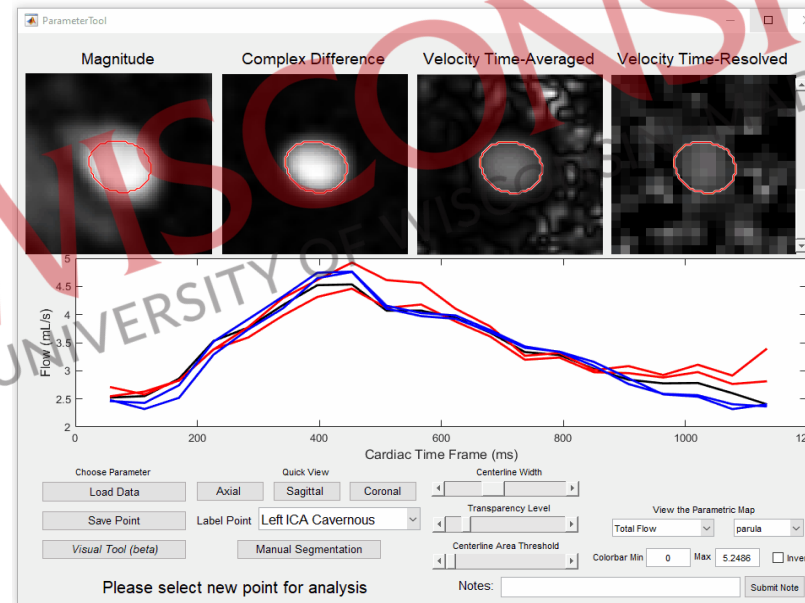
- Interactive 3D vessel selection
- Improve vessel segmentation
  - Automated threshold-based method
- **Reduce processing times** (faster flow quantification)
- Publicly available: <https://github.com/uwmri/QVT>



Carson Hoffman

- **Validate Tool**

- In vitro (flow phantom)
- In vivo (10 healthy volunteers)
- **Compare CPS and QVT head-to-head**



<sup>1</sup>Hoffman CA, et al (2019). *SMRA*. p.80

<sup>2</sup>Roberts and Hoffman, et al (2022). *MRI*. 97:46-55

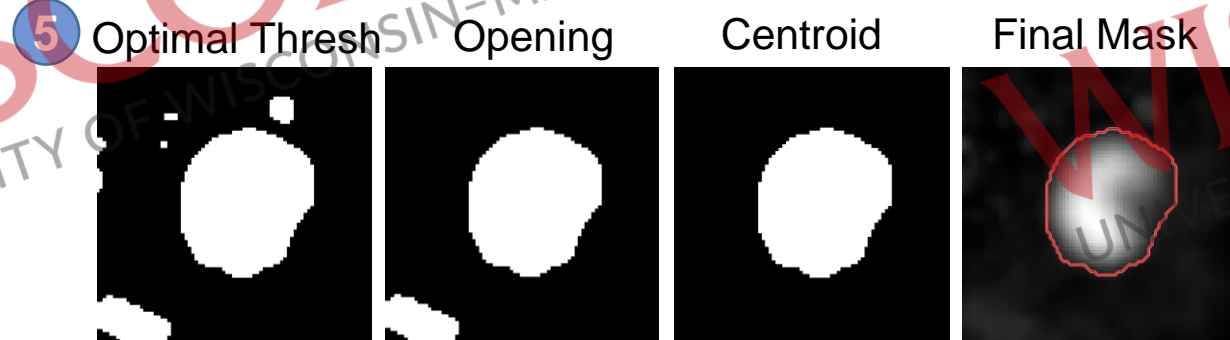
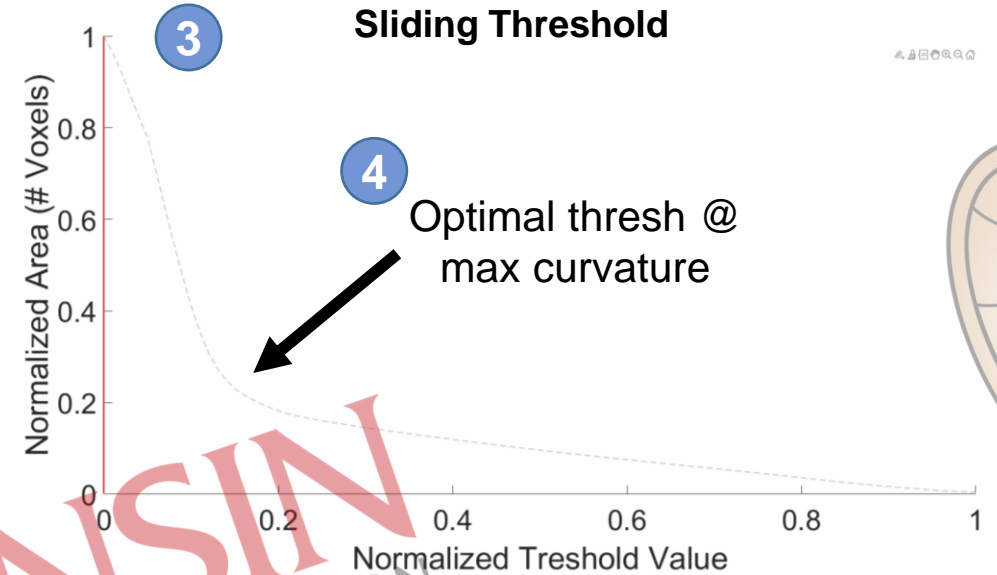
# Methods – Sliding Threshold Segmentation



- In-Plane Segmentation

- “Sliding threshold” method

1. Take initial cut-plane
2. Segment image over large range of threshold values
3. Plot sum of non-zero voxels as a function of threshold value
4. Set threshold as point of max curvature
5. Clean binarized image





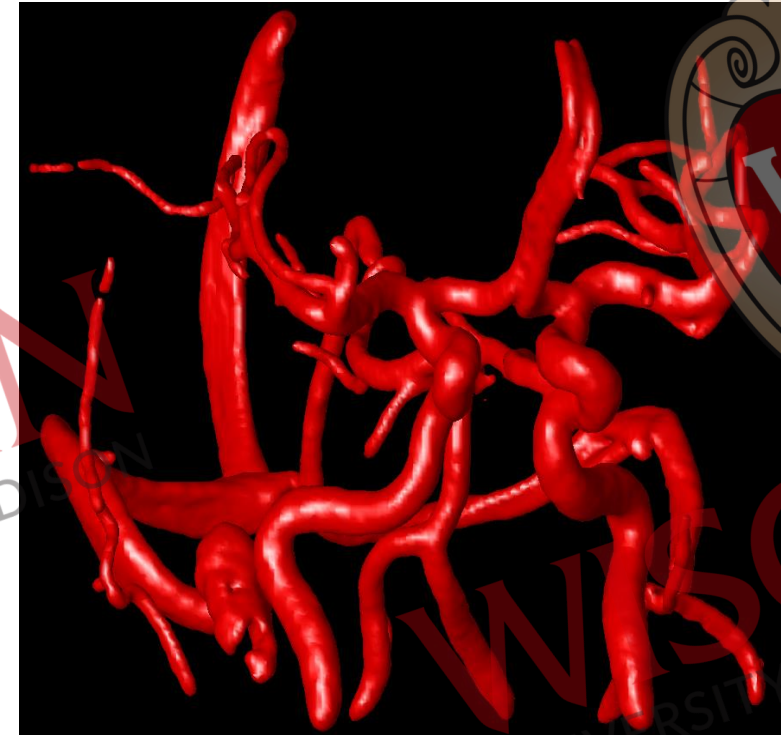
- ADRC Scan Protocol
  - 3T MR750 (GE Healthcare)
  - 4D Flow MRI
    - Radial acquisition (PCVIPR<sup>1,2</sup>)
  - Spatial resolution: 0.68 mm
  - $V_{enc} = 80$  cm/s
  - Scan Duration: 7 min
  - 5-point velocity encoding
- Reconstruction
  - Retrospective cardiac gating
  - 20 cardiac phases

## *In Vitro*: Intracranial Flow Phantom



Scans: 7 pulsatile flow rates  
(0.8-1.2 L/min)

## *In Vivo*: Healthy Controls



Scans: 10 healthy volunteers

<sup>1</sup>Gu TL, et al (2005). *AJNR*. 26(4):743-9

<sup>2</sup>Johnson KM, et al (2008). *MRM*. 60(6):1329-36

# Methods – Segmentation Validation



- 4D Flow MRI
  - QVT (new tool)
    - Threshold segmentation
  - CPS (old tool)
    - K-means segmentation
- *In Vitro*
  - **Reference: Hi-Res CT**
  - Vessel areas
  - 27 locations x 7 flow rates

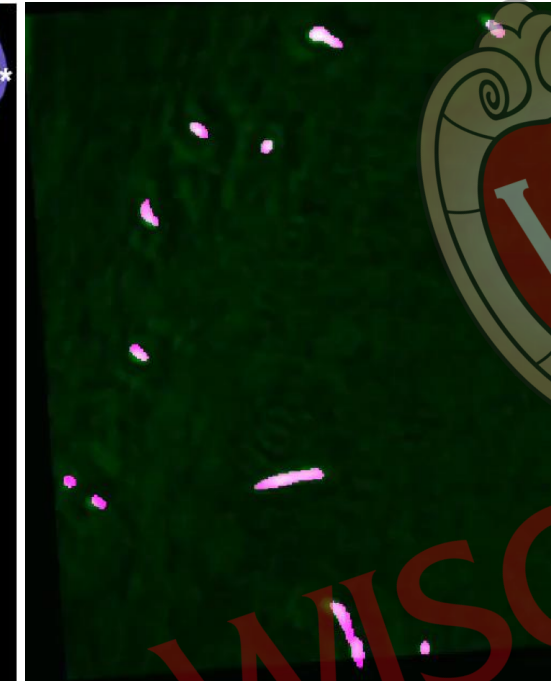
Cone Beam CT



Measurement Locations (\*)



Co-Registered CT-MRI



# Methods – Segmentation Validation



- 4D Flow MRI

- QVT (new tool)
  - Threshold segmentation
- CPS (old tool)
  - K-means segmentation

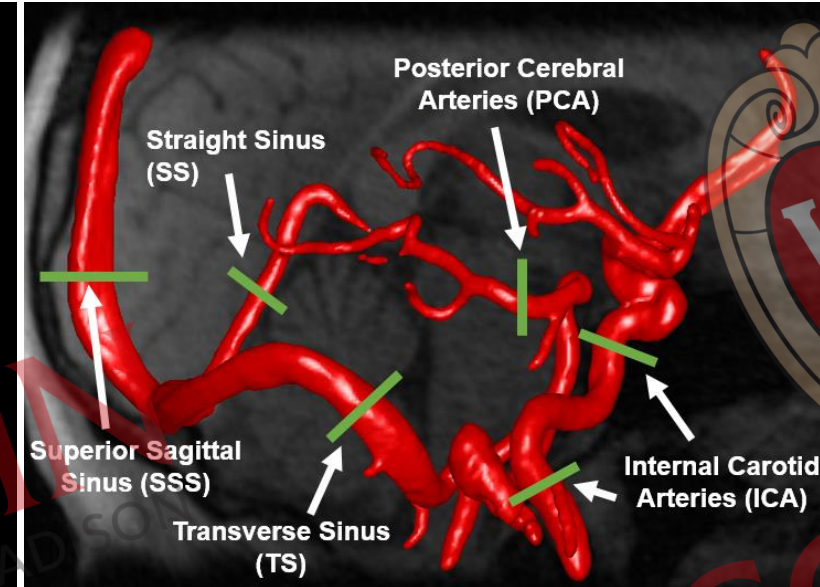
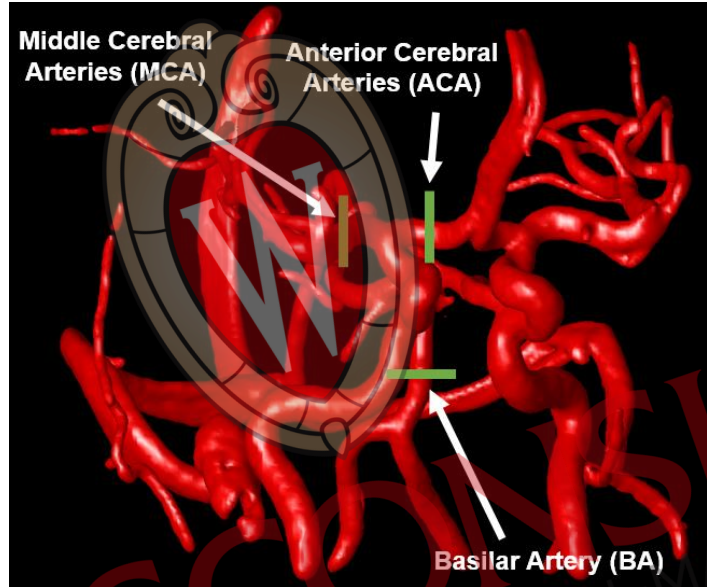
- *In Vitro*

- **Reference: Hi-Res CT**
- Vessel areas

- 27 locations x 7 flow rates

- *In Vivo*

- **Reference: Manual Segmentation**
- Vessel areas and Dice coefficients
  - 13 locations x 5 neighboring planes x 10 subjects



# Methods – Flow Validation



- 4D Flow MRI
  - QVT – Flow Rates

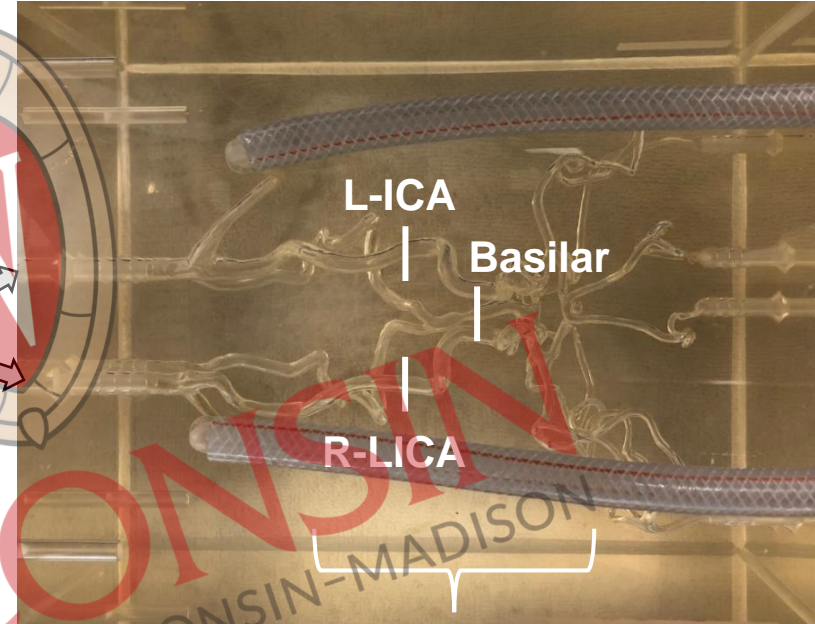
- *In Vitro*

- **Reference: Ultrasound**
- Inlet/Outlet flow
  - 7 flow rates



**US Flow**  
Pump Outlet

## Silicon Phantom



**MRI Flow**  
Phantom Inlet

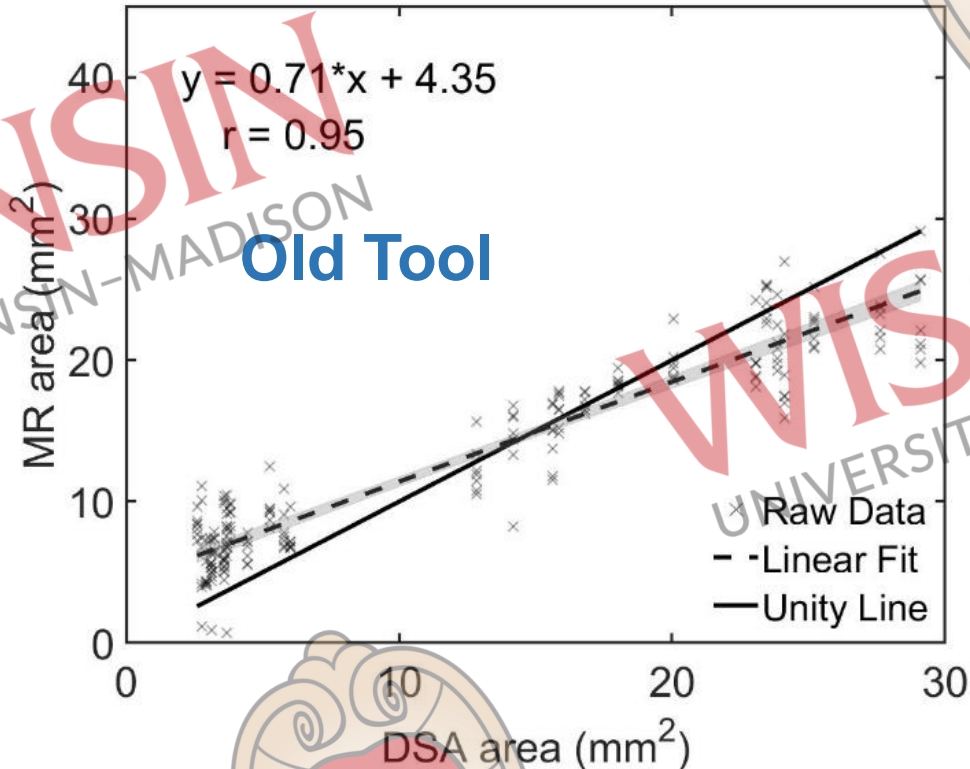


# Results – Segmentation In Vitro

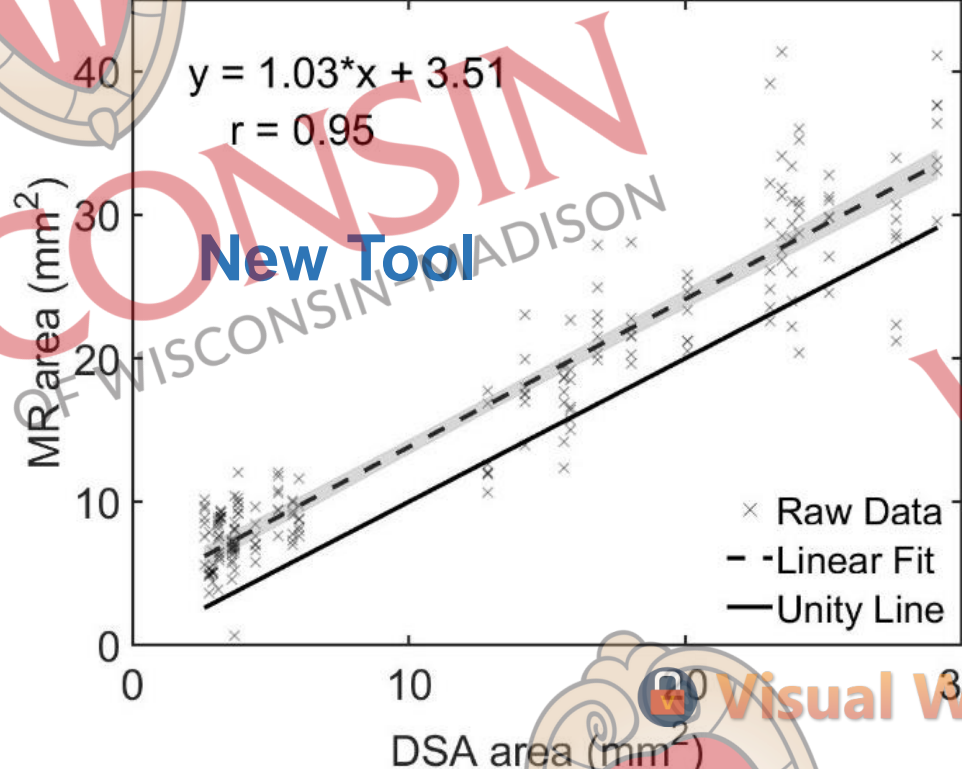


- Reference: Hi-Res CT
- Vessel areas
  - 29 vessel locations x 7 flow rates

Vessel Area – CT vs. CPS (k-means)



Vessel Area – CT vs. QVT (threshold)

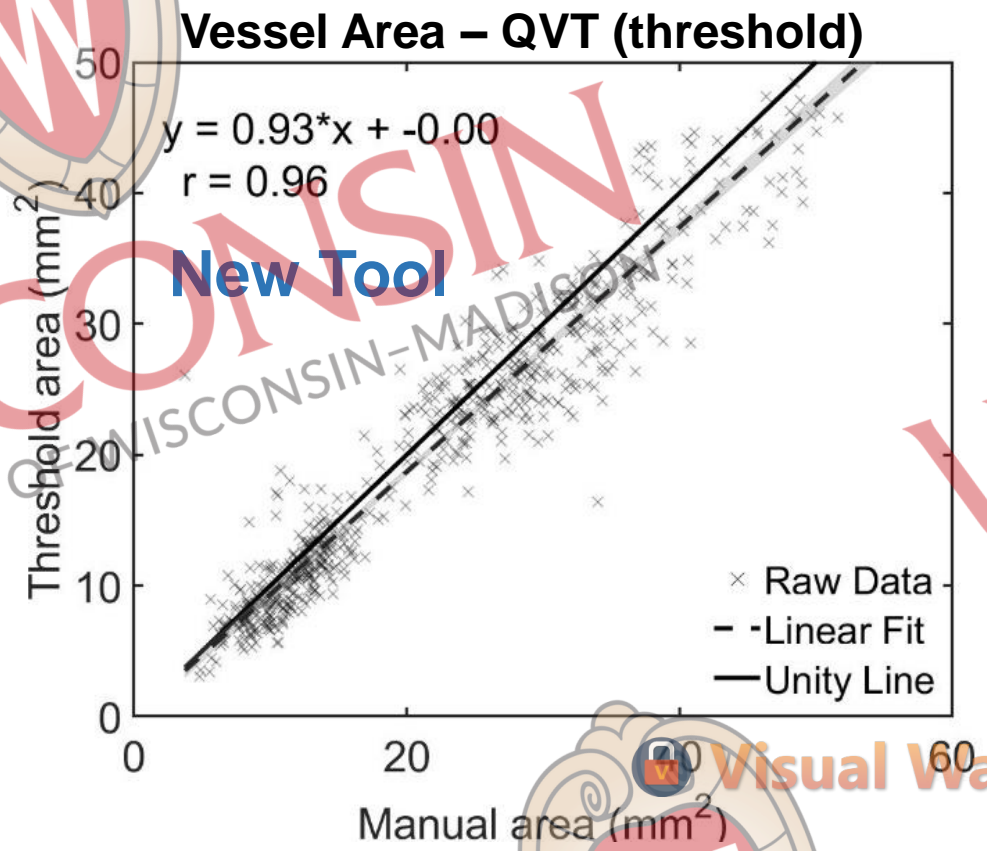
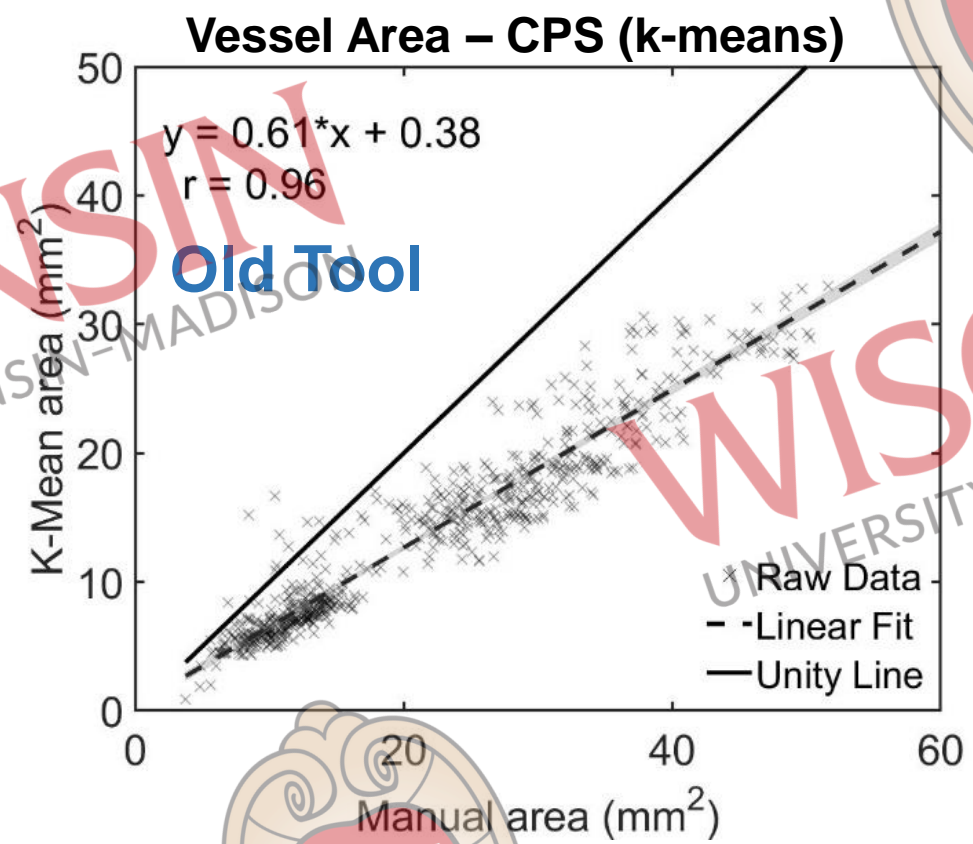


Visual Watermark

# Results – Segmentation In Vivo



- **Reference: Manual Segmentation**
- Vessel areas
  - 13 locations x 5 neighboring planes x 10 subjects



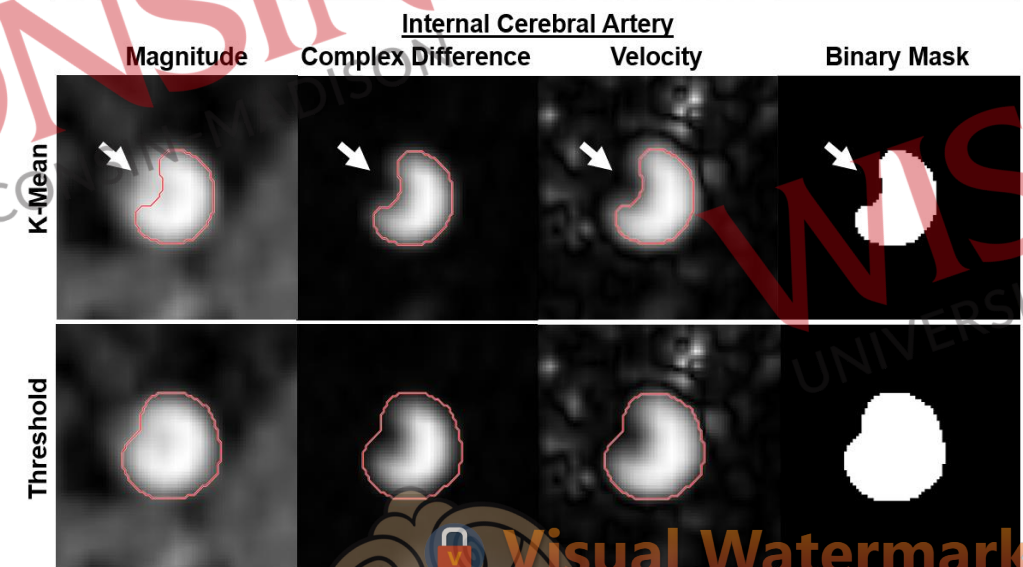
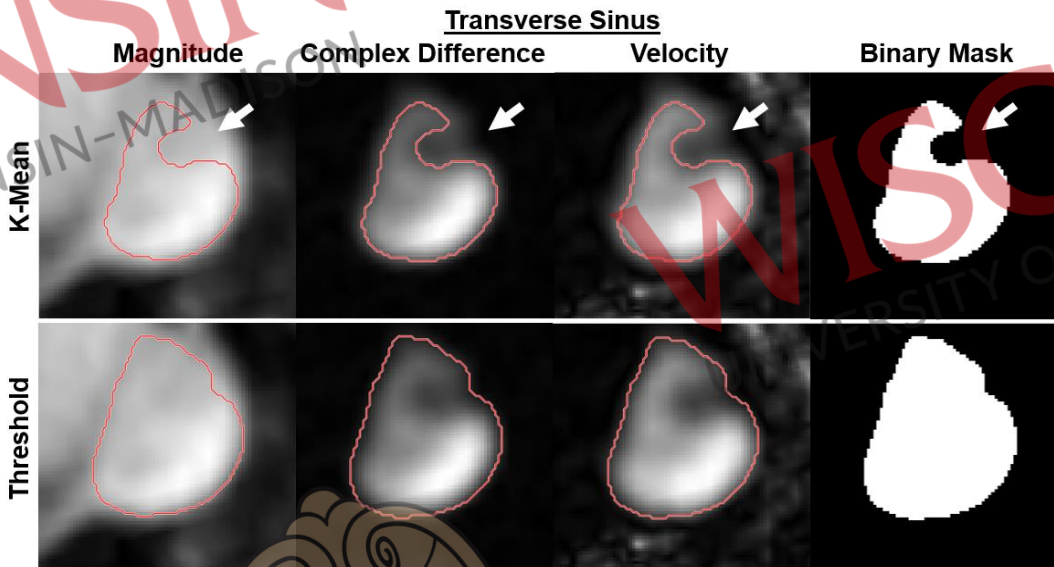
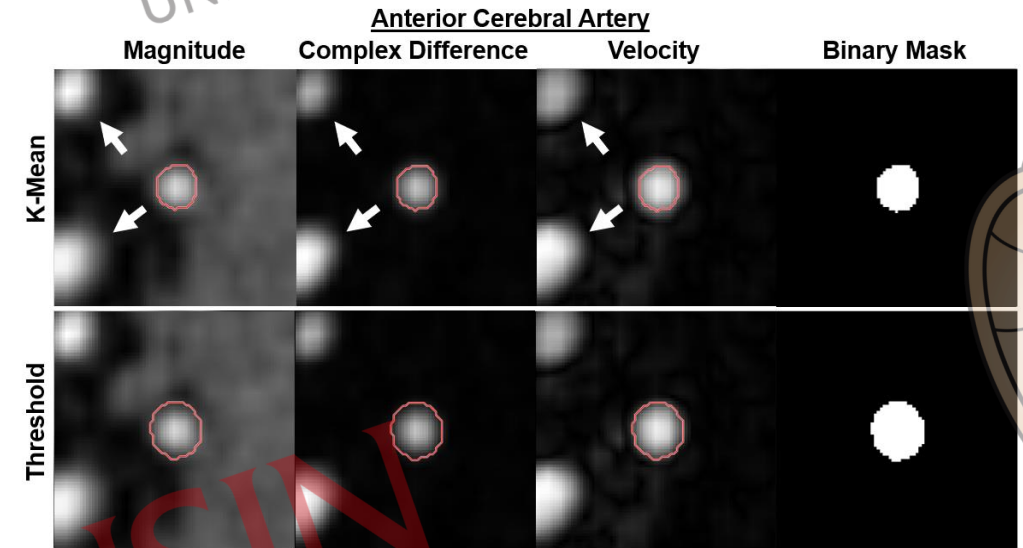
Visual Watermark

# Results – Segmentation In Vivo



- **Reference: Manual Segmentation**
- Dice coefficients
  - 13 locations x 5 neighboring planes x 10 subjects

K-means vs. Manual =  $0.77 \pm 0.07$   
Threshold vs. Manual =  $0.91 \pm 0.06$



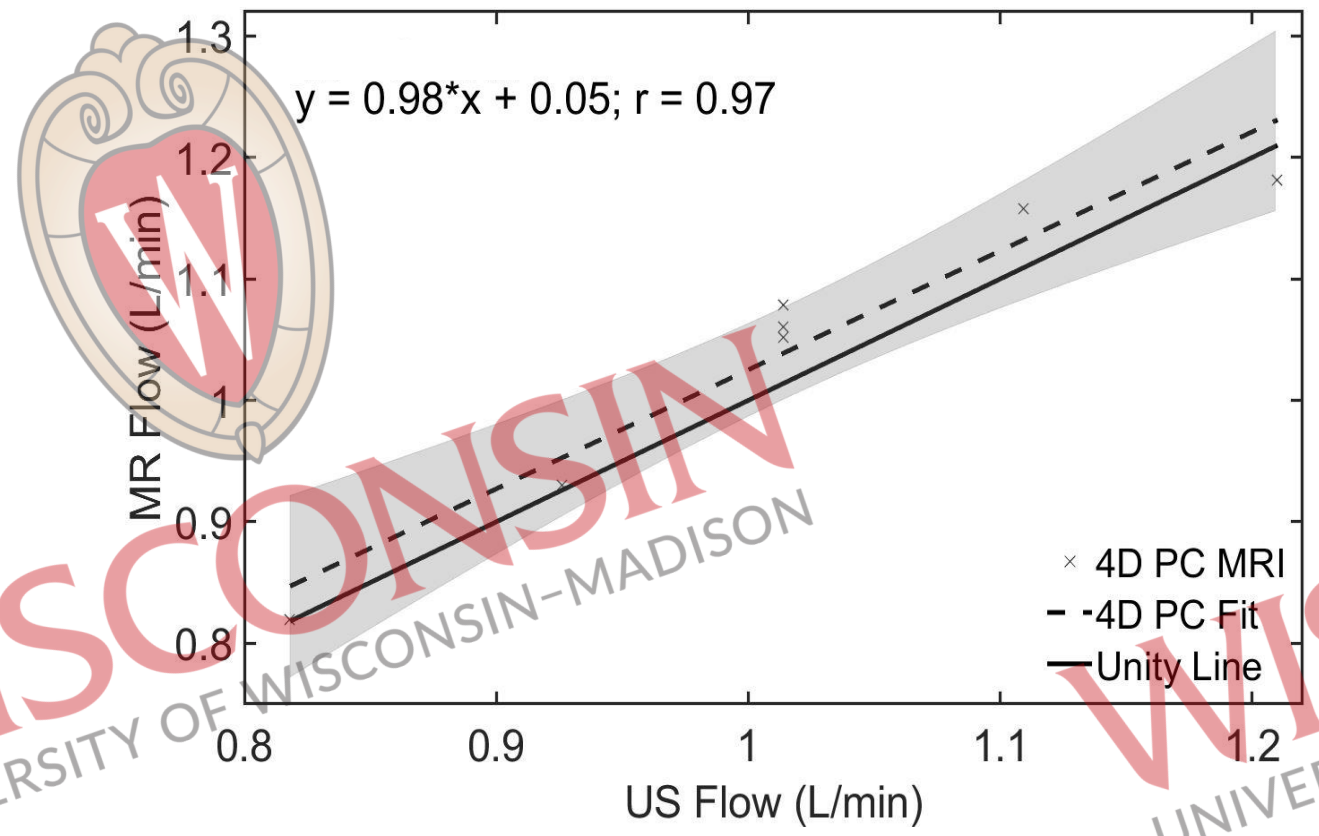
Visual Watermark

# Results – Flow In Vitro



- **Reference: Ultrasound**
- **Inlet vs. Outlet Flow**
  - 7 flow rates (0.8 – 1.2 mL/min)

Flow Rates – US vs. QVT



# Results – Flow In Vivo

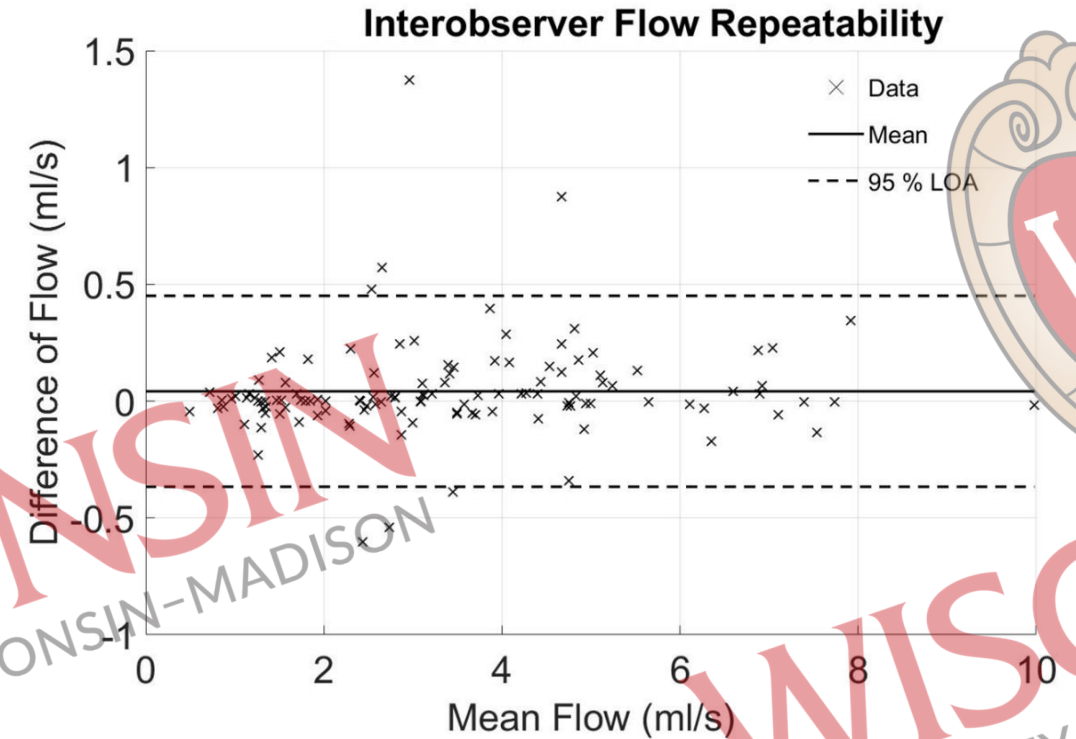


- Flow measures repeatable between observers
- Processing times reduced by >2x

**Table 1: Post-Processing Times for CPS and QVT Methods**

Method	Angiogram (min)	Load Data* (min)	Vessel Select (min)	Total Case (min)	Per Plane (min)
CPS	0.8 ± 0.1	1.0 ± 0.2	15.6 ± 3.4	17.5 ± 3.4	1.2 ± 3.2
QVT	0.2 ± 0.02	2.3 ± 0.4	4.7 ± 0.9	7.94 ± 1.0	0.4 ± 1.0

\*Data loading for QVT included saving reloadable MATLAB file structures.

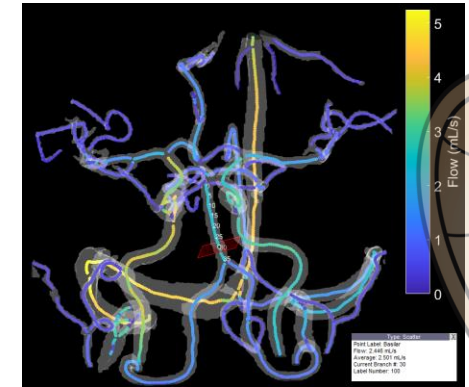




- Background

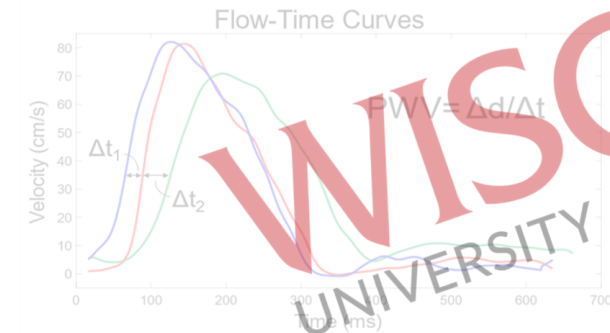
- **Part 1: Cranial 4D Flow MRI**

- Aim 1: Develop 4D flow MRI tool for efficient flow analysis in the brain
- Aim 2: Establish “normal” intracranial blood flow and pulsatility in 759 older adults



- **Part 2: Aortic Pulse Wave Velocity**

- Aim 3: Implement a free-breathing, radial 2D phase-contrast sequence to assess aortic pulse wave velocity
- Aim 4: Develop a simultaneous multislice sequence for aortic pulse wave velocity assessment



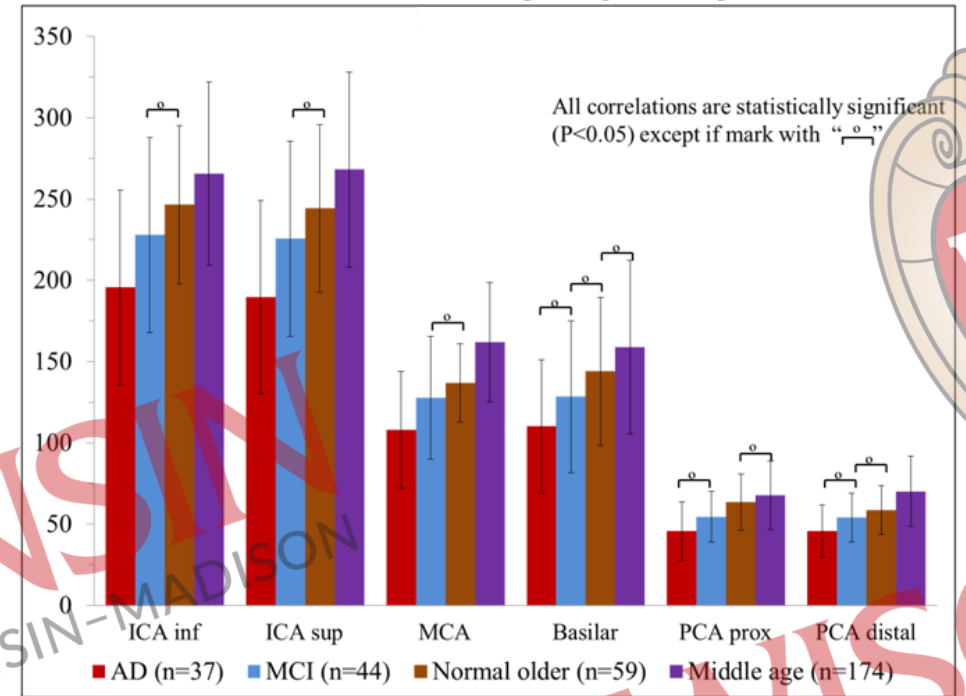
- Summary

# Aim 2 – Motivation



- Relationship with Alzheimer’s disease (AD)
  - Macrovascular changes<sup>1-3</sup>
  - Microvascular (perfusion) changes<sup>4</sup>
  - Normative data is still lacking
- Important to determine normal cerebrovascular hemodynamics in older adults

### Blood Flow (mL/min)



Courtesy: Leonardo Rivera-Rivera, PhD

<sup>1</sup>Rivera-Rivera LA, et al (2016). *JCBFM*. 36(10):1718-30

<sup>2</sup>Rivera-Rivera LA, et al (2017). *JCBFM*. 37(6):2149-58

<sup>3</sup>Rivera-Rivera LA, et al (2020). *NeuroImage Clin*. 28

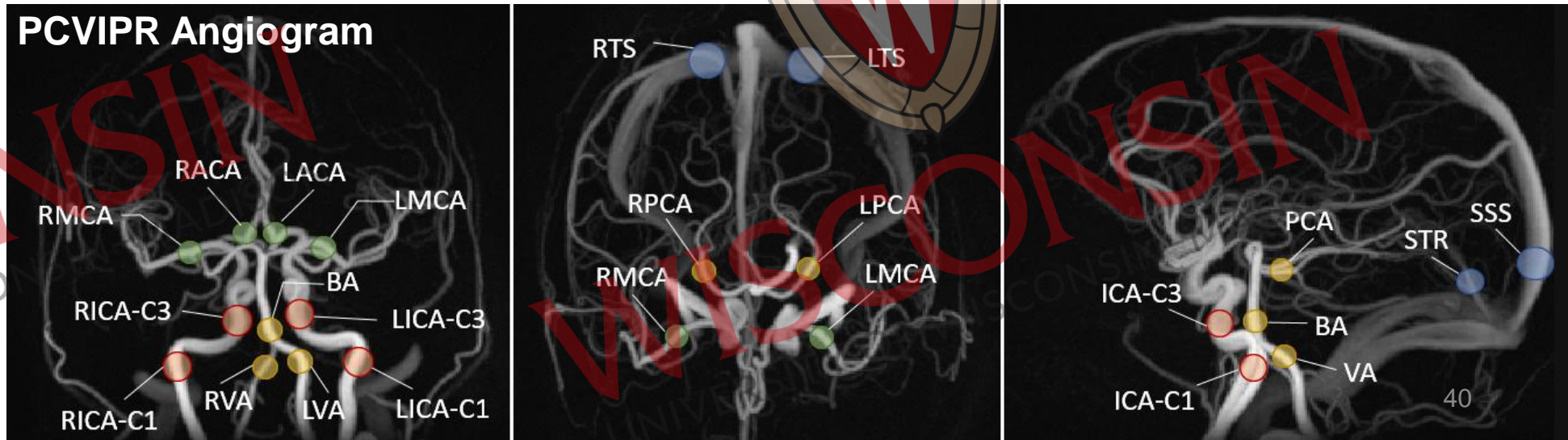
<sup>4</sup>Clark LR, et al (2017). *Alzheimers Dement*. 7:48-55

## Aim 2



- Use QVT to analyze 4D flow MRI data from 759 older adults
  - Establish reference blood flow rates and pulsatility indices in 13 major cerebral arteries and 4 major sinuses
  - Assess the relationship between age and sex on blood flow and pulsatility

### PCVIPR Angiogram





# Methods – Study Population



- Subjects retrospectively recruited from:
  - Wisconsin Alzheimer’s Disease Research Center (ADRC)
  - Wisconsin Registry for Alzheimer’s Prevention (WRAP)
  - Between March 2010 – March 2020
- Exclusion criteria:
  - Abnormal cognitive status
  - PiB index > 1.19<sup>1</sup>
  - Image quality and cardiac gating quality
- **759 subjects (mean age 65 years)**
  - Some measures deviate from “normal”
    - Sex (67% females)
    - APOE4 carriers
    - Parental history of dementia

Subject demographics				
	Count (n)	Percent (%)	N*	
Sex	Female	506	66.7	759
	Male	253	33.3	
Race	White	645	85.3	757
	Black or African American	82	10.7	
	American Indian	24	3.2	
	Asian	2	0.3	
	Other	4	0.5	
Diabetes	63	9.1	689	
Smoker	29	4.2	689	
On Anti-hypertensive Meds	240	34.8	689	
Parental history of dementia	500	67.6	740	
APOE ε4 carrier**	247	35.6	694	
	Mean	SD	N*	
Age (years)	64.7	7.7	759	
Systolic Blood Press. (mmHg)	125.1	16.4	751	
Diastolic Blood Press. (mmHg)	76.9	8.3	751	
Total Cholesterol (mg/dL)	199.0	39.4	744	
Triglycerides (mg/dL)	106.4	56.7	744	

\*Total number of measured data points over all subjects (759 total).  
 \*\*APOE ε4 carrier defined as presence of at least one APOE ε4 allele.

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<sup>1</sup>Tudorascu DL, et al (2018). *Alzheimers Dement*. 10:332-9

# Methods – Acquisition, Reconstruction, Analysis



- Scan Protocol
  - 3T on 3 different GE scanners
  - Radially-undersampled PCVIPR
    - Scan time: 5-7 minutes
- Reconstruction
  - 20 cardiac frames
  - Temporal view sharing
- Analysis
  - Two observers analyzed 759 cases
    - Observer 1 = 302 cases (40%)
    - Observer 2 = 457 cases (60%)
  - Multiple linear regression
  - Linear mixed effects modelling



Anthony Peret



Erin Jonaitis



Rebecca Kosciak

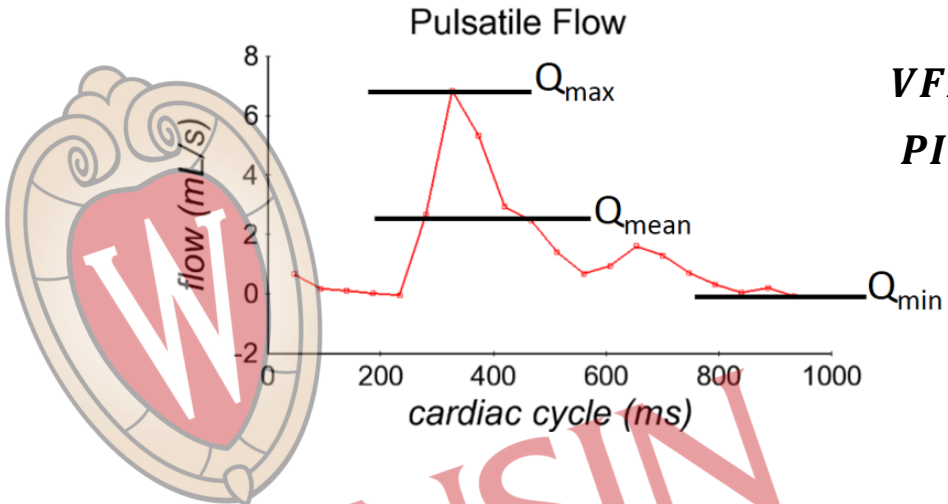
MRI Scanners and Coils			
MRI Coil Type	Discovery MR750 (N=611)	Signa PET/MR (N=8)	Signa Premier (N=140)
48 channel	-	-	140
32 channel	565	-	-
8 channel	46	8	-

MRI Acquisition Parameters	
Characteristic	Value
TR (ms)	7.71
TE (ms)	2.63
Flip Angle (degrees)	8
Matrix Size	320
Resolution Size (mm)	0.69
Radial Projections	11000
VENC (cm/s)	80
Encoding Scheme	4-point (58%) 5-point (42%)
Scan Time (min)	5.6 (58%) 7.1 (42%)

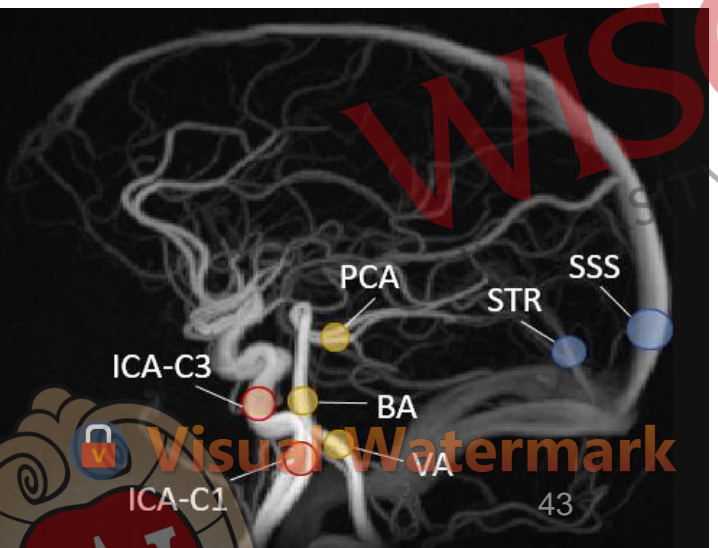
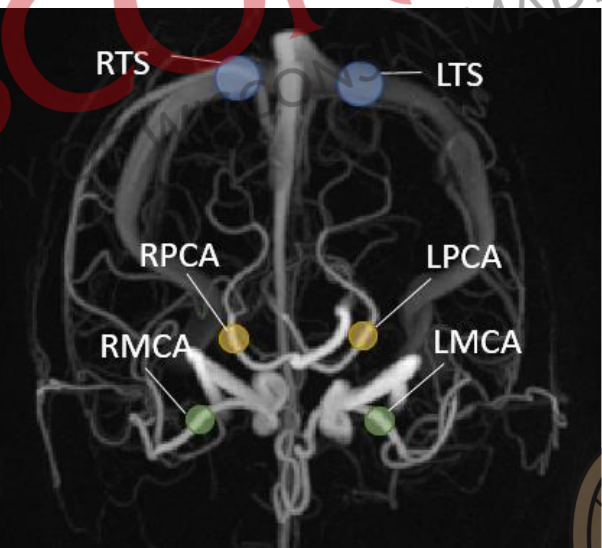
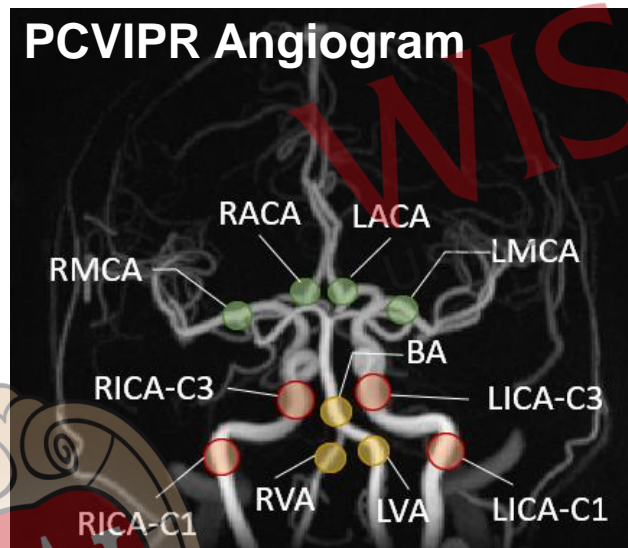
# Methods – Post-Processing



- Hemodynamic Measures
  - Volumetric Flow Rates (mL/min)
  - Pulsatility Indices (a.u.)
  - Total Cerebral Blood Flow (mL/min)
    - $TCBF = Q_{LICA} + Q_{RICA} + Q_{BA}$
- Vessel Segment Locations
  - 13 arteries + 4 veins



Vessel
Total Cerebral Blood Flow (TCBF)
Cervical ICA (RICA-C1)
Cavernous ICA (RICA-C3)
Middle Cerebral Artery (MCA)
Anterior Cerebral Artery (ACA)
Basilar Artery (BA)
Vertebral Artery (VA)
Posterior Cerebral Artery (PCA)
Superior Sagittal Sinus (SSS)
Straight Sinus (STR)
Transverse Sinus (TS)

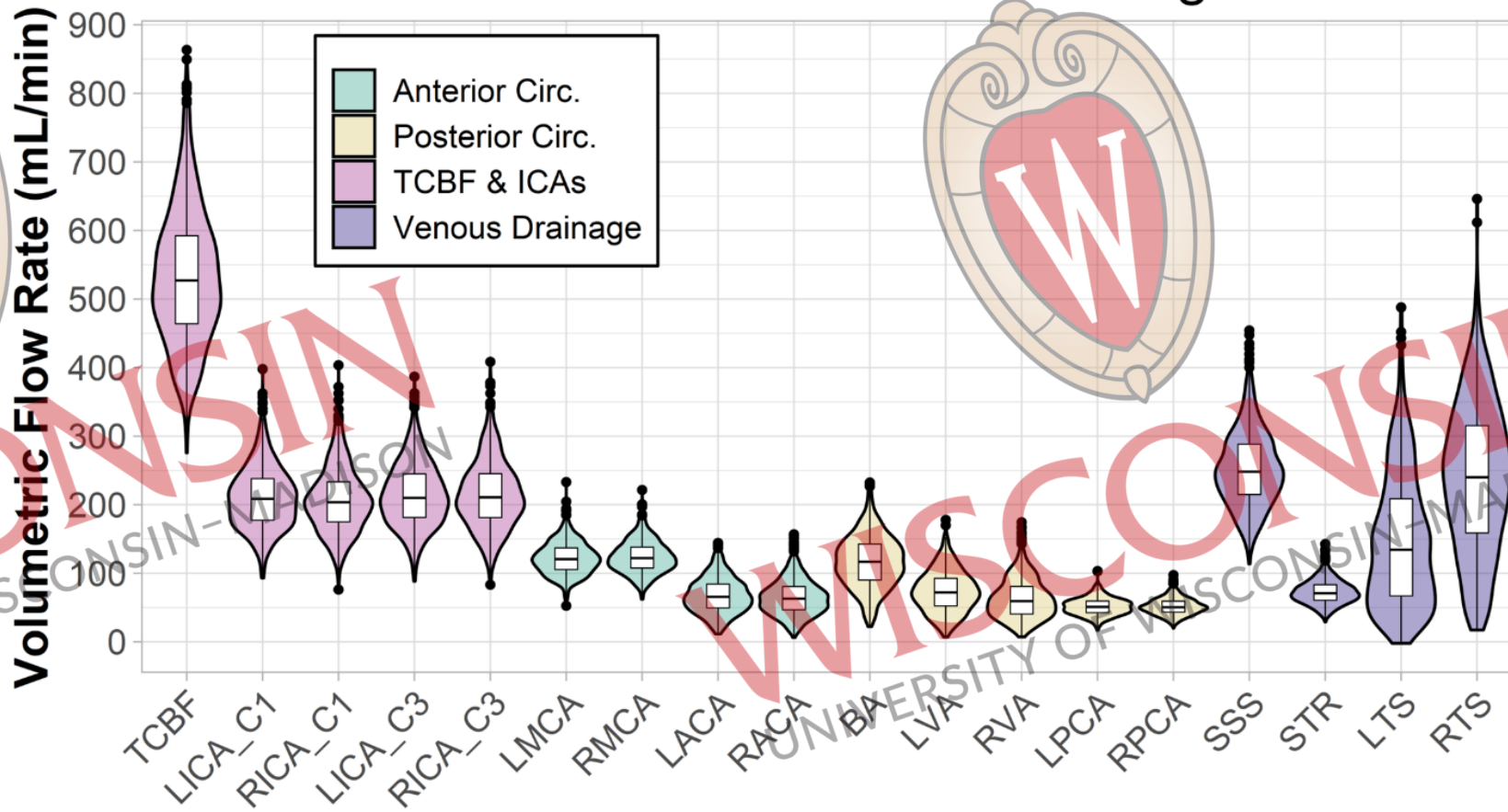


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# Results – Blood Flow Rates



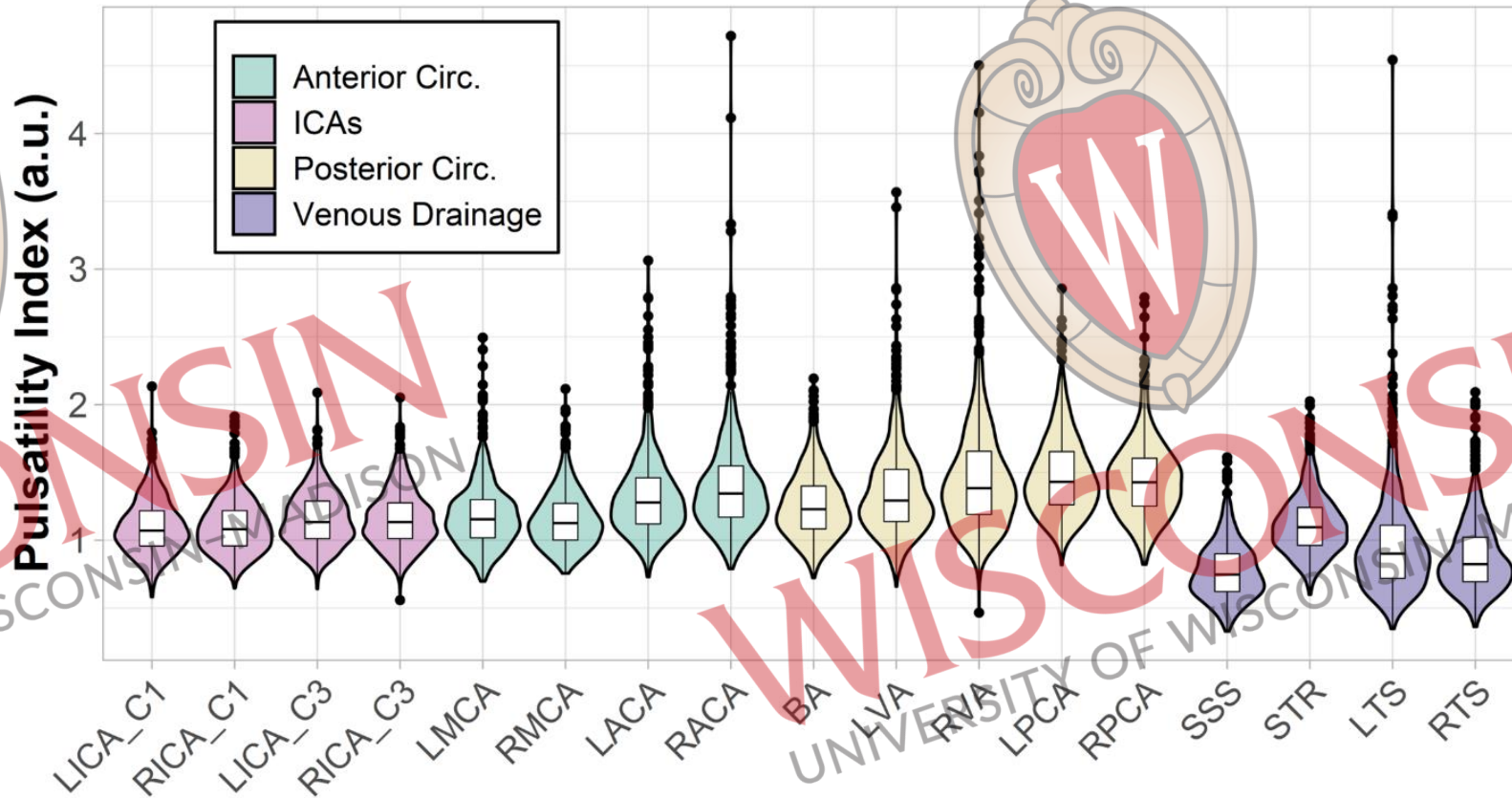
## Blood Flow Rates in All Vessel Segments



# Results – Pulsatility



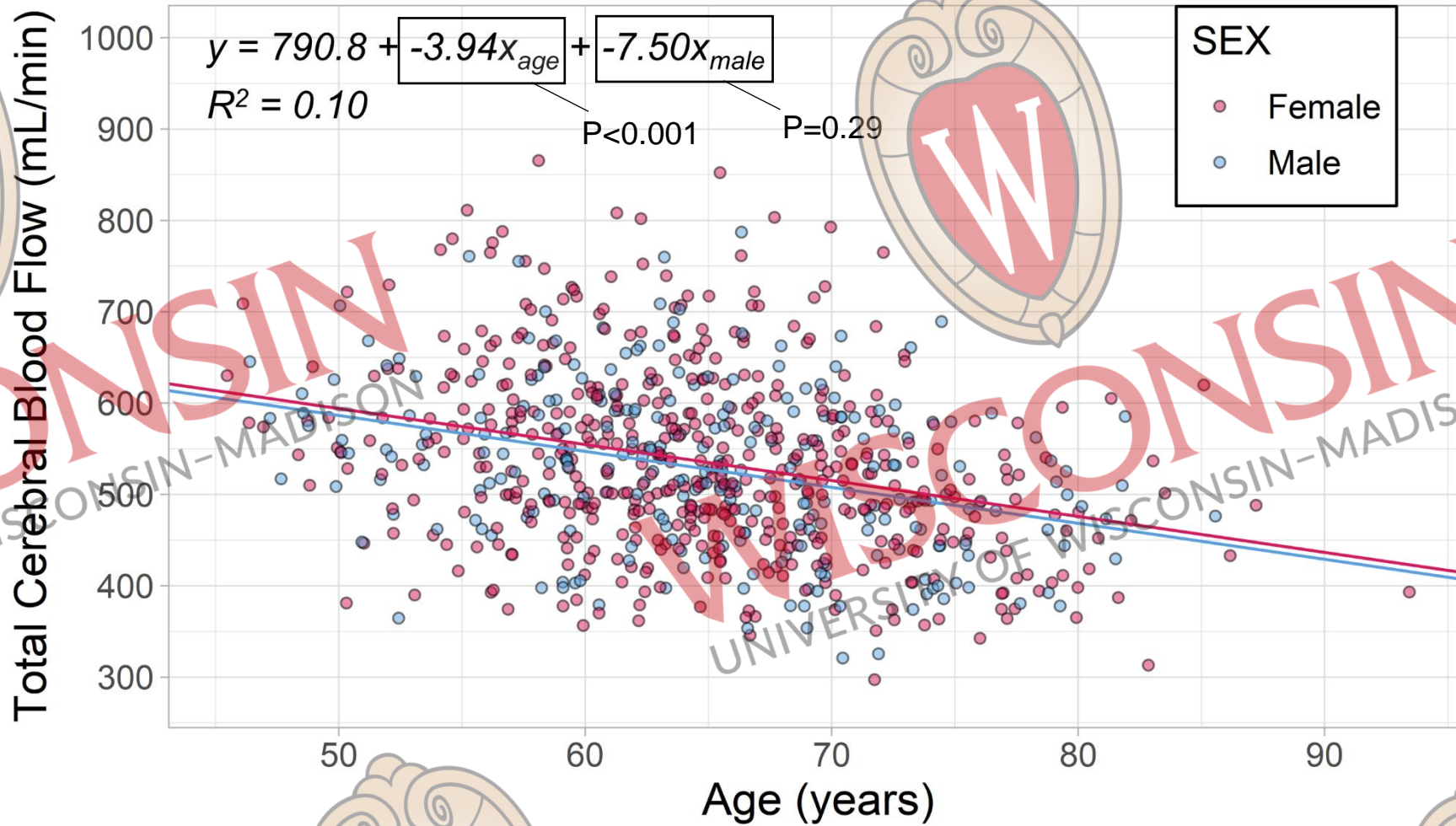
## Pulsatility in All Vessel Segments



# Results – Total Flow vs. Age/Sex



## Multiple Linear Regression



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# Results – Flow vs. Age/Sex



Mixed Effects Regression:  $\text{Flow} \sim \text{Age} + \text{Sex} + (1 + \text{Age} \mid \text{Vessel}) + (1 \mid \text{Participant})$

	$\beta$ (coefficients)		
	Intercept	Age	Sex (male)
<b>FIXED EFFECT</b>	<b>135.4***</b>	<b>-0.95***</b>	-1.60
ICA_C1	295.4	-1.33	
ICA_C3	305.4	-1.38	
MCA	188.4	-0.98	
ACA	115.9	-0.72	
BA	198.4	-1.23	
VA	117.6	-0.72	
PCA	88.5	-0.55	
TS	247.0	-0.47	
STR	111.7	-0.58	
SSS	386.0	-2.04	

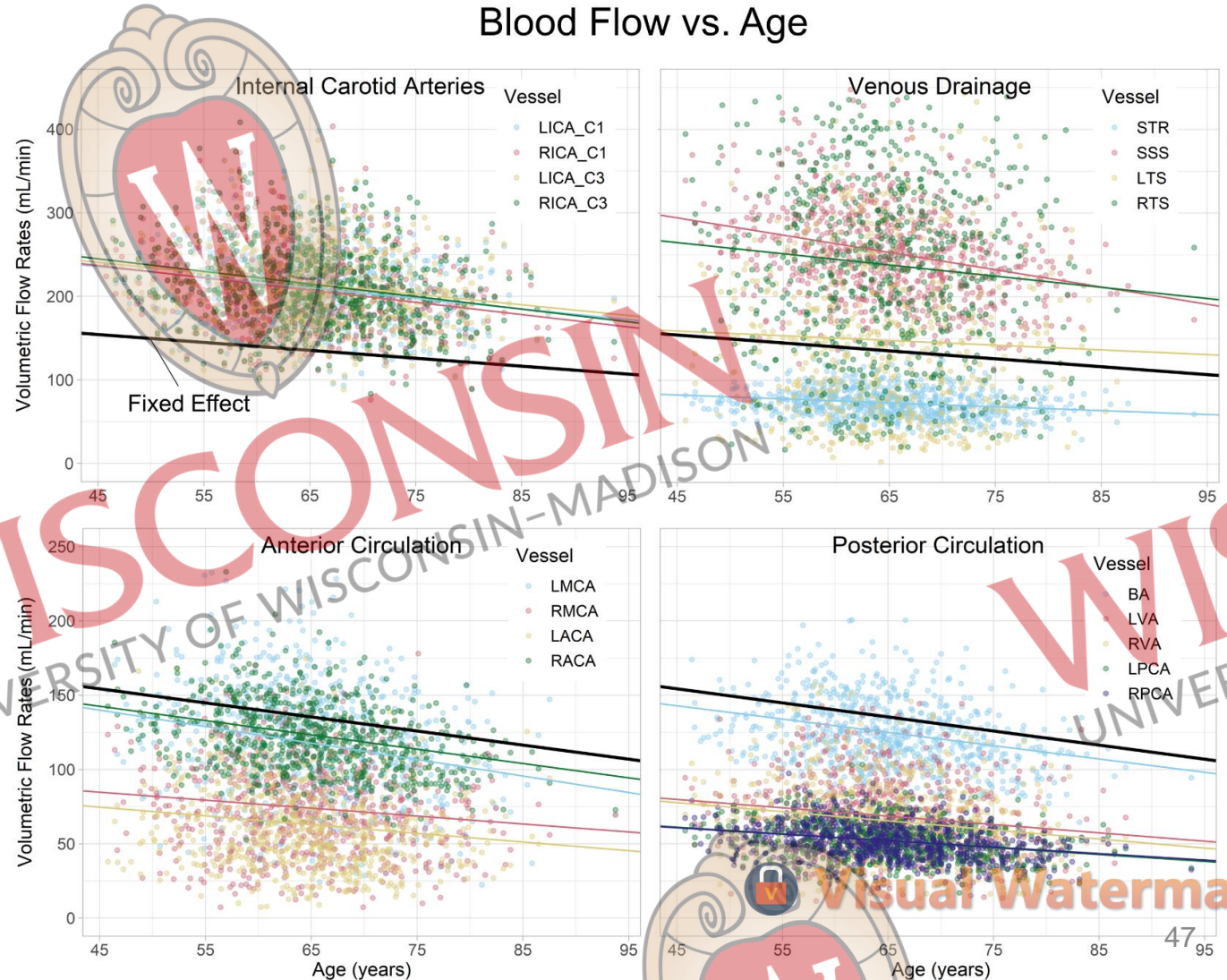
T-Tests using Satterthwaite's Method

\* $p < 0.05$

\*\* $p < 0.01$

\*\*\* $p < 0.001$

Blood Flow vs. Age



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# Results – Pulsatility vs. Age/Sex



Mixed Effects Regression:  $PI \sim Age + Sex + (1 + Age | Vessel) + (1 | Participant)$

	$\beta$ (coefficients)		
	Intercept	Age	Sex (male)
<b>FIXED EFFECT</b>	<b>0.146**</b>	<b>0.011***</b>	<b>-0.018*</b>
ICA_C1	0.174	0.014	
ICA_C3	0.227	0.014	
MCA	0.271	0.014	
ACA	0.333	0.016	
BA	0.286	0.015	
VA	0.329	0.017	
PCA	0.441	0.016	
TS	0.211	0.011	
STR	0.405	0.011	
SSS	0.069	0.011	

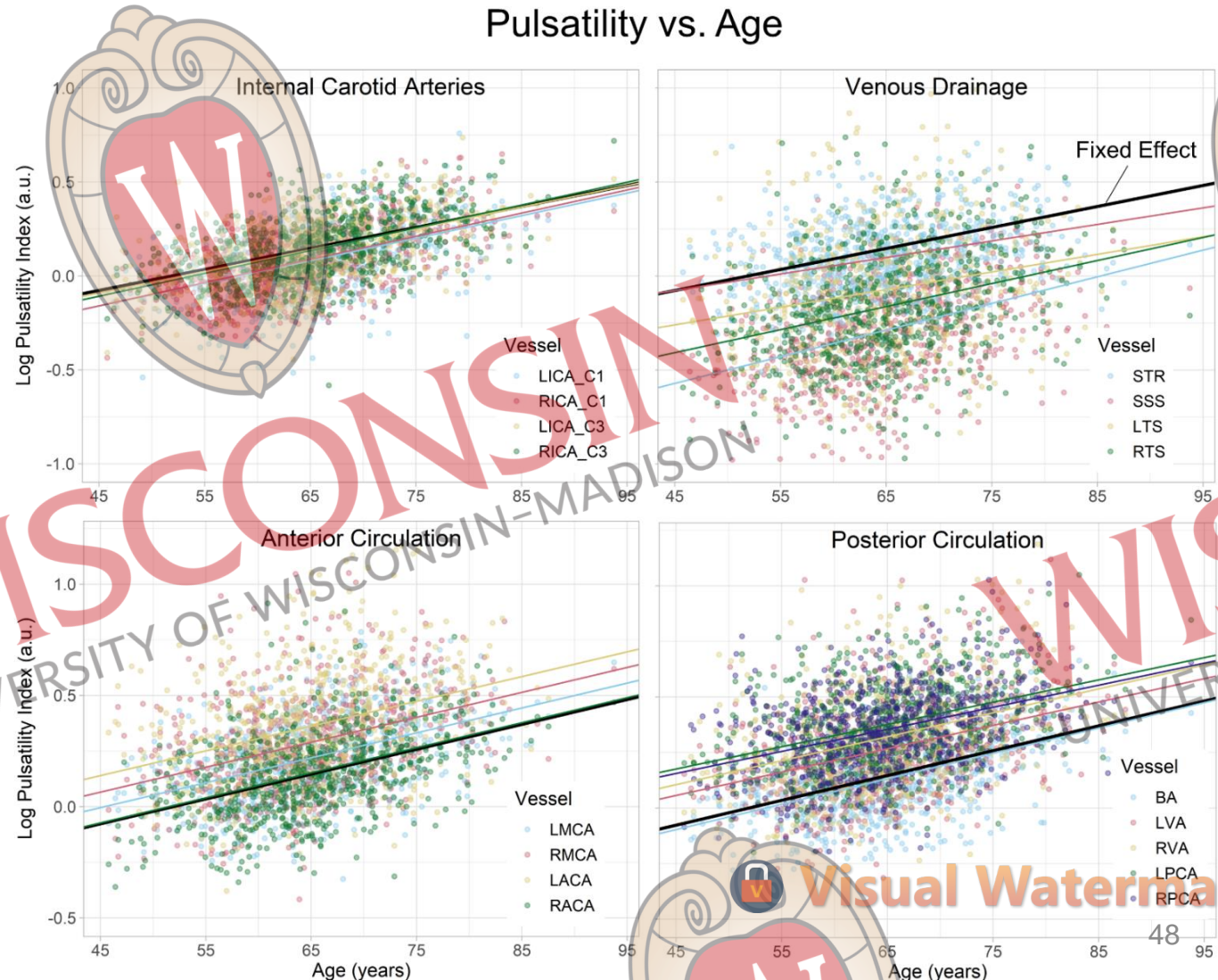
T-tests using Satterthwaite's method

\* $p < 0.05$

\*\* $p < 0.01$

\*\*\* $p < 0.001$

Pulsatility vs. Age



Visual Watermark

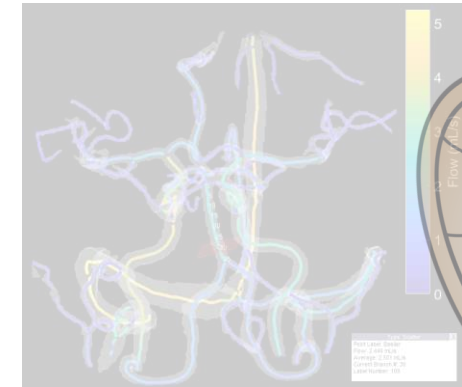




- **Background**

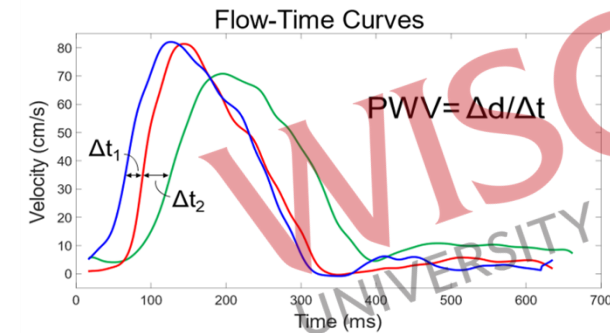
- **Part 1: Cranial 4D Flow MRI**

- Aim 1: Develop 4D flow MRI tool for efficient flow analysis in the brain
- Aim 2: Establish “normal” intracranial blood flow and pulsatility in 759 older adults



- **Part 2: Aortic Pulse Wave Velocity**

- Aim 3: Implement a free-breathing, radial 2D phase contrast sequence to assess aortic pulse wave velocity
- Aim 4: Develop a simultaneous multislice sequence for aortic pulse wave velocity assessment

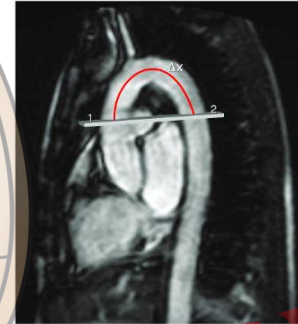


- **Summary**

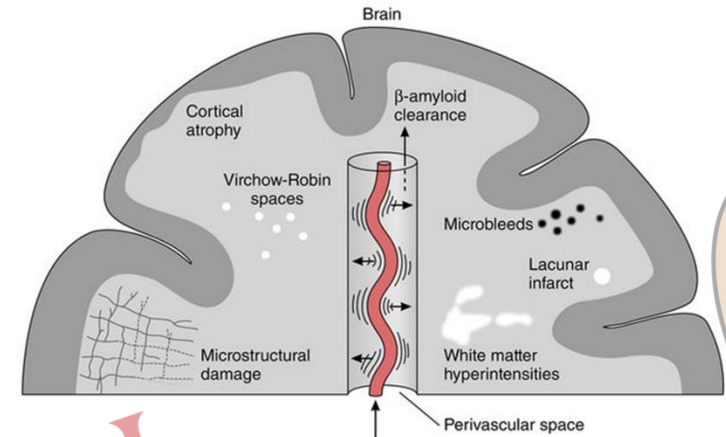
# Aim 3 – Motivation



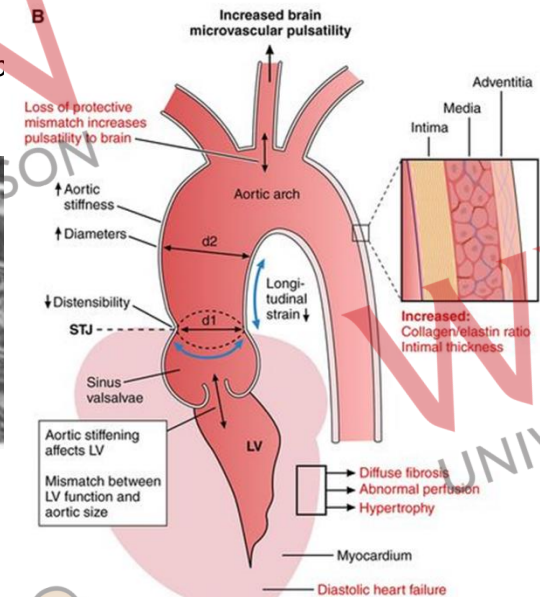
- Previously discussed clinical relevance aortic stiffness
  - Aortic stiffening propagates pulsatile energy
    - Gets transmitted to brain's microvasculature
- Aortic PWV has been measured with MRI<sup>1</sup>
  - Usually 1-2 imaging planes along aorta
  - Requires breath-holds ~10-20s
    - Reduce respiratory motion artifact
- Some subjects may have breath-hold difficulties
  - Elderly, dementia, or respiratory issues
  - Need free-breathing methodology for these subjects
    - Radial 2DPC MRI allows for this
- Older individuals may have higher PWV
  - May require higher temporal resolution<sup>2</sup>



Sala M, et al (2015). *Am J Hyp*



Respiratory



de Rooij et al (2017). *Circulation*. 135(22):2178-95

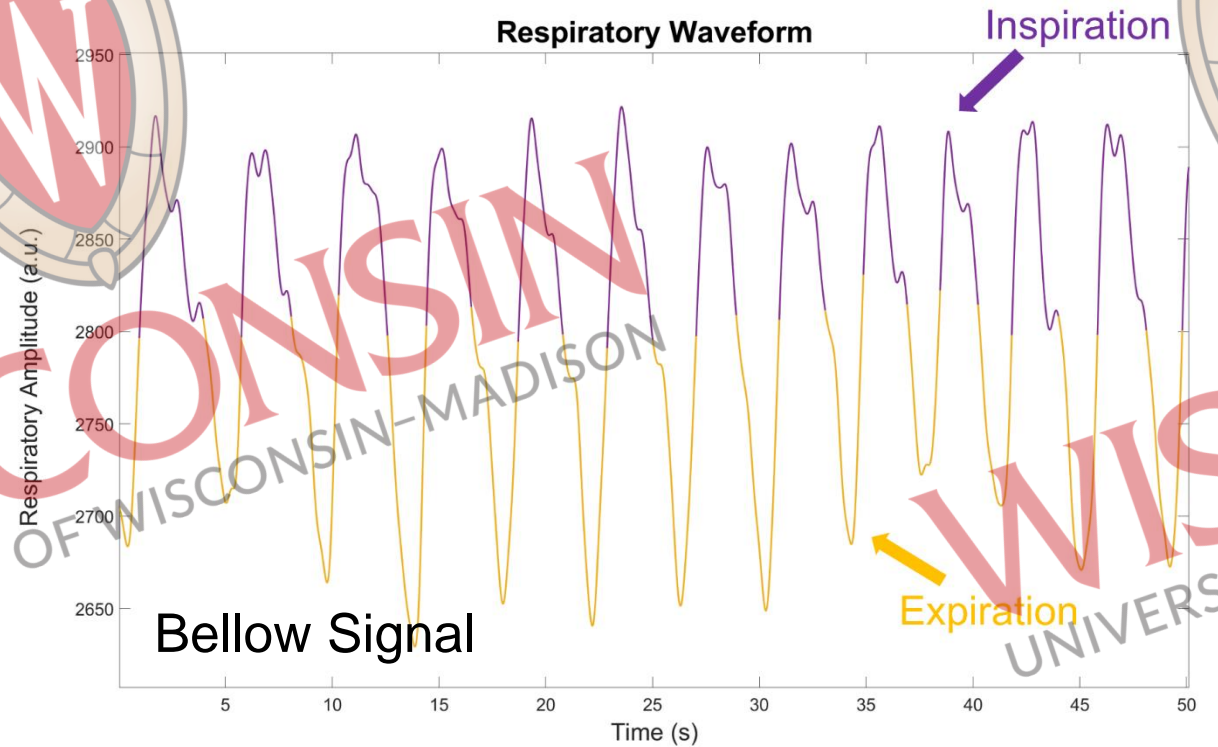
<sup>1</sup>Wentland AL, et al (2014). *Cardiovasc Diagn Ther*. 4(2):193-206

<sup>2</sup>Dorniak K, et al (2016). *BMC Cardiovasc Disord*. 16(1):110

# Aim 3



- Implement a novel free-breathing, radial 2DPC sequence to measure aortic pulse wave velocity (PWV) using retrospective respiratory gating
  - Compare to standard breath-hold Cartesian 2DPC sequence



# Aim 3



- Implement a novel free-breathing, radial 2DPC sequence to measure aortic pulse wave velocity (PWV) using retrospective respiratory gating
  - Compare to standard breath-hold Cartesian 2DPC sequence
- Utilize local low rank (LLR) reconstruction<sup>1,2</sup> to improve temporal resolution

$$\hat{\mathbf{x}} = \min_{\mathbf{x}} \left[ \|\mathbf{Ax} - \mathbf{k}\|_2^2 + \sum \lambda_b \|\mathbf{R}_b \mathbf{x}\|_* \right]$$

Data fidelity term

Temporospatial sparsity (low rank)

$\hat{\mathbf{x}}$  = optimized image  
 $\mathbf{x}$  = image variable  
 $\mathbf{A}$  = coil-sensitivity, FT, and sampling operator  
 $\mathbf{k}$  = acquired k-space data  
 $\|\cdot\|$  = norm operator  
 $*$  = nuclear norm  
 $\mathbf{R}_b$  = low rank operator acting on  $b_{th}$  local block  
 $\lambda_b$  = rank weighting coefficient

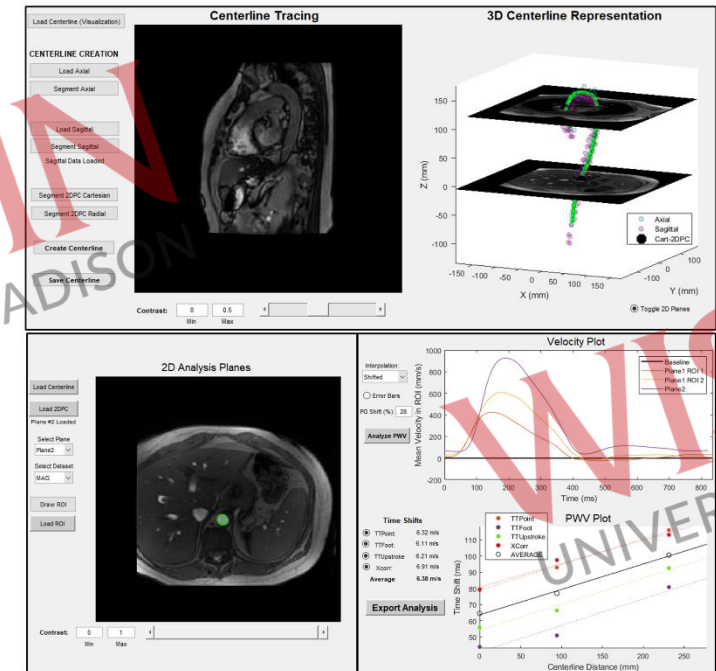
<sup>1</sup>Jimenez JE, et al (2018). *MRM*. 80(4):1452-66

<sup>2</sup>Rivera-Rivera LA, et al (2021). *JCBFM*. 41(2):298-311

# Aim 3



- Implement a novel free-breathing, radial 2DPC sequence to measure aortic pulse wave velocity (PWV) using retrospective respiratory gating
  - Compare to standard breath-hold Cartesian 2DPC sequence
- Utilize local low rank (LLR) reconstruction<sup>1,2</sup> to improve temporal resolution
- Develop PWV post-processing package
  - Publicly available: [https://github.com/groberts1/PWV\\_2DPC](https://github.com/groberts1/PWV_2DPC)



# Aim 3



- Implement a novel free-breathing, radial 2DPC sequence to measure aortic pulse wave velocity (PWV) using retrospective respiratory gating
  - Compare to standard breath-hold Cartesian 2DPC sequence
- Utilize local low rank (LLR) reconstruction<sup>1,2</sup> to improve temporal resolution
- Develop PWV post-processing package
  - Publicly available: [https://github.com/gsroberts1/PWV\\_2DPC](https://github.com/gsroberts1/PWV_2DPC)
- Validate our free-breathing PWV measures in an aorta flow phantom
- Measure aortic PWV in 150 older subjects from LIFE study
  - Assess intra/interobserver repeatability
  - Assess correlations PWV with age



# Methods – LIFE Study



- LIFE Study

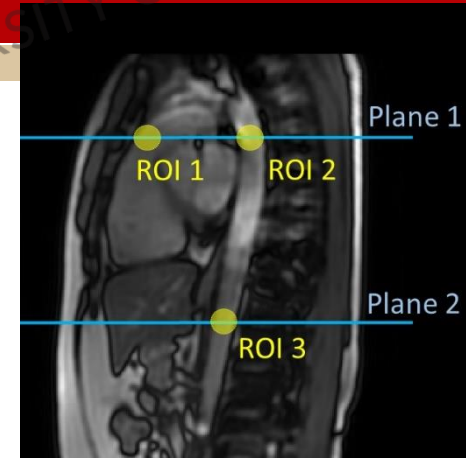
- Longitudinal Impact of Fitness and Exercise

- Aerobic fitness on AD biomarkers

- Aortic PWV as metric of cardiovascular integrity



Ozioma Okonkwo



- MRI Protocol Overview

- Anatomical bSSFP scan

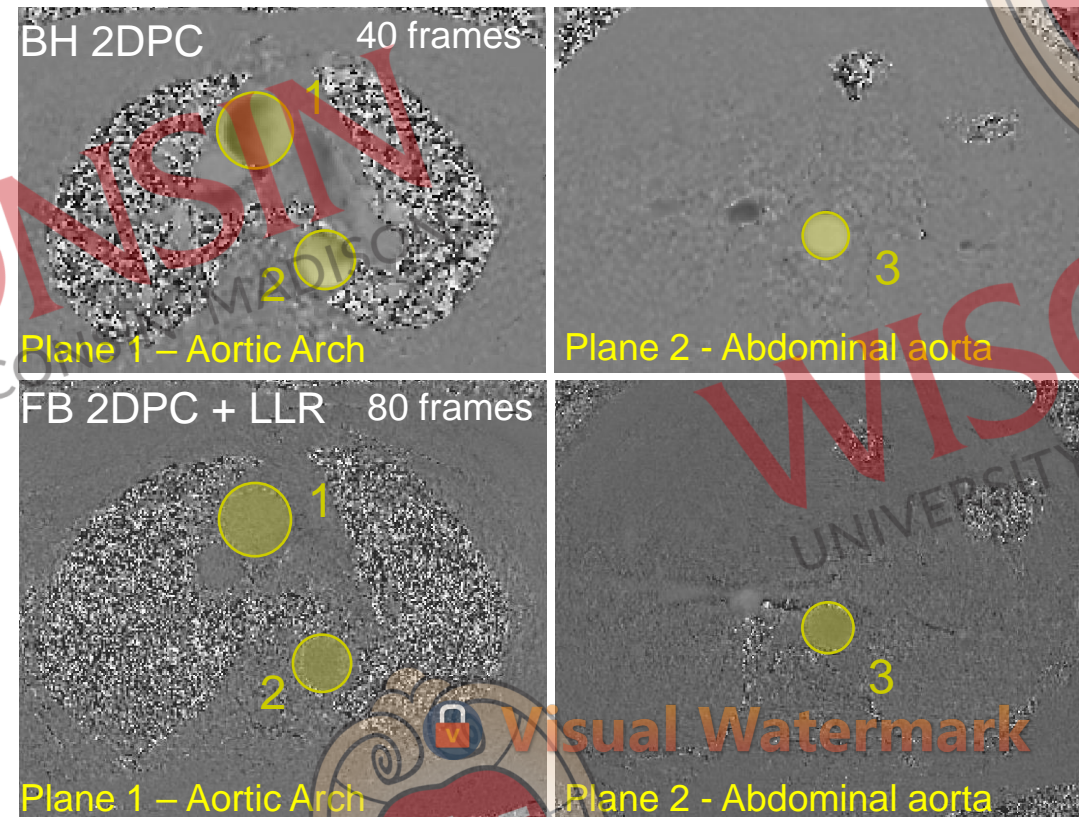
- Aorta structure
    - Scan time = 0:18

- Breath-hold Cartesian 2DPC scan

- 2 planes → aortic arch + abdominal aorta
    - Scan time = 0:15

- Free-breathing radial 2DPC scan

- 2 planes → aortic arch + abdominal aorta
    - Scan time = 2:29, projections = 10,000



# Methods – 2DPC Protocol



- Participant demographics
  - **150 subjects (mean age 64 years)**
  - Demographics similar to normative study

Participant demographics	
Age (years)	64 ± 7 (48-74)
Sex	
	Female 84 (72%)
	Male 33 (28%)
Race*	
	Hispanic 1 (<1%)
	Black or African American 5 (4%)
	White 111 (95%)
Education (years)	16 ± 2 (12-20)
Parental history of dementia	
	Yes 31 (26%)
	No 68 (58%)
	Unknown 18 (15%)
APOE4 carrier**	46 (39%)





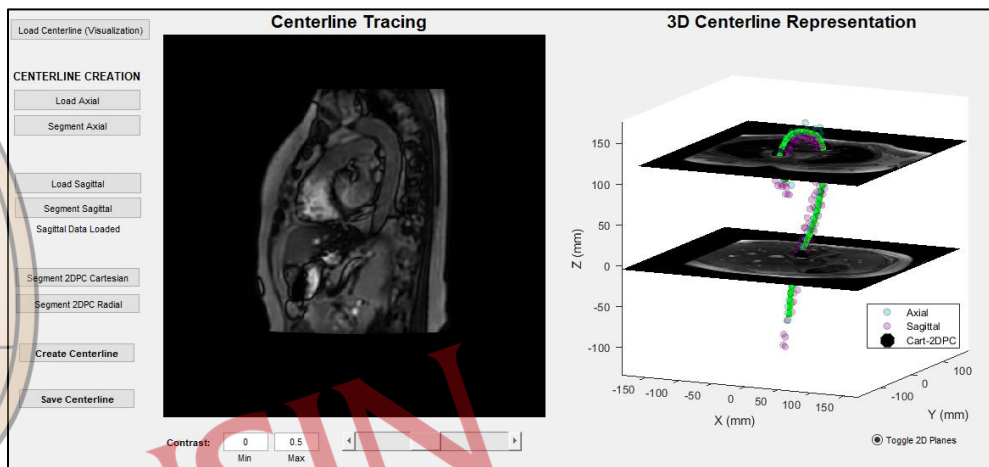
- **Two** acquisitions, **three** reconstructed datasets
  - Breath-Hold Cartesian 2DPC
    1. Online Reconstruction: GE DICOMs – 40 frames
  - Free-Breathing Radial 2DPC
    2. Offline Reconstruction: Low temporal resolution (matched to Cartesian) – 40 frames
    3. Offline Reconstruction: High temporal resolution reconstruction (LLR) – 80 frames

Parameter	<sup>1</sup> CART	<sup>2</sup> RAD-LR	<sup>3</sup> RAD-HR
	Breath-Held Cartesian	Free-Breathing Radial	
		Low-Res	High-Res
Scan time	0:15	2:27	2:27
Projections	N/A	10,000	10,000
Slice Thickness	6 mm	6 mm	6 mm
V <sub>enc</sub>	150 cm/s	150 cm/s	150 cm/s
Cardiac Gating	Prosp. PG	Retrosp. PG	Retrosp. PG
Resp. Gating	N/A	Retrosp. Bellows	Retrosp. Bellows
Spatial Res.	1.41 mm <sup>2</sup>	1.40 mm <sup>2</sup>	1.00 mm <sup>2</sup>
# Frames	40	40	80
Temporal Res.	~25 ms	~25 ms	~13 ms

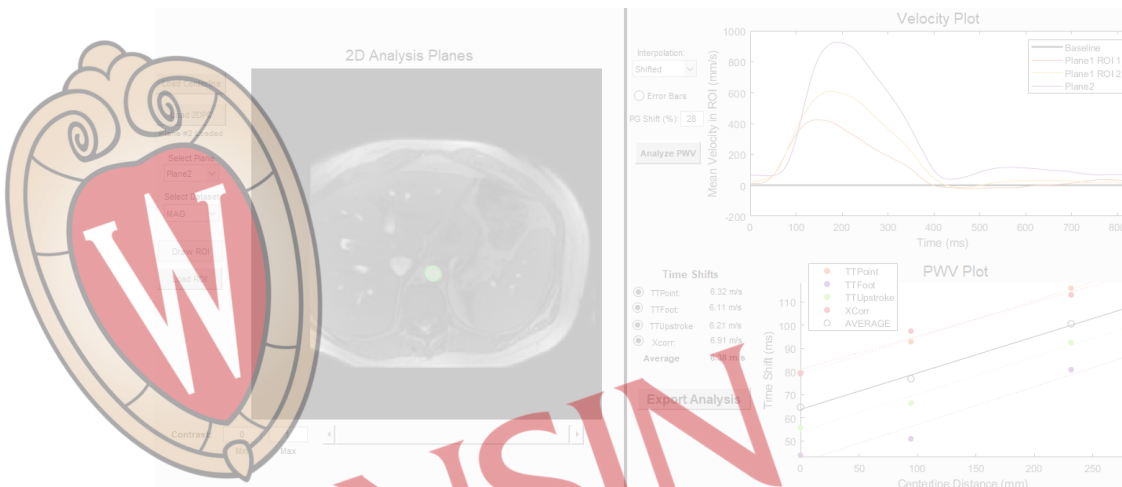
# Methods – Graphical User Interface



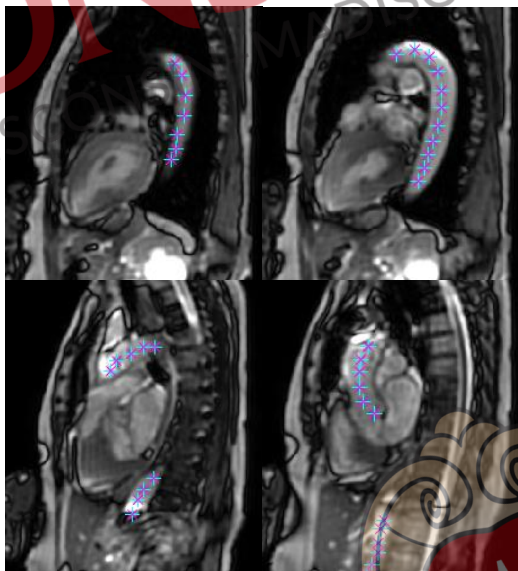
## Aorta Distance Measurements



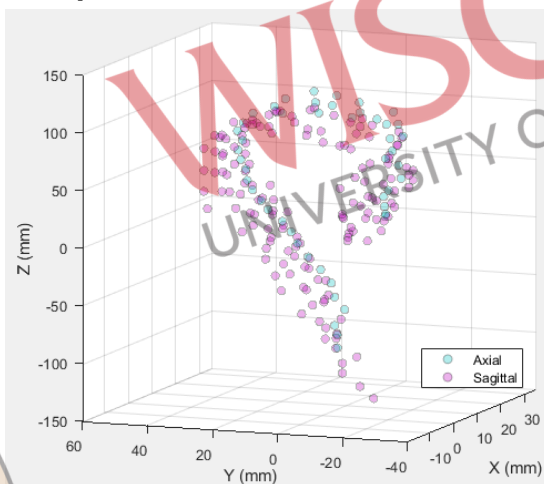
## Waveform Time Shifts, PWV Calculation



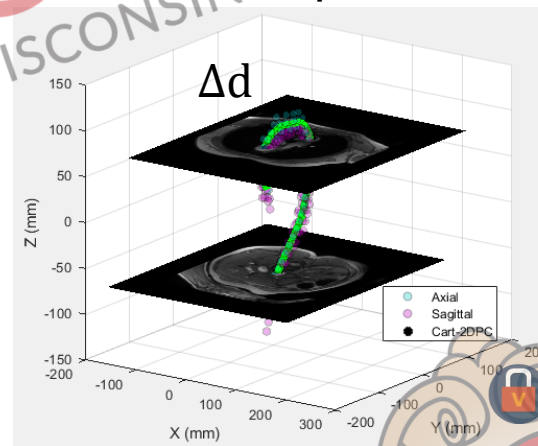
## Sagittal bSSFP



## Spatial Localization of Points



## 3D Centerline Representation

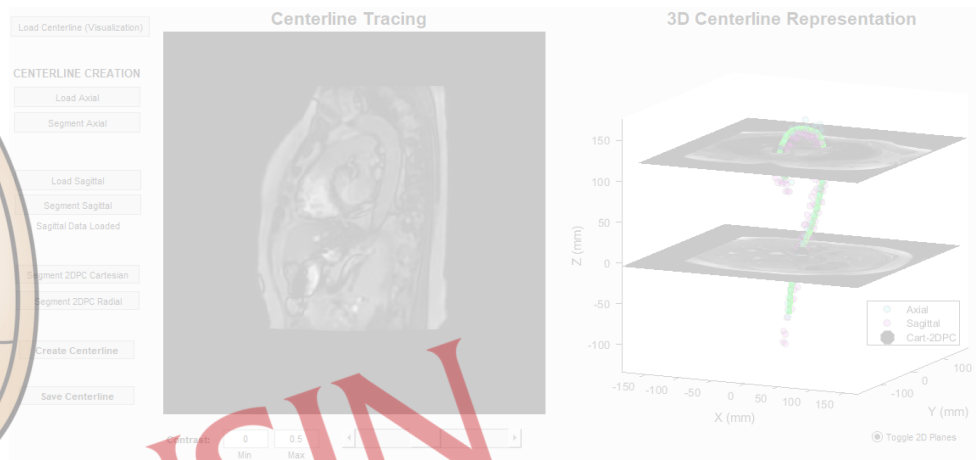


Visual Watermark

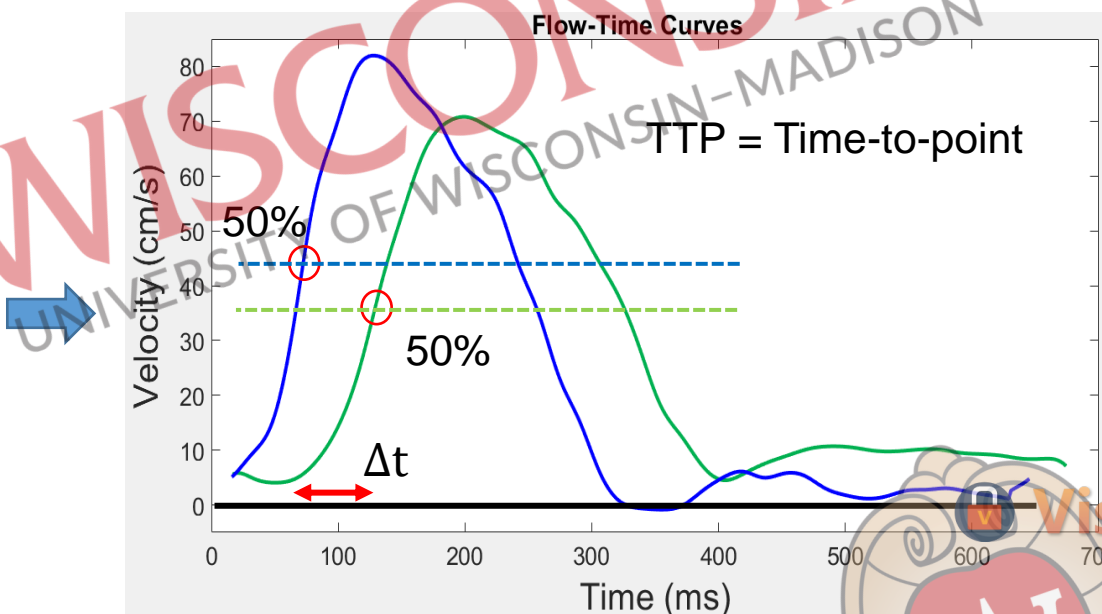
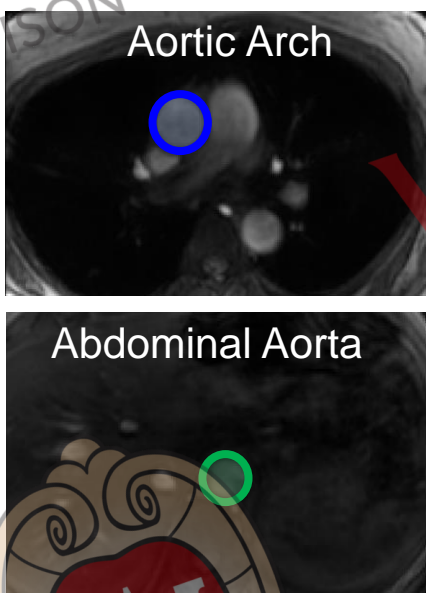
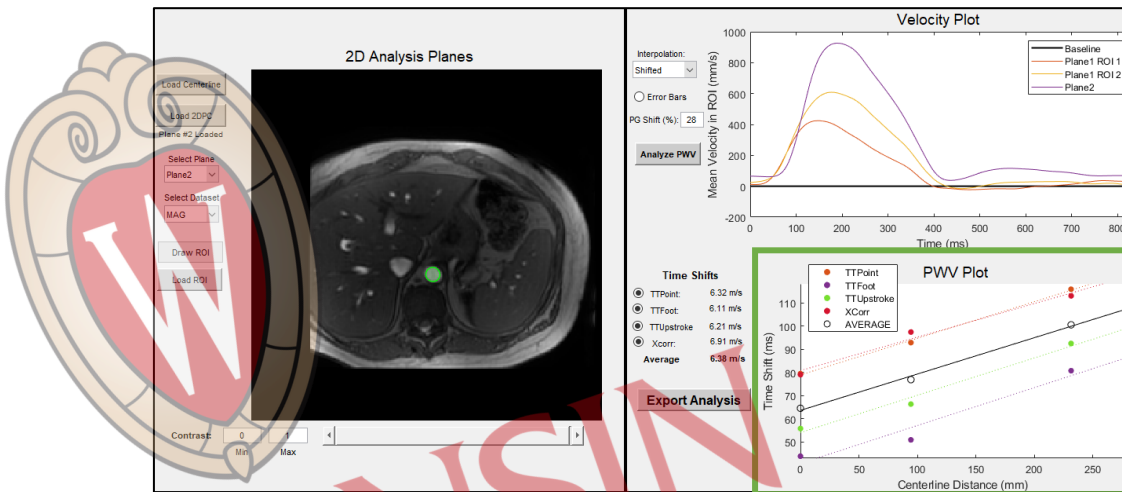
# Methods – Graphical User Interface



## Aorta Distance Measurements



## Waveform Time Shifts, PWV Calculation



$$PWV = \frac{\Delta d}{\Delta t}$$

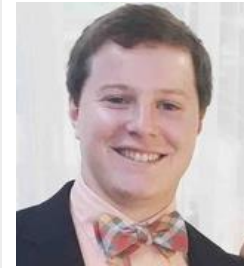
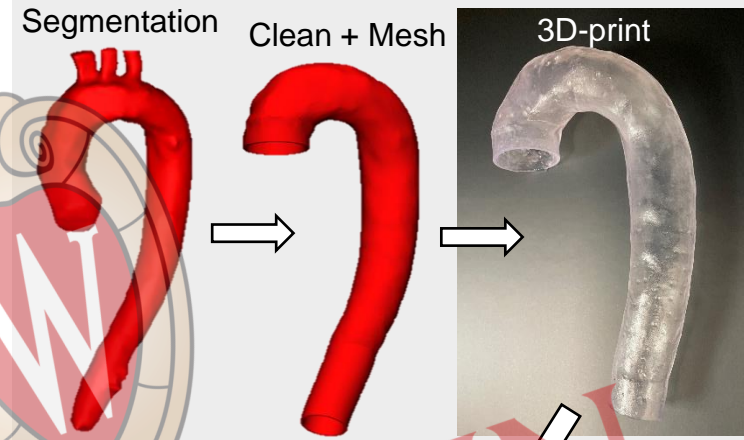
Visual Watermark

# Methods – Flow Phantom



- Aorta model

- MRA from 25 y.o. male volunteer
- 3D-printed w/ Elastic 50A™ resin
- Tygon tubing for ultrasound
- **Reference: Ultrasound**



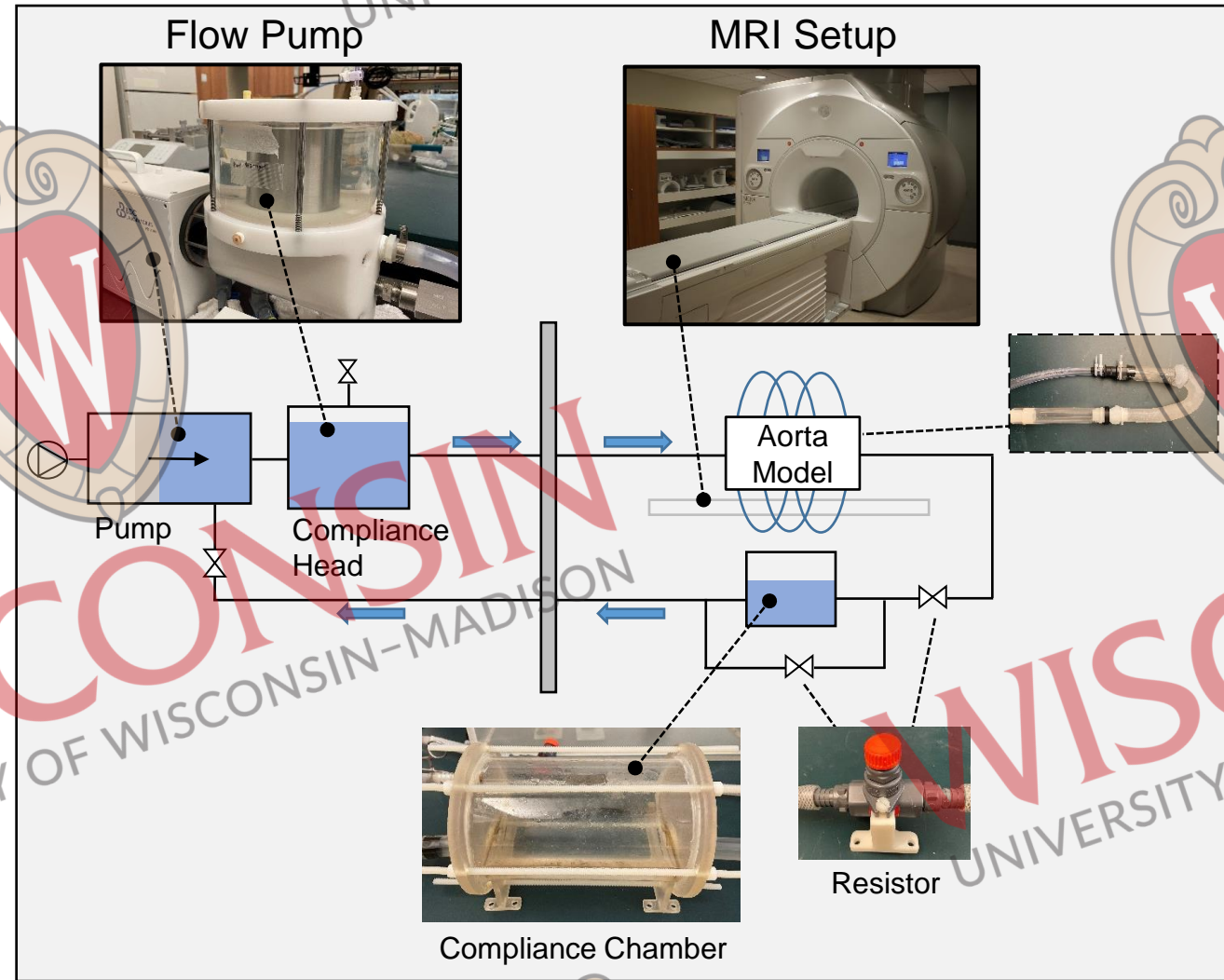
James Rice



# Methods – Flow Phantom



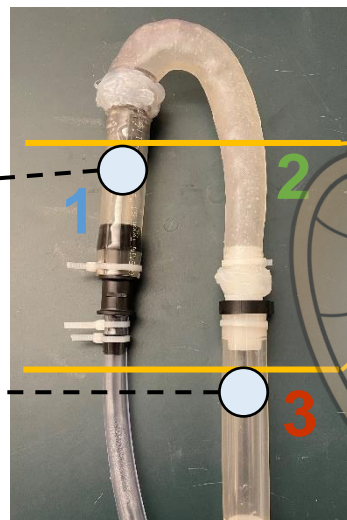
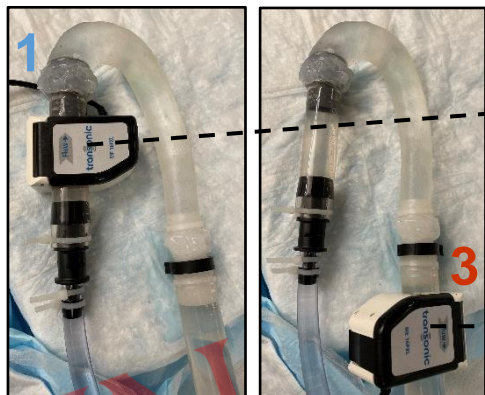
- Aorta model
  - MRA from 25 y.o. male volunteer
  - 3D-printed w/ Elastic 50A™ resin
  - Tygon tubing for ultrasound
  - **Reference: Ultrasound**
- Flow phantom experiment
  - Flow rate: 3 L/min
  - Heart rate: 60 bpm
  - Added compliance/resistance
- Ultrasound validation
  - Obtained immediately before MRI scan
- MRI Protocol
  - Same as LIFE study
    - Anatomical bSSFP scan
    - Breath-hold Cartesian scan
    - Free-breathing radial scan



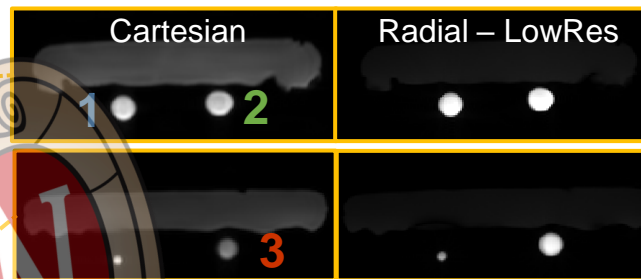
# Results – Flow Phantom



### Ultrasound

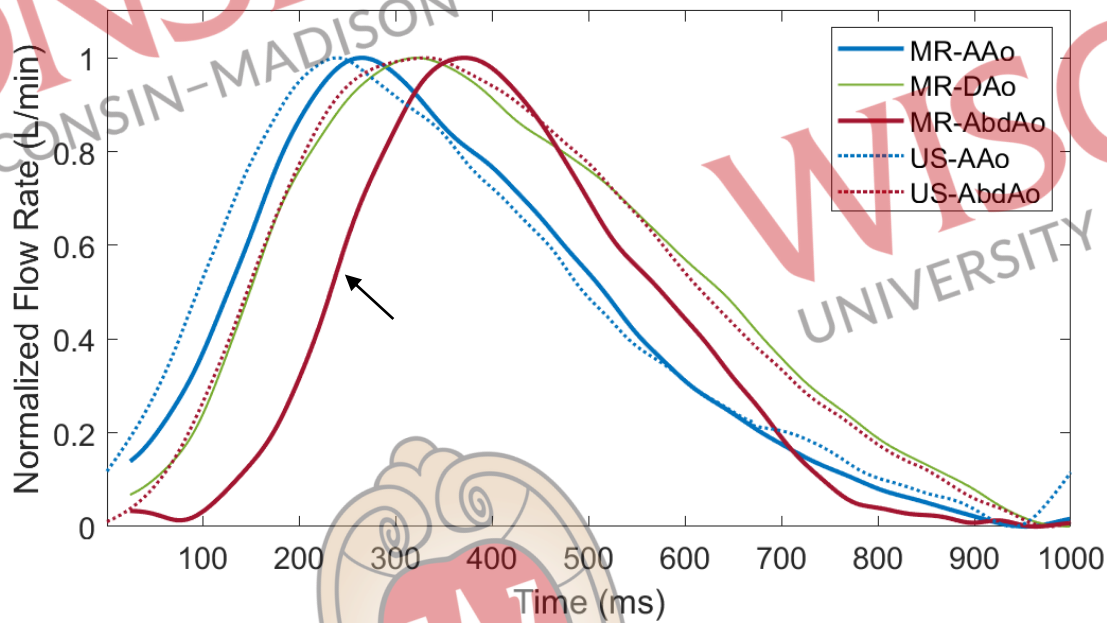


### MRI

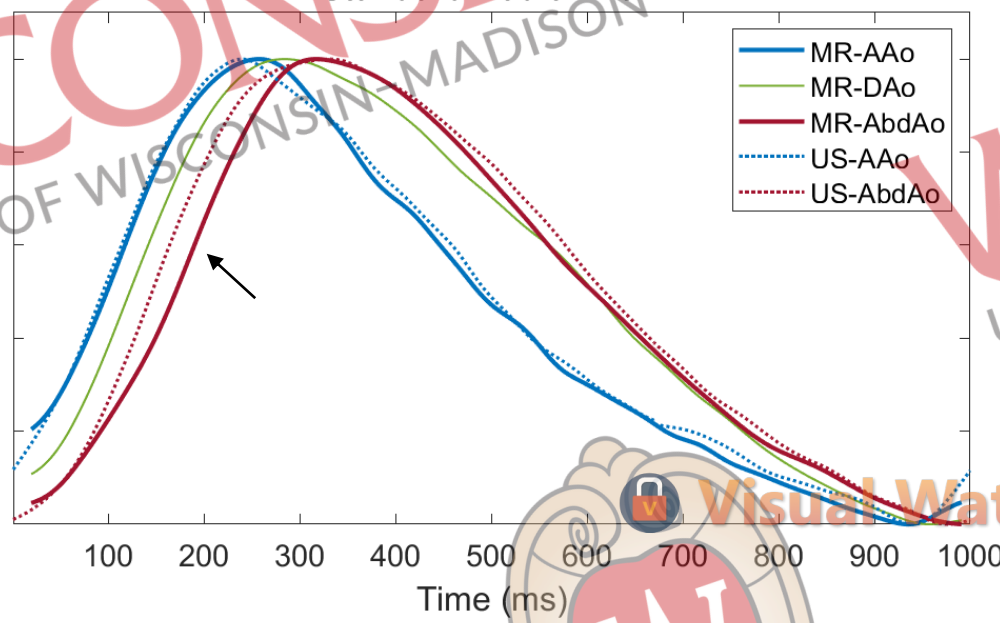


Locations: 1 = Ascending Aorta (AAo)  
2 = Descending Aorta (DAo)  
3 = Abdominal Aorta (AbdAo)

### Cartesian Flow



### Standard Radial Flow



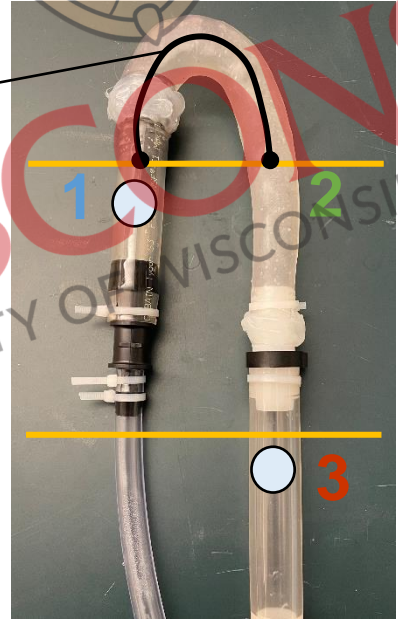
# Results – Flow Phantom



- AAo – DAo PWV
  - Bias
    - Cartesian: 4 m/s
    - Radial Low-Res: -1 m/s
    - Radial High-Res: -1 m/s

In Vitro Results			
Location	Acquisition	Length	PWV
AAo – DAo	CART	169	12.1 ± 2.41
	RAD-LR	169	7.0 ± 0.19
	RAD-HR	169	6.6 ± 1.66
AAo	<b>US</b>	<b>332</b>	<b>8.0 ± 1.09</b>
	CART	291	1.4 ± 0.07
	RAD-LR	291	2.2 ± 0.08
	RAD-HR	291	2.2 ± 0.11
AAo – DAo – AbdAo	CART	291	2.8 ± 0.04
	RAD-LR	291	3.7 ± 0.03
	RAD-HR	291	3.6 ± 0.04

Values reported as mean ± standard deviation  
 AAo = ascending aorta, DAo = descending aorta, AbdAo = abdominal aorta,  
 CART = Cartesian, RAD-LR = low temporal resolution radial reconstruction,  
 RAD-HR = high temporal resolution radial reconstruction, US = ultrasound



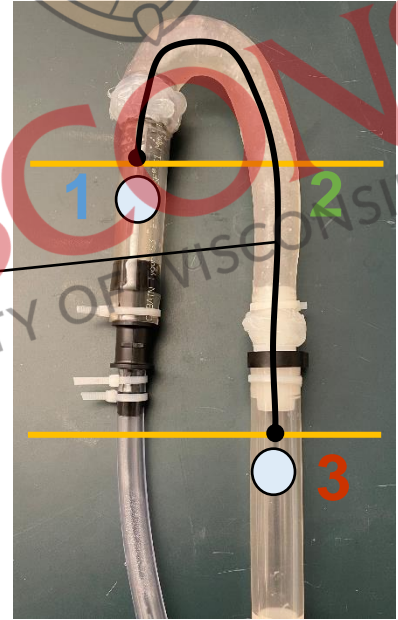
# Results – Flow Phantom



- AAo – AbdAo PWV
  - Bias
    - Cartesian: -7 m/s
    - Radial Low-Res: -6 m/s
    - Radial High-Res: -6 m/s

In Vitro Results			
Location	Acquisition	Length	PWV
AAo – DAo	CART	169	12.1 ± 2.41
	RAD-LR	169	7.0 ± 0.19
	RAD-HR	169	6.6 ± 1.66
AAo – AbdAo	<b>US</b>	<b>332</b>	<b>8.0 ± 1.09</b>
	CART	291	1.4 ± 0.07
	RAD-LR	291	2.2 ± 0.08
	RAD-HR	291	2.2 ± 0.11
AAo – DAo – AbdAo	CART	291	2.8 ± 0.04
	RAD-LR	291	3.7 ± 0.03
	RAD-HR	291	3.6 ± 0.04

Values reported as mean ± standard deviation  
 AAo = ascending aorta, DAo = descending aorta, AbdAo = abdominal aorta,  
 CART = Cartesian, RAD-LR = low temporal resolution radial reconstruction,  
 RAD-HR = high temporal resolution radial reconstruction, US = ultrasound





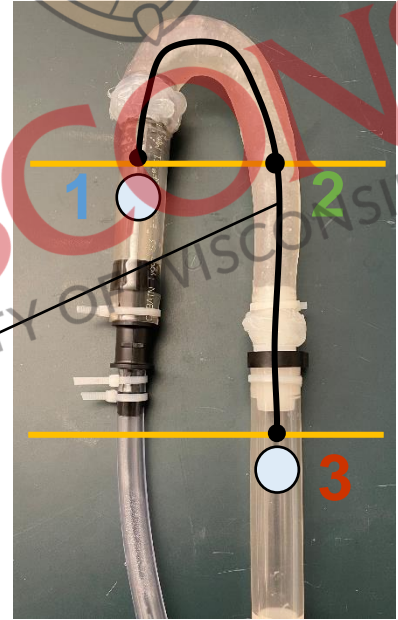
# Results – Flow Phantom



- PWV using all 3 points
  - Bias
    - Cartesian: -5 m/s
    - Radial Low-Res: -4 m/s
    - Radial High-Res: -4 m/s

In Vitro Results			
Location	Acquisition	Length	PWV
AAo – DAo	CART	169	12.1 ± 2.41
	RAD-LR	169	7.0 ± 0.19
	RAD-HR	169	6.6 ± 1.66
AAo	<b>US</b>	<b>332</b>	<b>8.0 ± 1.09</b>
	CART	291	1.4 ± 0.07
	RAD-LR	291	2.2 ± 0.08
	RAD-HR	291	2.2 ± 0.11
AAo – DAo – AbdAo	CART	291	2.8 ± 0.04
	RAD-LR	291	3.7 ± 0.08
	RAD-HR	291	3.6 ± 0.04

Values reported as mean ± standard deviation  
 AAo = ascending aorta, DAo = descending aorta, AbdAo = abdominal aorta,  
 CART = Cartesian, RAD-LR = low temporal resolution radial reconstruction,  
 RAD-HR = high temporal resolution radial reconstruction, US = ultrasound

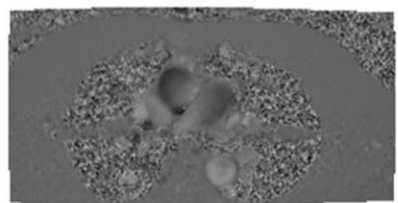


# Results – In Vivo

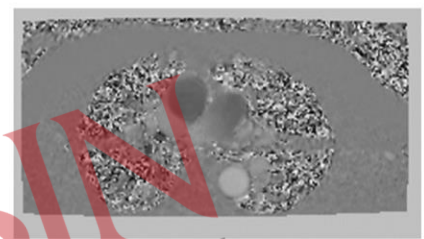


## Cartesian

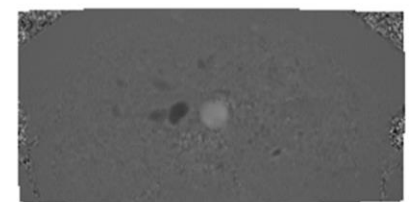
AAo – Mean Velocity



AAo – Single Frame



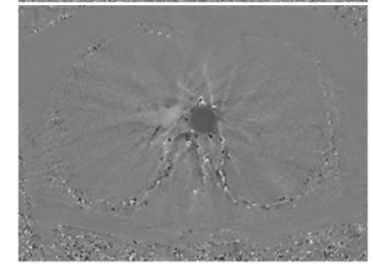
AbdAo – Mean Velocity



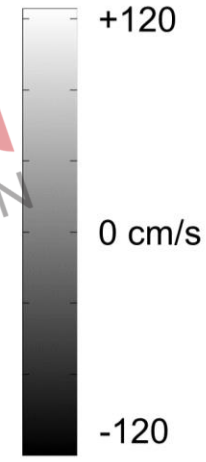
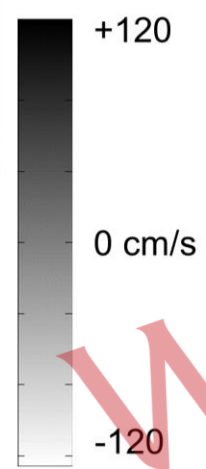
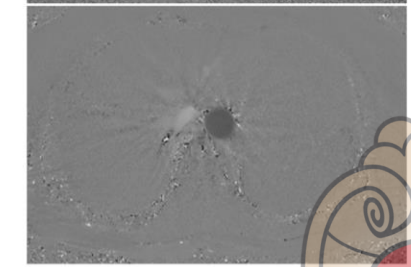
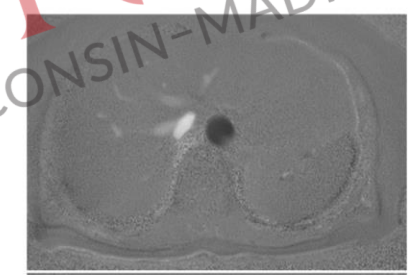
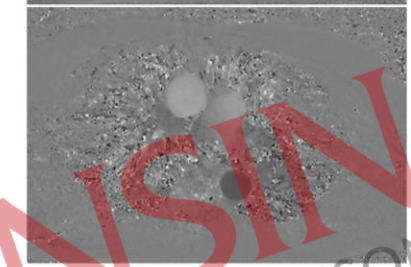
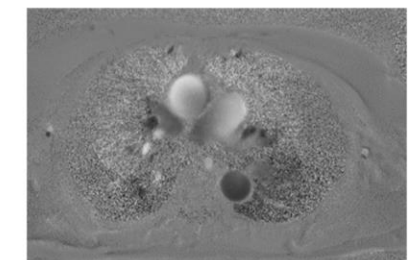
AbdAo – Single Frame



## Radial Low-Res



## Radial High-Res



Visual Watermark

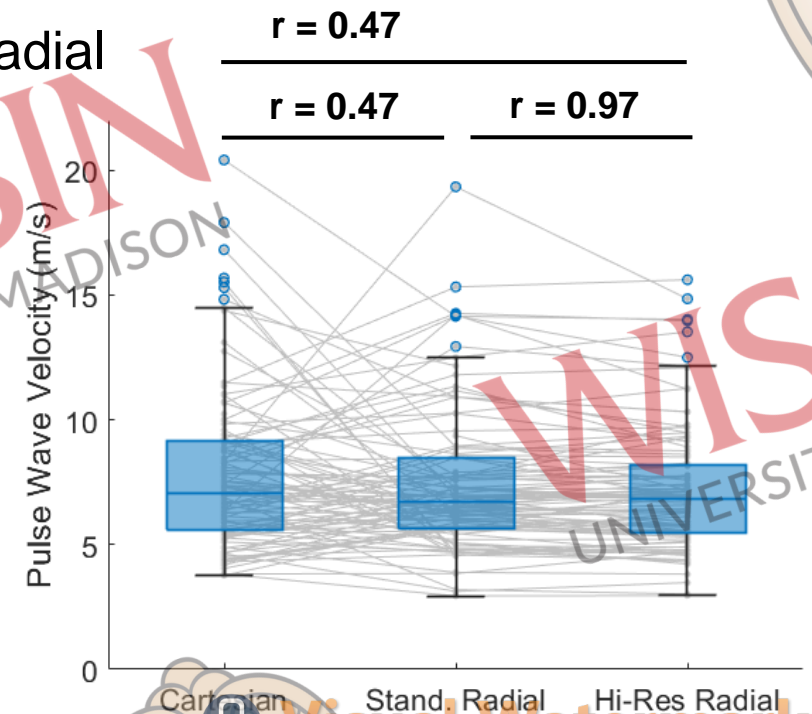
# Results – LIFE PWV



- Good external agreement for all datasets
  - Our study: **7.9 m/s** [60-69 years], N=64
  - van Hout et al<sup>1</sup>: **6.8 m/s** [60-65 years], N=397
  - Nethononda et al<sup>2</sup>: **9 m/s** [60-69 years], N=777
- Comparison between radial and Cartesian methods
  - Relatively poor pairwise correlation between Cartesian and radial
  - PWV from both radial datasets highly correlated

Parameter	Overall	Age (years)			Sex	
		45-59	60-69	70-79	Female	Male
Aorta Length (mm)	241 ± 25 (117)	235 ± 26 (26)	242 ± 22 (66)	246 ± 32 (25)	236 ± 23 (85)	257 ± 23 (32)
Cartesian PWV (m/s)	7.9 ± 3.3 (114)	7.0 ± 3.2 (25)	7.9 ± 3.4 (64)	8.7 ± 2.9 (25)	7.8 ± 3.5 (82)	8.0 ± 2.6 (32)
Radial – LowRes PWV (m/s)	7.8 ± 3.9 (103)	6.0 ± 1.4 (23)	8.3 ± 4.6 (60)	8.5 ± 2.8 (20)	7.5 ± 3.4 (74)	8.7 ± 4.9 (29)
Radial – HighRes PWV (m/s)	7.5 ± 3.3 (102)	5.8 ± 1.5 (23)	7.9 ± 3.8 (59)	8.4 ± 2.6 (20)	7.2 ± 2.8 (73)	8.3 ± 4.3 (29)

Values reported as mean ± standard deviation (N)



<sup>1</sup>van Hout MJ, et al (2021). *JCMR*. 23(1):46

<sup>2</sup>Nethononda RM, et al (2015). *JCMR*. 17(1):20

# Results – Reproducibility



- Repeatability in subset of 16/150 subjects
- ICC show excellent reproducibility
  - Both distance and PWV measurements
  - Both intraobserver and interobserver  $\geq 0.95$



Bri Breidenbach



Jennifer Fondakowski



Mackenzie Jarchow

Intraobserver Agreement					
Variable	Measure (Time 1)	Measure (Time 2)	Bias	ICC*	
Aorta Distance (mm)	AscAo – DescAo	103.88	105.95	2.07	0.97
	DescAo – AbdAo	140.68	141.55	0.87	0.99
	AscAo – AbdAo	244.57	247.50	2.93	0.99
Cartesian PWV (m/s)	7.31	7.51	0.20	0.99	
Standard Radial PWV (m/s)	7.57	7.67	0.11	1.00	
High-Resolution Radial PWV (m/s)	7.69	7.59	-0.10	1.00	

\*ICC(3,k) – Two-way mixed effects model, consistency, mean of 2 observers

AscAo = Ascending aorta; DescAo = Descending Aorta; AbdAo = Abdominal aorta; PWV = pulse wave velocity; ICC = intraclass correlation coefficient

Interobserver Agreement					
Variable	Measure (Obs 1)*	Measure (Obs 2)*	Measure (Obs 3)	ICC**	
Aorta Distance (mm)	AscAo – DescAo	110.64	99.21	107.03	0.97
	DescAo – AbdAo	141.14	141.32	142.96	1.00
	AscAo – AbdAo	251.78	240.53	249.99	0.99
Cartesian PWV (m/s)	7.27	7.85	7.77	0.95	
Standard Radial PWV (m/s)	7.61	7.62	7.79	1.00	
High-Resolution Radial PWV (m/s)	7.71	7.68	7.85	1.00	

\*Reported measures from second analysis time point

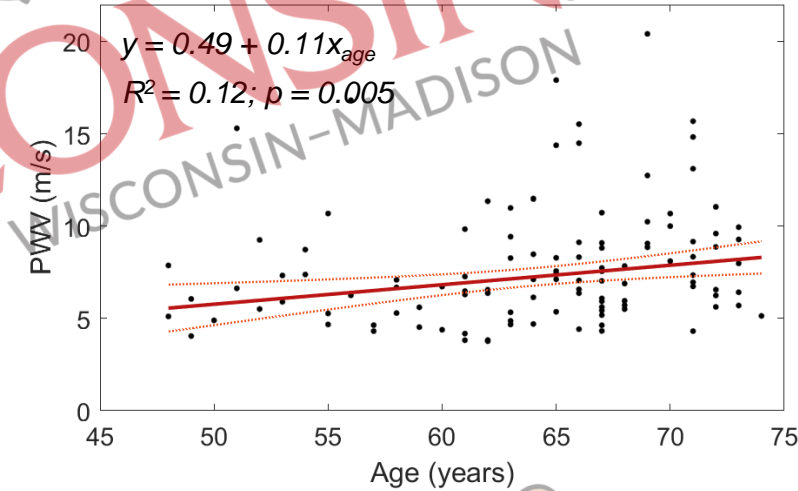
\*\*ICC(3,k) – Two-way mixed effects model, consistency, mean of 2 observers

# Results – PWV vs. Age

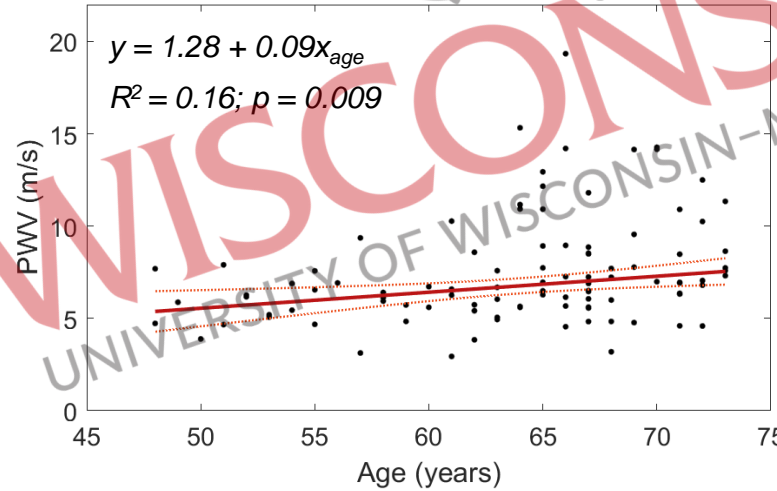


- PWV significantly correlated with age
  - For both breath-hold and free-breathing sequences
  - Regression suggests ~1.0 m/s increase in PWV every decade
    - van Hout et al: 1.0 [0.8-1.3] m/s (N=397)<sup>1</sup>

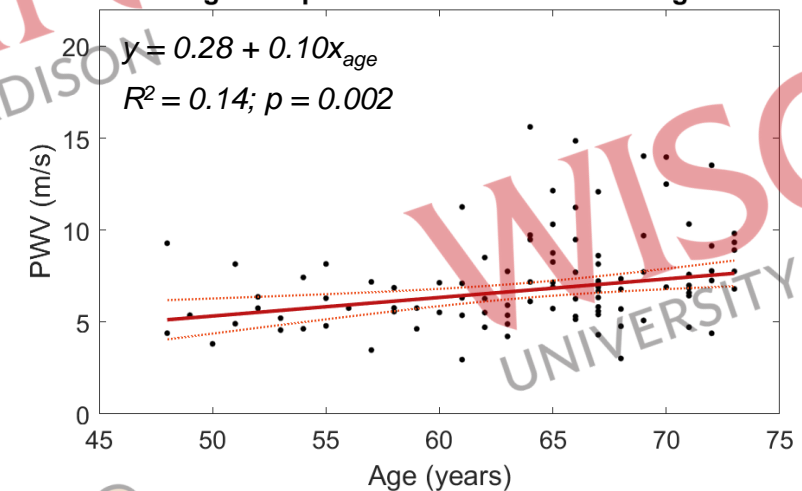
Cartesian PWV vs. Age



Standard Radial PWV vs. Age



High Temporal Res. Radial PWV vs. Age



Visual Watermark

<sup>1</sup>van Hout MJ, et al (2021). *JCMR*. 23(1):46



- Background

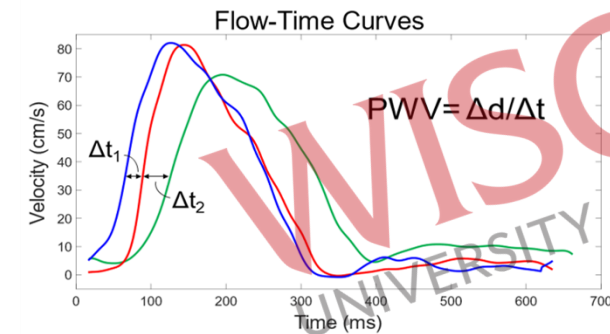
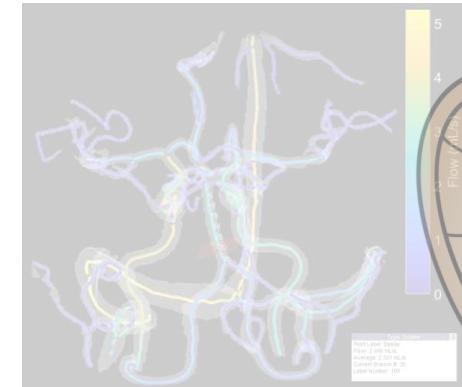
- Part 1: Cranial 4D Flow MRI

- Aim 1: Develop 4D flow MRI tool for efficient flow analysis in the brain
- Aim 2: Establish “normal” intracranial blood flow and pulsatility in 759 older adults

- **Part 2: Aortic Pulse Wave Velocity**

- Aim 3: Implement a free-breathing, radial 2D phase-contrast sequence to assess aortic pulse wave velocity in 150 older adults
- Aim 4: Develop a simultaneous multislice sequence for aortic pulse wave velocity assessment

- Summary



# Aim 4 – Motivation

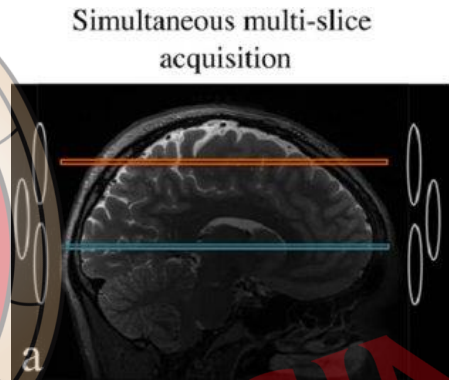


- Simultaneous multislice (SMS) is compelling approach for aortic PWV assessment

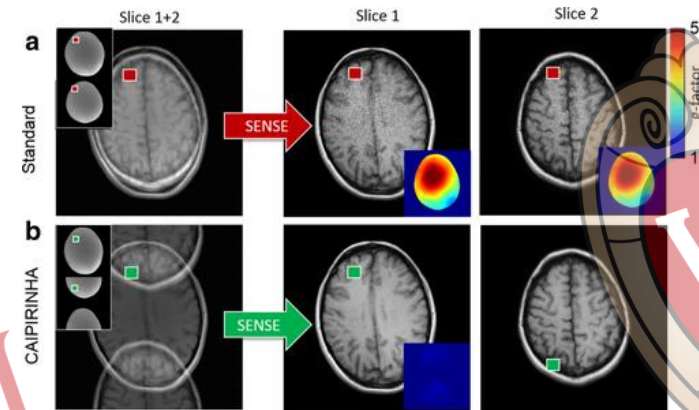
- Allows for imaging 2 slices at once
  - Need multiple receiver coils

- Key benefits:

- Reduce scan time
  - Slight SNR penalty<sup>1</sup>
- Increase physiological consistence
  - Single acquisition
  - Heart rate differences between scans?
  - Gating timing/delays differences between scans?

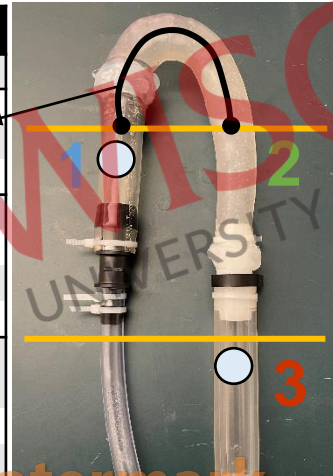


Wu W, et al (2017). *JMRI*. 46(3):646-62



Barth M, et al (2016). *MRM*. 75(1):63-81

In Vitro Results			
Location	Acquisition	Length	PWV
AAo – DAo	CART	169	12.1 ± 2.41
	RAD-LR	169	7.0 ± 0.19
	RAD-HR	169	6.6 ± 1.66
AAo – AbdAo	<b>US</b>	<b>332</b>	<b>8.0 ± 1.09</b>
	CART	291	1.4 ± 0.07
	RAD-LR	291	2.2 ± 0.08
	RAD-HR	291	2.2 ± 0.11
AAo – DAo – AbdAo	CART	291	2.8 ± 0.04
	RAD-LR	291	3.7 ± 0.08
	RAD-HR	291	3.6 ± 0.04



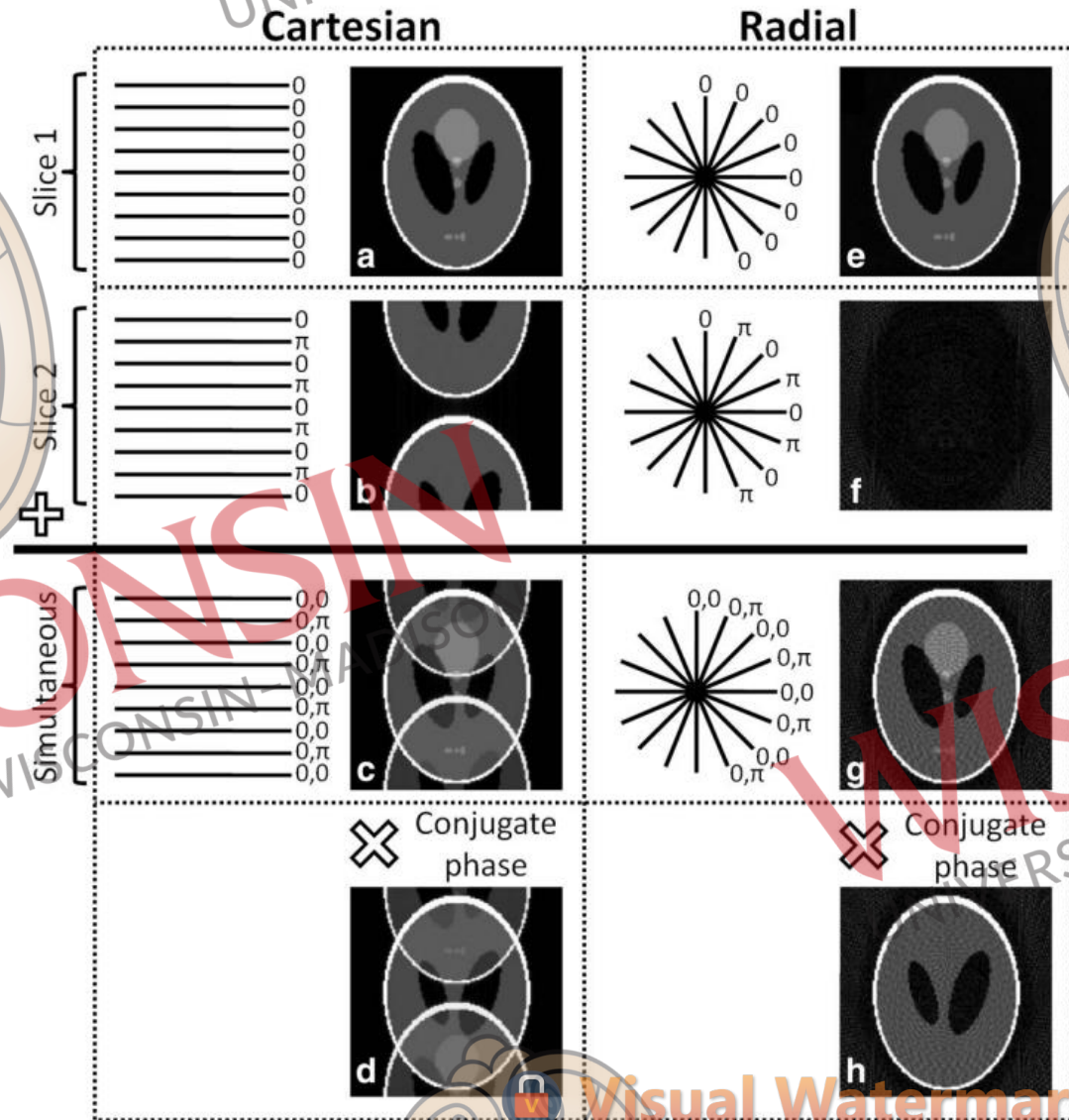
Visual Watermark

<sup>1</sup>Barth M, et al (2016). *MRM*. 75(1):63-81

# Aim 4 – Motivation



- Cartesian SMS
  - Phase “blips” with each alternating phase encode line
    - Intentional shifting
    - Use parallel imaging to recover slices
- Can also be used with radial imaging
  - Introduced by Lutz et al<sup>1</sup>
  - Apply “blips” along sequential radial spokes
    - One slice is either in-phase or out-of-phase
  - Apply conjugate phase pattern to recover phase modulated slices



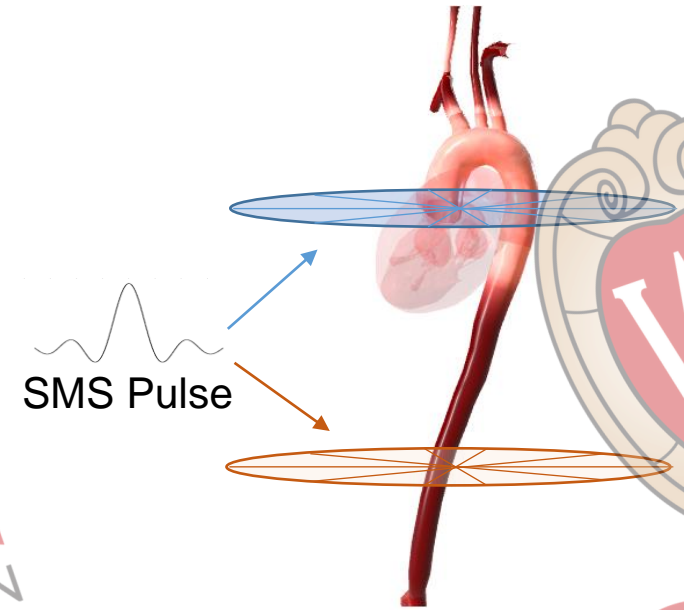
<sup>1</sup>Lutz SR, et al (2011). *MRM*. 65(6):1631



# Aim 4



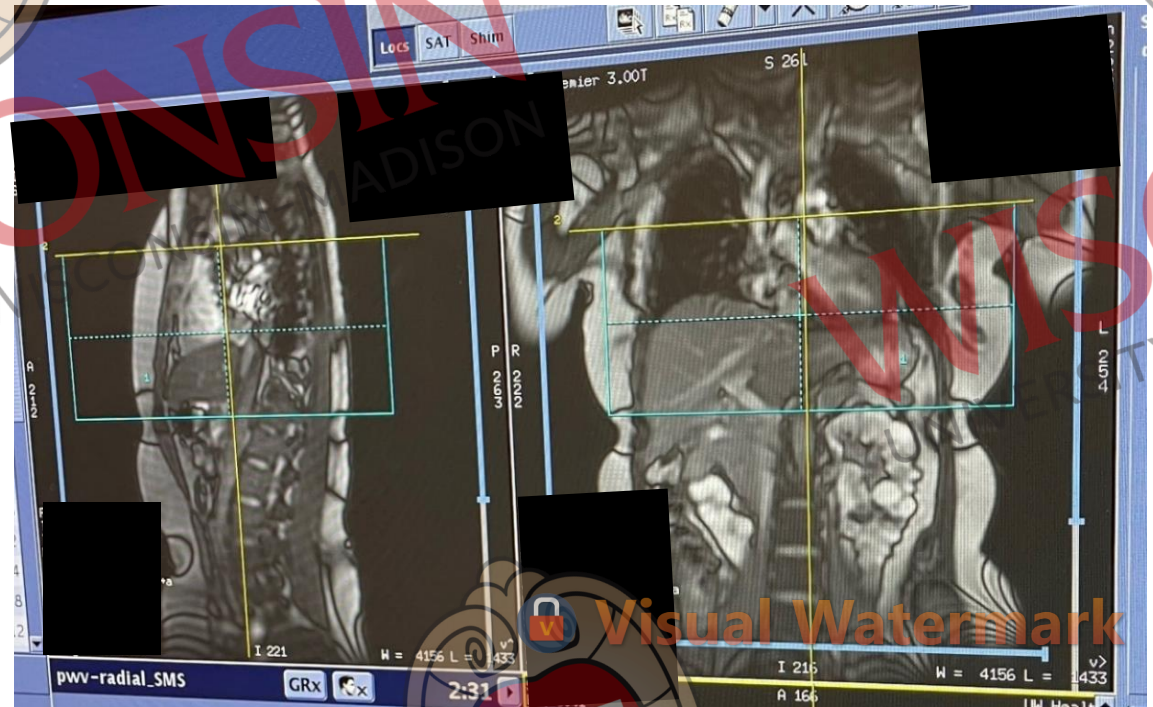
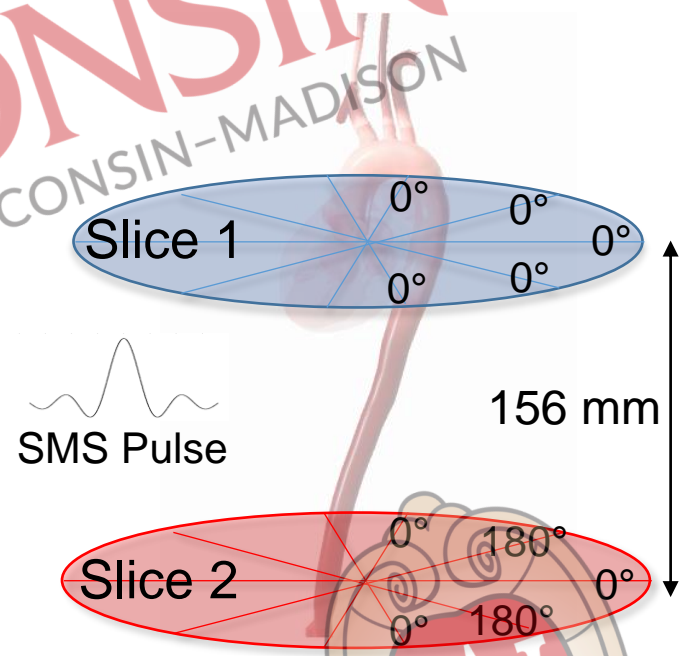
- Implement a free-breathing, radial simultaneous multislice 2DPC sequence
  - Would be the first study to apply this method to study aortic PWV
- Simulation study
  - Assess feasibility of SMS reconstruction
- Validation *in vitro*
  - Identical flow phantom setup as before
- Small *in vivo* pilot study
  - 3 young volunteers
  - 3 LIFE subjects
    - Recently added onto LIFE protocol (December 2022)



# Methods – SMS Pulse Sequence Development



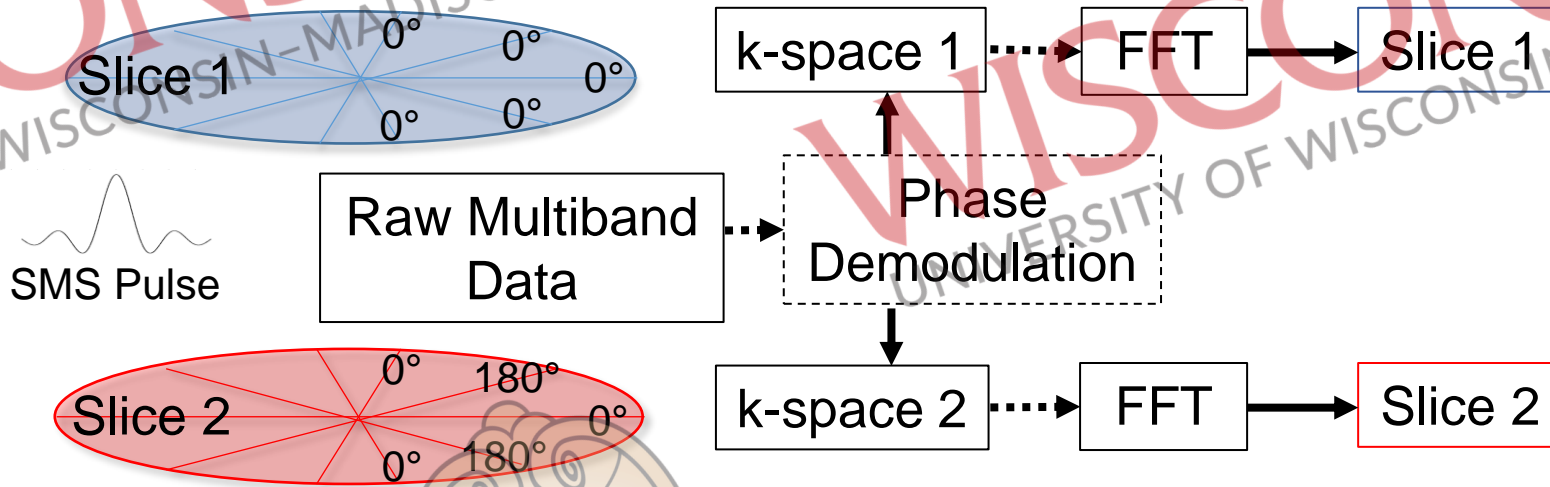
- Pulse sequence implemented in EPIC
  - Built on the 'pcvpr' pulse sequence
  - Phase modulation applied in z-direction (alternating spokes)
    - Golden-angle sampling for cardiac/respiratory gating
- Acceleration factor of 2 used (only 2 slices excited)
- Operated in 3D mode to localize slices
  - Slice separation set at 156 mm



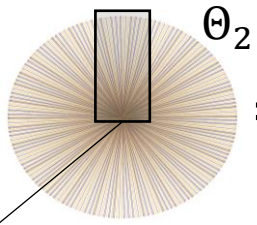
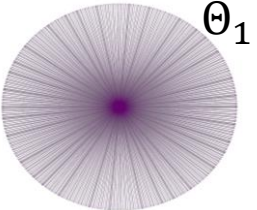
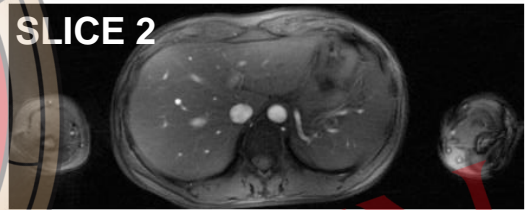
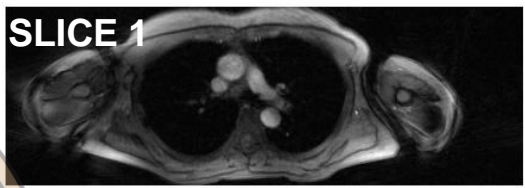
# Methods – SMS Reconstruction



- SMS recon functionality added to our Python reconstruction code
  - [https://github.com/uwmri/flow\\_recon/tree/sms](https://github.com/uwmri/flow_recon/tree/sms)
- Runs two separate recons
  - Different phase demodulation pattern for each reconstruction
  - Parallel Imaging with localized sensitivities (PILS)
  - Coil sensitivity maps obtained from low-resolution, low-pass filtered images
  - 40 time frames

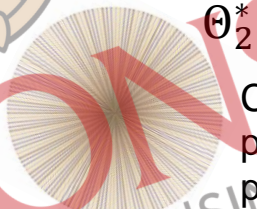
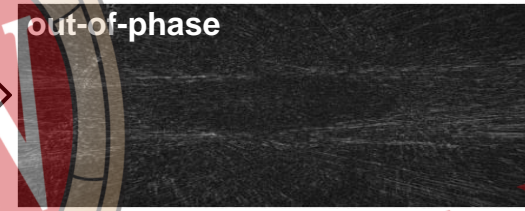
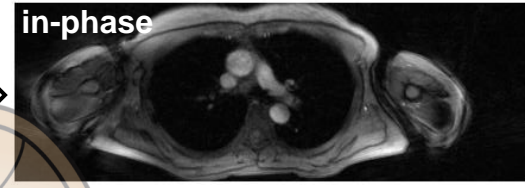
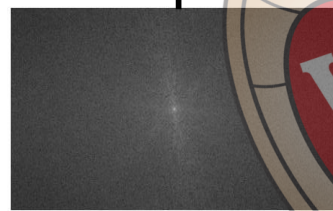
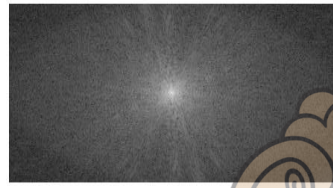
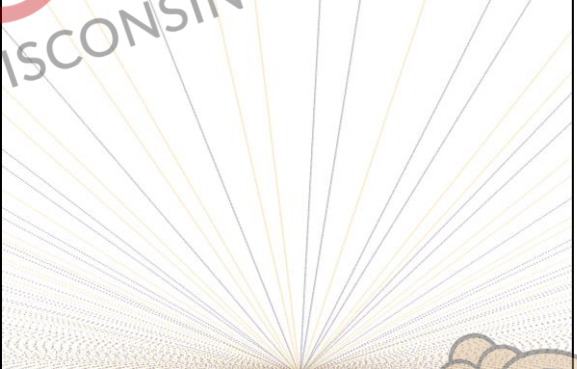


# Results – SMS Simulation

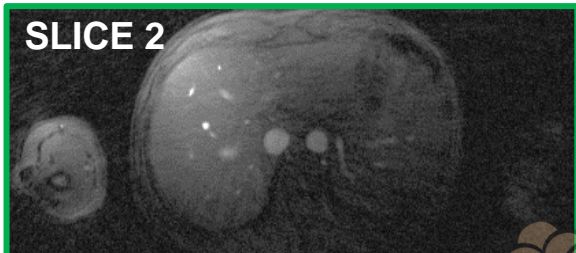
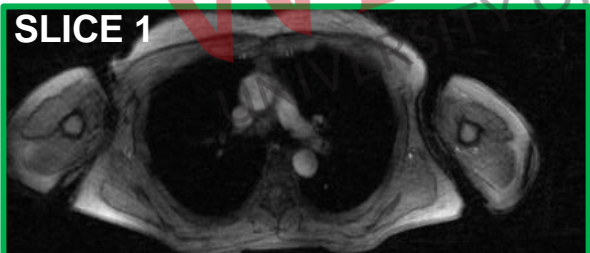


Sampling pattern

$\pi \pi 0 \pi \pi 0 0 \pi 0 0$



Final Images



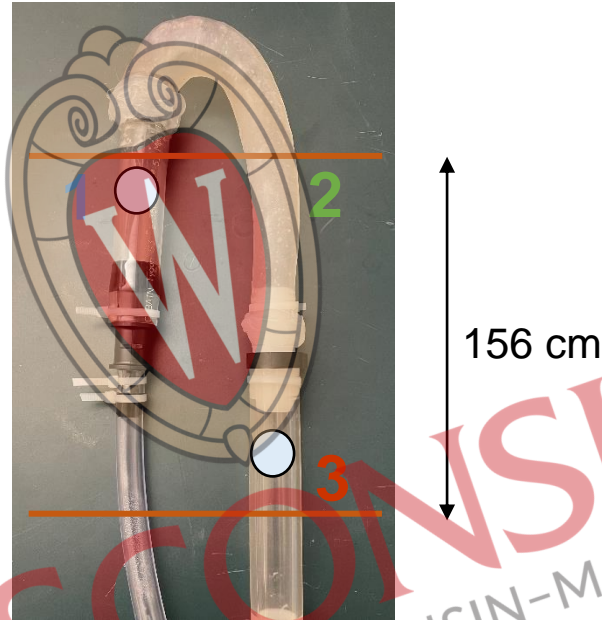
Visual Watermark

# Results – Phantom Study



In Vitro Results			
Location	Acquisition	Length	PWV
AAo – DAo	CART	169	12.1 ± 2.41
	RAD-LR	169	7.0 ± 0.19
	RAD-HR	169	6.6 ± 1.66
	<b>SMS</b>	<b>166</b>	<b>6.0 ± 0.47</b>
AAo – AbdAo	<b>US</b>	<b>332</b>	<b>8.0 ± 1.09</b>
	CART	291	1.4 ± 0.07
	RAD-LR	291	2.2 ± 0.08
	RAD-HR	291	2.2 ± 0.11
	<b>SMS</b>	<b>340</b>	<b>8.1 ± 1.19</b>
AAo – DAo – AbdAo	CART	291	2.8 ± 0.04
	RAD-LR	291	3.7 ± 0.08
	RAD-HR	291	3.6 ± 0.04
	<b>SMS</b>	<b>340</b>	<b>6.9 ± 0.12</b>

Values reported as mean ± standard deviation  
 AAo = ascending aorta, DAo = descending aorta, AbdAo = abdominal aorta,  
 CART = Cartesian, RAD-LR = standard radial reconstruction, RAD-HR =  
 high temporal resolution radial reconstruction, US = ultrasound



# Results – SMS Image Quality



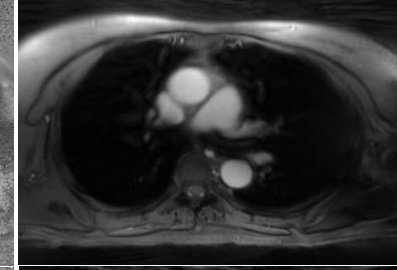
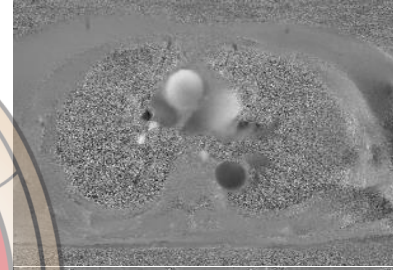
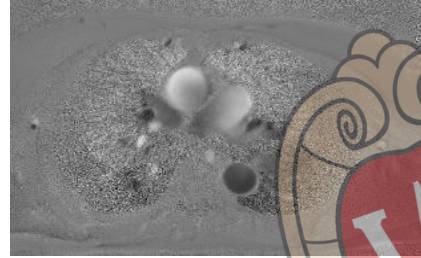
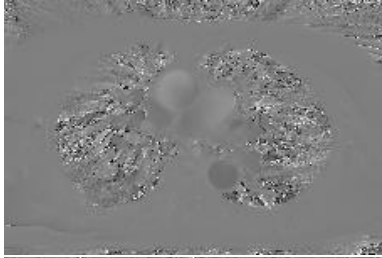
Low-Res Radial

Hi-Res Radial

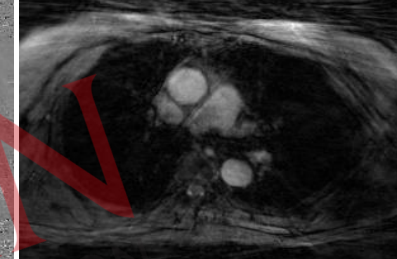
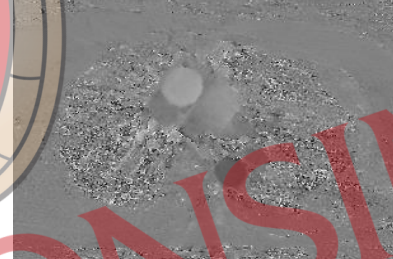
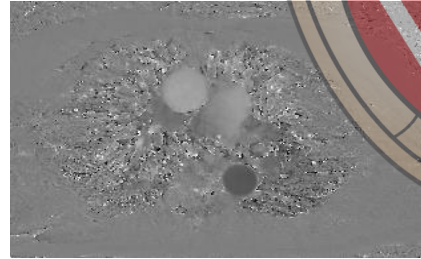
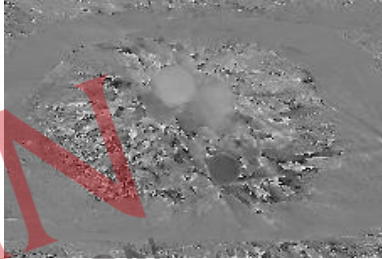
SMS Velocity

SMS Magnitude

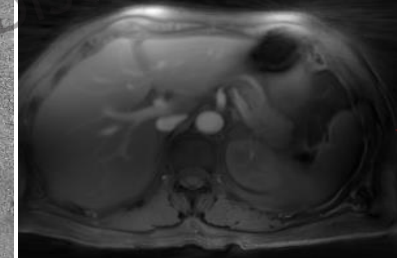
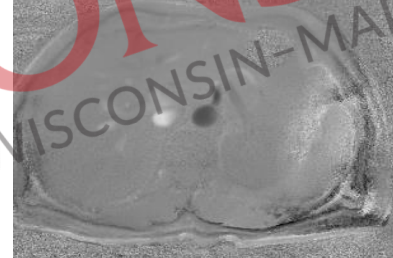
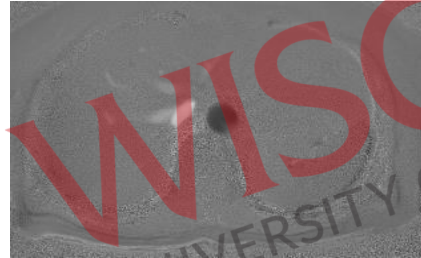
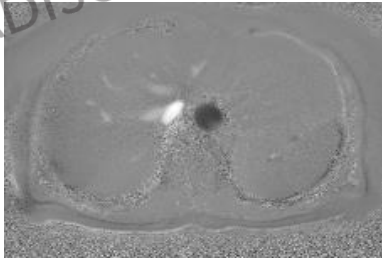
AAo – Mean Velocity



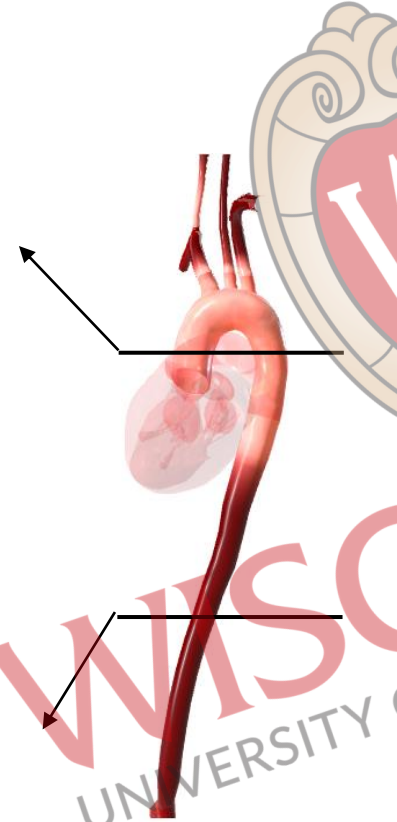
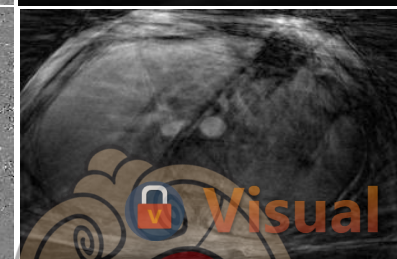
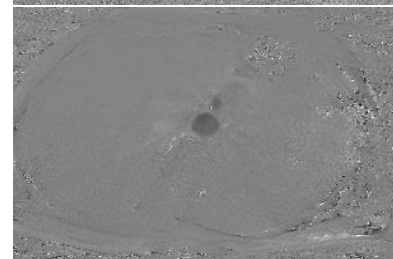
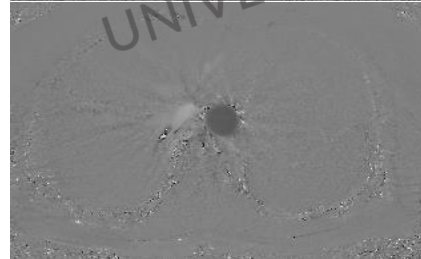
AAo – Single Frame



AbdAo – Mean Velocity

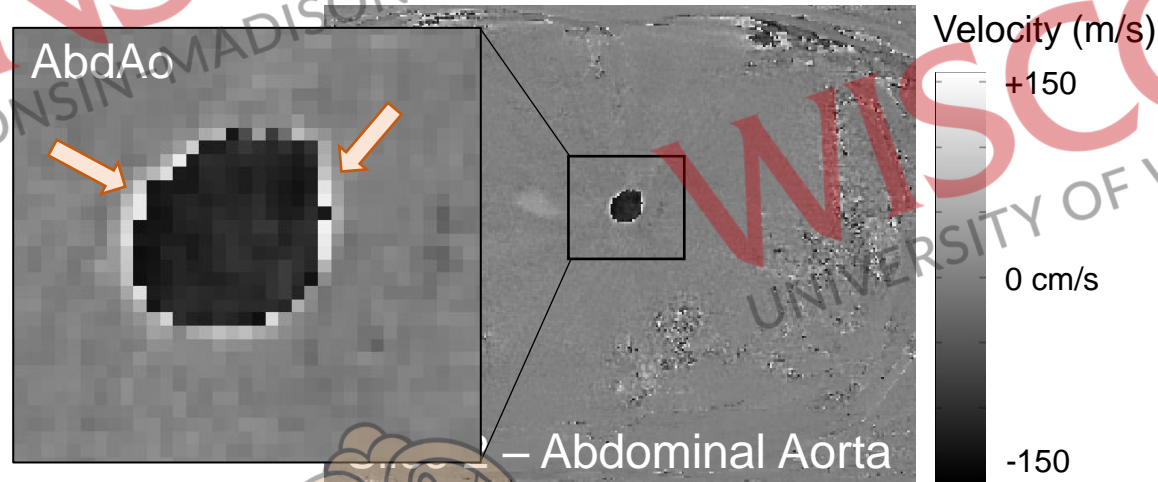
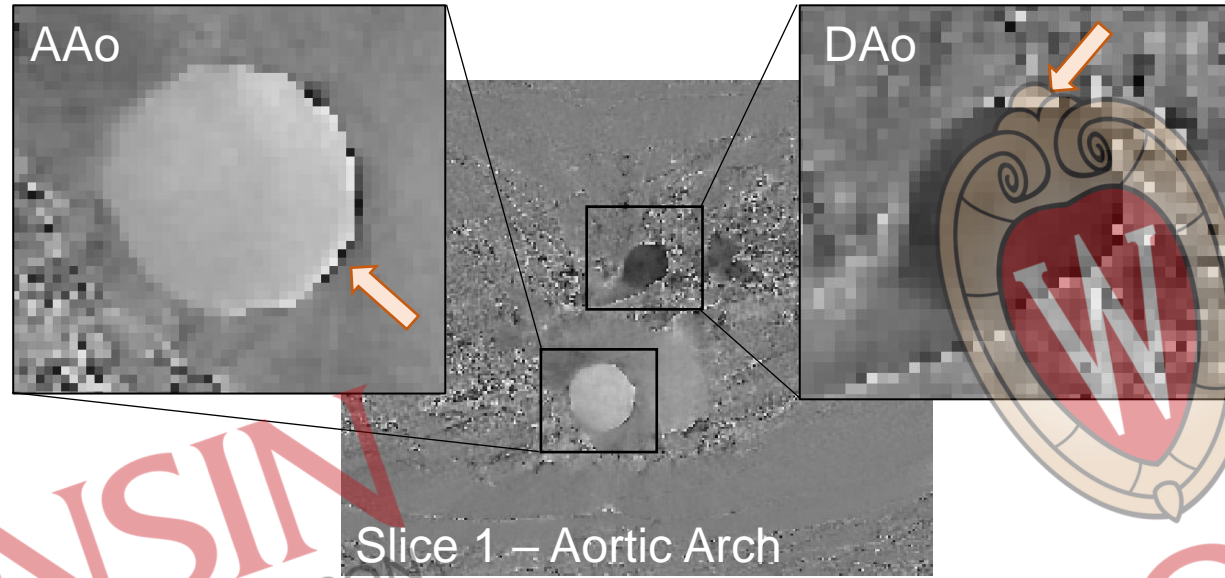


AbdAo – Single Frame



Visual Watermark

# Results – SMS Image Quality



Visual Watermark

# Results – SMS Pilot Study



- Results consistent between acquisitions
  - One outlier Cartesian data point
- PWV lower in younger volunteers

In Vivo Pilot Study						
Participant	Age	Sex	Cartesian	Radial Low-Res	Radial Hi-Res	SMS
VOL001	25	F	8.1	4.5	4.7	4.9
VOL002	19	F	4.2	4.0	3.8	4.6
VOL003	26	M	5.0	4.4	4.2	4.2
life00134	56	F	6.3	-	-	5.7
life00039	64	F	8.1	7.3	7.6	8.9
life00028	68	F	8.6	8.8	8.3	8.8

F = female, M = male, SMS = simultaneous multislice

younger

older

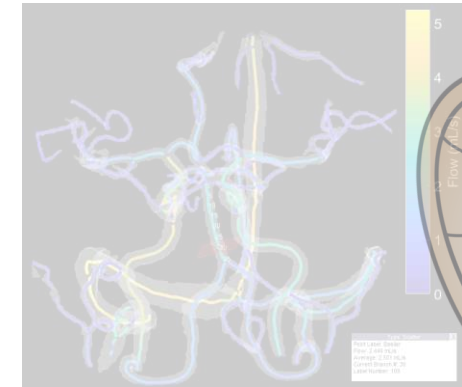




- **Background**

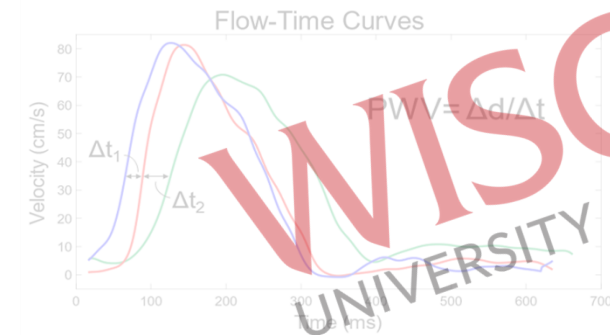
- **Part 1: Cranial 4D Flow MRI**

- Aim 1: Develop 4D flow MRI tool for efficient flow analysis in the brain
- Aim 2: Establish “normal” intracranial blood flow and pulsatility in 759 older adults



- **Part 2: Aortic Pulse Wave Velocity**

- Aim 3: Implement a free-breathing, radial 2D phase-contrast sequence to assess aortic pulse wave velocity in 150 older adults
- Aim 4: Develop a simultaneous multislice sequence for aortic pulse wave velocity assessment



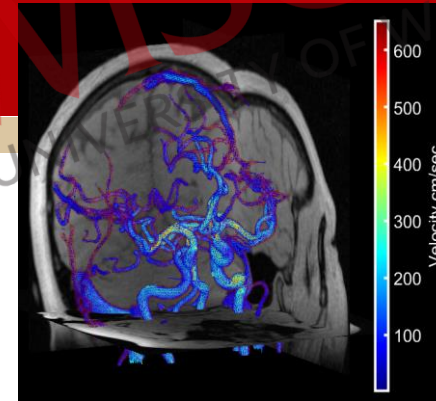
- **Summary**

# Summary



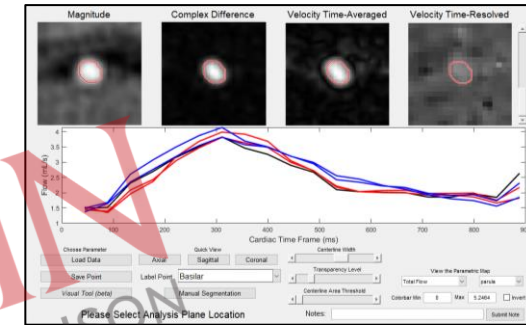
- **4D flow MRI**

- Powerful method for obtaining 3D velocity fields in vivo
- Blood velocities, blood flow rates, pulsatility index, etc.



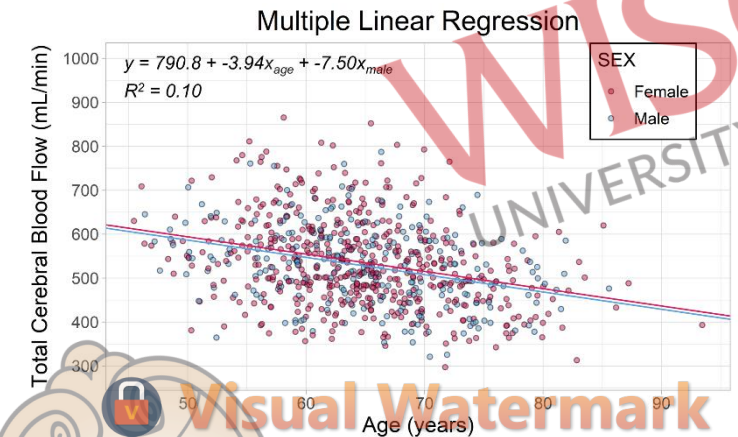
- Aim 1: Developed cranial 4D flow MRI analysis tool

- Interactive 3D vessel selection and visualization
- **Accurate segmentation** and flow quantification
- Flow measures **repeatable** and **internally consistent**
- **Fast flow analysis** in brain



- Aim 2: Established “normative” intracranial flow and pulsatility in 759 cognitively healthy older adults

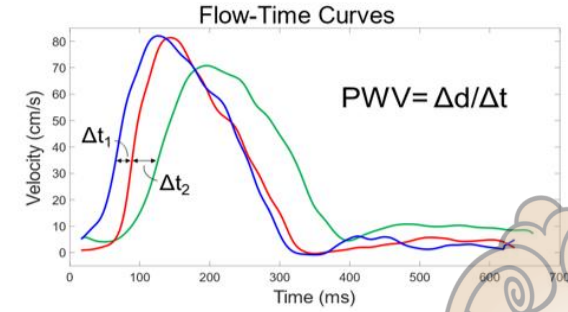
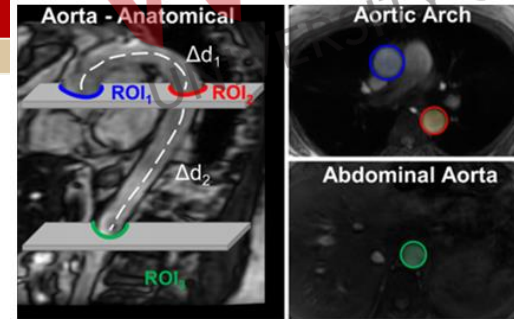
- One of the largest 4D flow MRI studies to date
- **Strong age dependence** on flow and pulsatility



# Summary

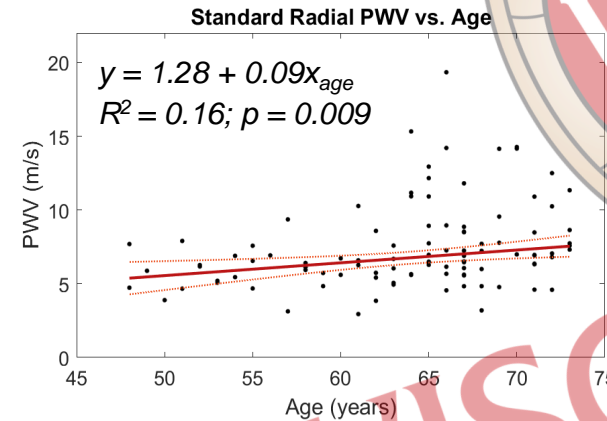
- **2D Phase Contrast (2DPC) MRI**

- Can be used to assess aortic pulse wave velocity as a measure of aortic stiffness



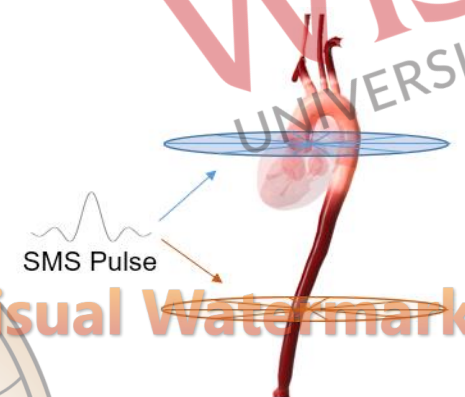
- Aim 3: Implemented a free-breathing radial 2DPC sequence for assessing aortic stiffness

- LLR recon increased temp. resolution while maintaining image quality
- Radial and Cartesian acquisitions didn't align well with US
- Poor pairwise correlation between Cartesian and radial in vivo
- PWV measures **correlated with age**, were **repeatable**, and were **consistent with previous studies**



- Aim 4: Developed a simultaneous multislice sequence for aortic pulse wave velocity assessment

- **Reduced scan time by half** with excellent image quality
- **Better agreement with ground truth ultrasound PWV**
- Acquiring data in single scan **improves physiological consistency**



# Other Projects – Virtual Injection



## MAGNETIC RESONANCE IN MEDICINE

Computed flow trajectories from in-vivo 4D Flow data acquired from a subject with a temporoparietal arteriovenous malformation. Seed points "virtual injections" were placed in silico in the left internal carotid artery (green), right internal carotid artery (red) and basilar artery (blue), shown overlaid on MIP angiograms, with blood flow streamlines calculated at various subsequent time points using an algorithm that accounts for displacement and fluid constraints, from the article by Roberts et al. (pp. 2495–2511).

ISMRM ONE COMMUNITY FOR CLINICIANS AND SCIENTISTS

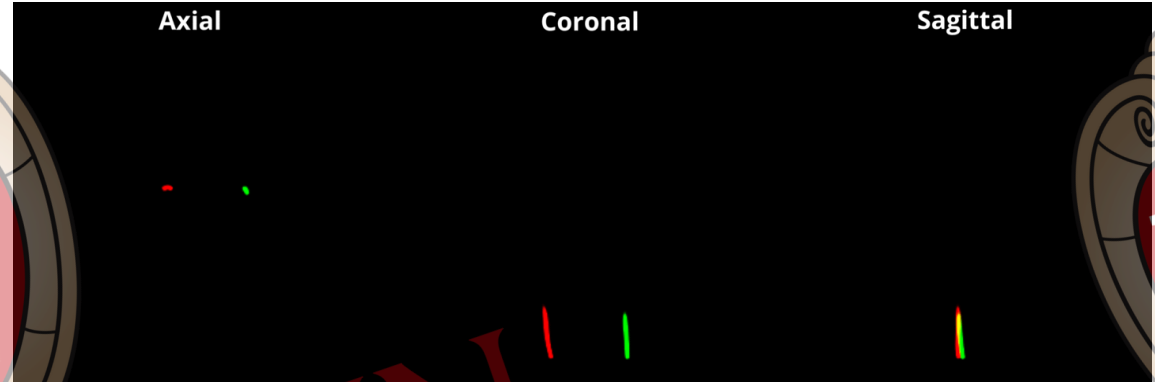
WILEY

AN OFFICIAL JOURNAL OF THE INTERNATIONAL SOCIETY FOR MAGNETIC RESONANCE IN MEDICINE

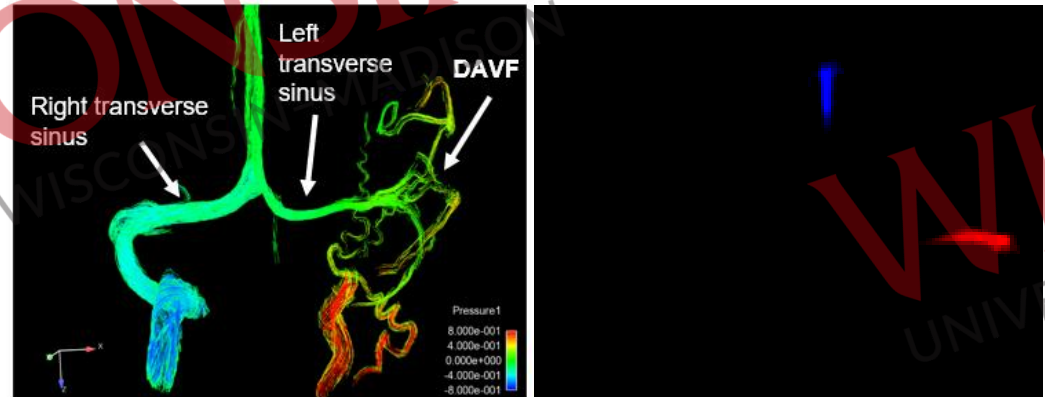


Mike Loecher

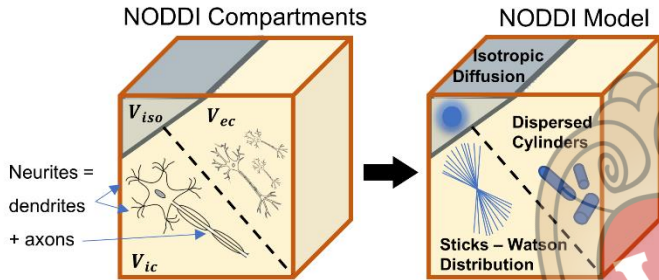
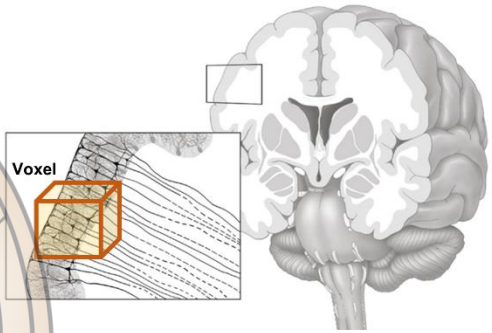
## Healthy Volunteer



## Dural Arteriovenous Malformation



# Other Projects – NODDI vs. 4D Flow MRI



Doug Dean III



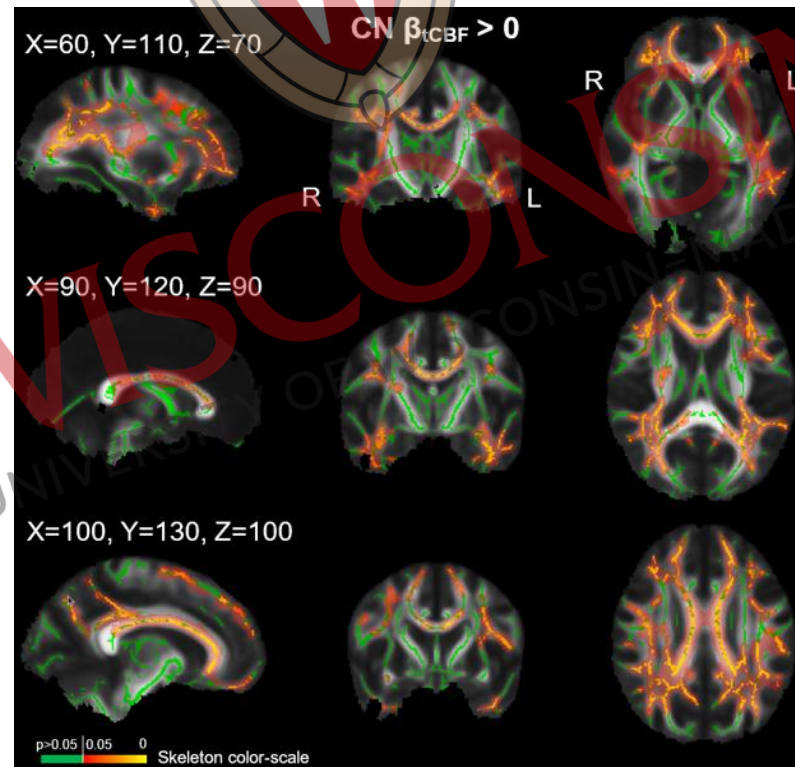
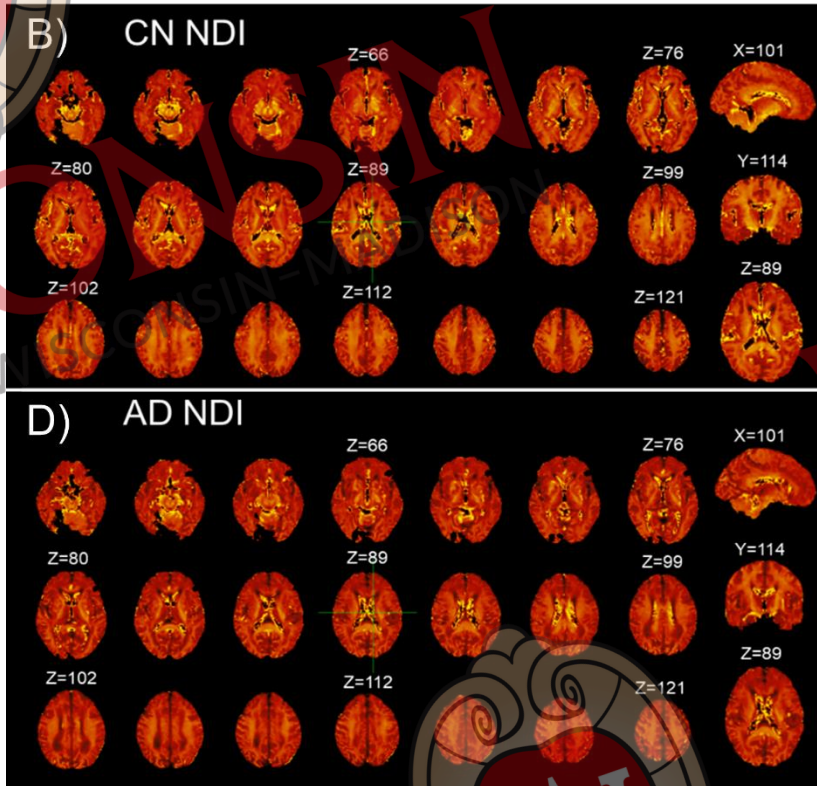
Andy Alexander



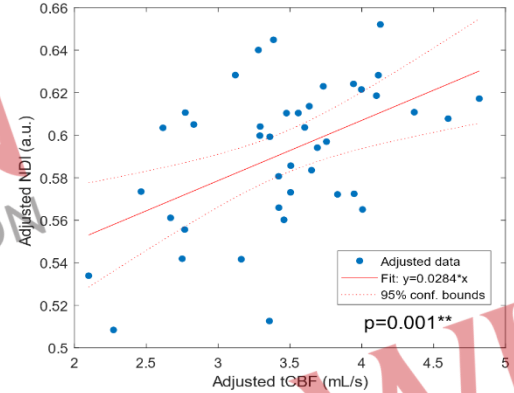
Jason Moody



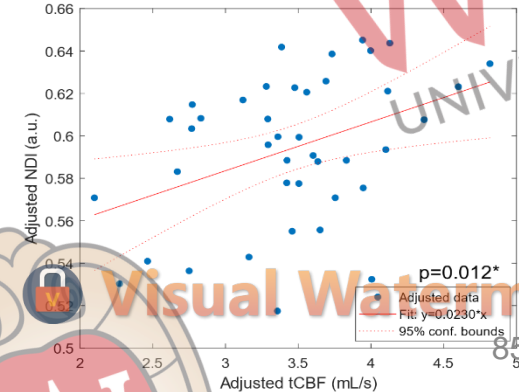
Alma Spahic



Cognitively Normal - Right Superior Longitudinal Fasciculus



Cognitively Normal - Left Superior Longitudinal Fasciculus

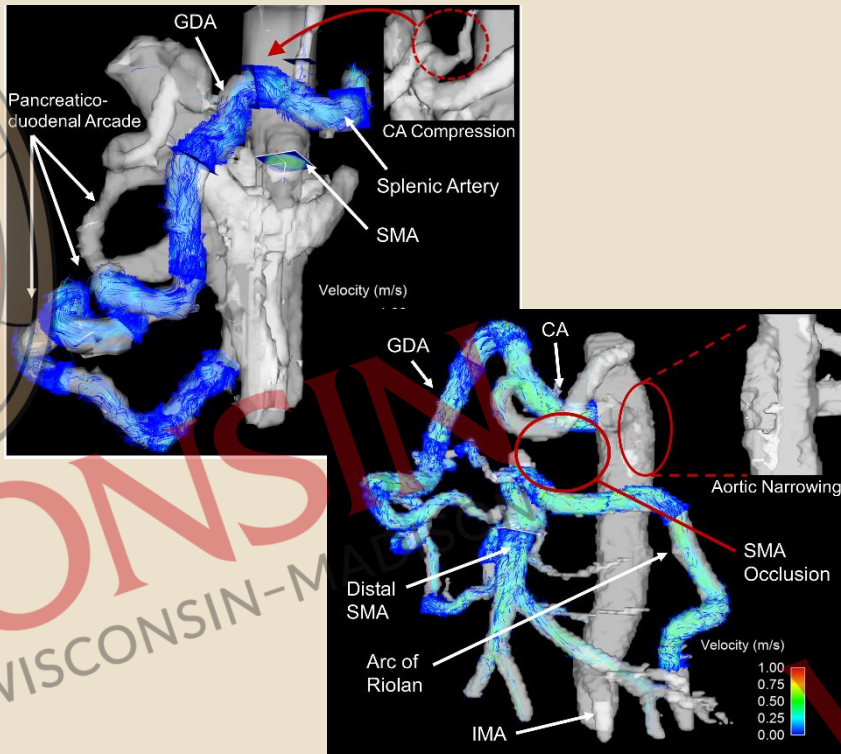


Visual Watermark

# Other Projects Not Covered



## Chronic Mesenteric Ischemia



Alejandro Roldan



Chris Francois

Roberts GS, et al (2021). *Abdominal Radiology*. 47(5):1684-98

## Abdominal 4D Flow MRI



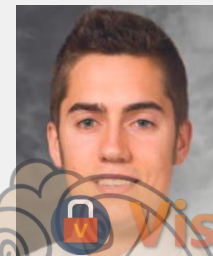
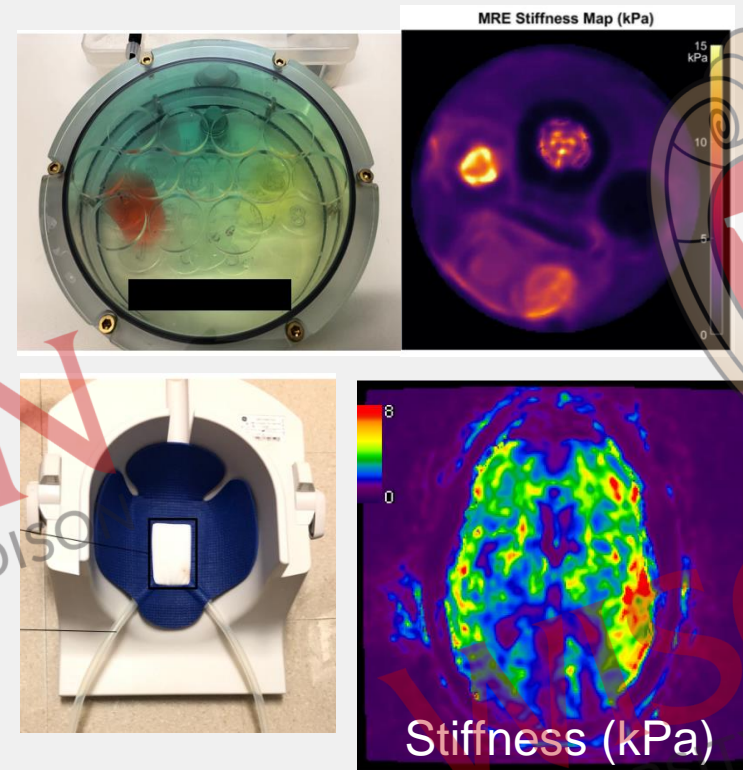
Scott Reeder



Thekla Oechtering

- Oechtering TH, Roberts GS, et al (2022). *Magn Reson Med Sci*. 21(3):340-53
- Oechtering, TH, Roberts GS, et al (2022). *Abdom Radiol*. 47(9):3229-3250

## Brain MR Elastography



David Rutkowski



Leonardo Rivera-Rivera



## Published and Accepted Manuscripts

1. **Roberts, G. S.\***, Hoffman, C. A.\*, Rivera-Rivera, L. A., Berman, S. E., Eisenmenger, L. B., & Wieben, O (2023). “Automated Hemodynamic Assessment for Cranial 4D Flow MRI”. *Magnetic Resonance Imaging*. 10.1016/j.mri.2022.12.016.
2. **Roberts, G. S.**, Peret, A., Hoffman, C. A., Kosciak, R. L., Jonaitis, E. M., Rivera-Rivera, L. A., Cody, K. A., Rowley, H. A., Johnson, S. C., Wieben, O., Johnson, K. M., & Eisenmenger, L. B (2023). “Normative Cerebral Blood Flow and Pulsatility in Cognitively Unimpaired Older Adults using 4D Flow MRI”. *Accepted to Radiology*.
3. **Roberts, G. S.\***, Loecher, M. W.\*, Spahic, A., Johnson, K. M., Turski, P. A., Eisenmenger, L. B., & Wieben, O. (2022). “Virtual Injections Using 4D Flow MRI with Displacement Corrections and Constrained Probabilistic Streamlines”. *Magnetic Resonance in Medicine*. 10.1002/mrm.29134.
4. **Roberts, G. S.**, François, C. J., Starekova, J., Roldán-Alzate, A., & Wieben, O. (2021). Non-invasive assessment of mesenteric hemodynamics in patients with suspected chronic mesenteric ischemia using 4D flow MRI. *Abdominal Radiology (New York)*, 10.1007/s00261-020-02900-0.
5. Oechtering, T. H., **Roberts, G. S.**, Panagiotopoulos, N., Wieben, O., Reeder, S.B., & Roldan-Alzate, A. (2022). Clinical Applications of 4D Flow MRI in the Portal Venous System. *Magnetic Resonance in Medical Sciences*. 10.2463/mrms.rev.2021-0105
6. Oechtering, T. H., **Roberts, G. S.**, Panagiotopoulos, N., Wieben, O., Roldan-Alzate, A., & Reeder, S. B. (2021). Abdominal Applications of Quantitative 4D Flow MRI. *Abdominal Radiology*. 10.1007/s00261-021-03352-w.
7. Macdonald, J. A., **Roberts, G. S.**, Corrado, P. A., Beshish, A. G., Barton, G. P., Goss, K. N., Eldridge, M. W., Francois, C. J., & Wieben, O. (2021). Irregular Right Heart Flow Dynamics in Children and Young Adults Born Preterm. *Journal of Cardiovascular Magnetic Resonance*, 10.1186/s12968-021-00816-2.
8. Capel, K. W., **Roberts, G. S.**, Kuner, A. D., Manunga, J., Chang, W., Spahic, A., Peret, A., Wieben, O., Johnson, K. M., & Eisenmenger, L. B. Beyond Time-of-Flight MRA: Review of Flow Imaging Techniques. *Accepted to Neurographics*.
9. Eisenmenger, L. B.\*, Peret, A.\*, **Roberts, G. S.**, Spahic, A., Tang, C., Kuner, A., Grayev, A., Field, A., Rowley, H. A., & Kennedy, T. When Less is More: FAST MR Protocols for Neuroradiology. *Accepted in Radiographics*.
10. Eisenmenger, L. B.\*, Peret, A.\*, Famakin, B. M., Spahic, A., **Roberts, G. S.**, Bockholt, H. J., Johnson, K. M., & Paulsen, J. S. (2022). Vascular Contributions to Alzheimer’s Disease. *Translation Research*, 10.1016/j.trsl.2022.12.003.

## Independent Funding

2021–2023 National Institute on Aging F31 Predoctoral Fellowship: “Multi-Parametric Imaging of Systemic Cardiovascular and Cerebrovascular Health in Alzheimer’s Disease”, NIA F31AG071183



## Manuscripts Under Review or In Preparation

1. Huang, A., **Roberts, G. S.**, Reeder, S. B., & Oechtering, T. H. Reference Values for 4D Flow Magnetic Resonance Imaging of the Portal Venous System. *Submitted to Abdominal Radiology.*
2. Carter, K. J., Ward, A. T., Kellawan, J. M., Harrell, J. W., Peltonen, G. L., **Roberts, G. S.**, Al-Subu, A., Hagen, S. A., Serlin, R. C., Eldridge, M., Wieben, O., & Schrage, W. G. Reduced Resting Macrovascular and Microvascular Cerebral Blood Flow in Young Adults with Metabolic Syndrome: Exploring Mechanisms. *Submitted to JCBFM.*
3. Spahic, A\*, **Roberts, GS\***, Peret, A, Rivera-Rivera, LA, Moody, JF, Dean III, DC, Alexander, AL, Johnson, KM, Johnson, SC, Wieben, O, & Eisenmenger, LB. Assessment of Cerebrovascular Disease and White Matter Neurite Density in Alzheimer's Disease. *To Submit to Journal of Alzheimer's Disease.*
4. Peret, A., **Roberts, G. S.**, Hoffman, C. A., Kosciak, R. L., Jonaitis, E. M., Rivera-Rivera, L. A., Cody, K. A., Rowley, H. A., Johnson, S. C., Wieben, O., Johnson, K. M., & Eisenmenger, L. B. 4D Flow Magnetic Resonance Imaging for the Study of Normal Cerebrovascular Aging in a Large Cohort of Cognitively Normal Older Adults. *To submit to JAMA Neurology.*
5. **Roberts, G. S.**, Rice, J., Breidenbach, B. M., Naren, T., Bernhardt, Z. S., Fondakowski, J. F., Jarchow, M., Lose, S., Pandos, A., Kecskemeti, S., Eisenmenger, L. B., Johnson, K. M., Okonkwo, O., & Wieben, O. Feasibility of Free-Breathing 2D Phase Contrast MRI for Aortic Pulse Wave Velocity Measurements. *Under Consideration for Submission to JCMR.*





## Abstracts Selected for Oral Presentation or Award

1. **Roberts, G. S.**, Peret, A., Rivera-Rivera, L. A., Cody, K. A., Rowley, H. A., Wieben, O., Johnson, S. C., Johnson, K. M., & Eisenmenger, L. B. Defining Normative Cerebral Hemodynamics in Cognitively Healthy Older Adults with 4D Flow MRI. Joint Annual Meeting ISMRM-ESMRMB & SMRT 31st Annual Meeting. 2022 May 7.
2. **Roberts, G. S.**, Rivera-Rivera, L. A., Johnson, K. M., Johnson, S. C., Dean III, D. C., Alexander, A. L., Wieben, O., & Eisenmenger, L. B. Assessment of Cerebrovascular Disease and White Matter Neurite Density in Alzheimer's Disease. 2021 ISMRM & SMRT Annual Meeting & Exhibition; 2021 May 15.
3. **Roberts, G. S.**, Johnson, K. M., Rivera-Rivera, L. A., Kecskemeti, S. R., Okonkwo, O. C., Eisenmenger, L. B., & Wieben, O. Free-Breathing Radial 2D Phase Contrast MRI for Aortic Pulse Wave Velocity Measurements in Healthy Older Adults. Society for Magnetic Resonance Angiography (SMRA) 32nd Annual International Conference; 2020 September 18.
4. **Roberts, G. S.**, Loecher, M. W., Rivera-Rivera, L. A., Turski, P. A., Johnson, K. M., Wieben, O., & Eisenmenger, L. B. Venous Mapping of Vascular Malformations using Cranial 4D Flow MRI. ASNR 58th Annual Meeting of the American Society of Neuroradiology; 2020 May 30.
5. **Roberts, G. S.**, Johnson, K. M., Hoffman, C. A., Eisenmenger, L. B., & Wieben, O. Automating Background Phase Correction in Cranial 4D Flow MRI. Society for Magnetic Resonance Angiography (SMRA) 31st Annual International Conference; 2019 August 27.
6. **Roberts, G. S.**, Francois, C. J., Roldan-Alzate, A., & Wieben, O. Pulsatility and Resistivity Indices in Mesenteric Vasculature in Patients Suspected of Chronic Mesenteric Ischemia using 4D Flow MRI. ISMRM 27th Annual Meeting & Exhibition; 2019 May 11; Montreal, QC, Canada.
7. **Roberts, G. S.**, Roldan-Alzate, A., Francois, C. J., & Wieben, O. Non-Invasive Assessment of Mesenteric Hemodynamics with 4D Flow MRI. Joint Annual Meeting ISMRM-ESMRMB; 2018 June 16; Paris, France.

# Acknowledgements



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Sara Berman, MD

## Reeder Lab

David Harris, PhD  
Thekla Oechtering, MD  
Andrew Huang, MD

## Okonkwo Lab

Sara Lose, MS  
Bri Breidenbach, PhD  
Alyssa Pandos  
Alexandri Moellner, MPH  
Jennifer Oh  
Zach Bernhardt  
Jennifer Fondakowski  
Mackenzie Jarchow  
Talia Brach

## Roldan Lab (CVFD)

Rafael Medero, PhD  
David Rutkowski, PhD  
Timothy Ruesink, PhD  
James Rice

## WIMR Staff

Karl Vigen, PhD  
Kelli Hellenbrand  
Sara John  
Amber Niay  
Mike Lodahl  
Sam Jacobson

## Waisman Center

Steve Kecskemeti, PhD  
Michael Anderle  
Ronald Fisher  
Scott Mikkelson



National Institute  
on Aging

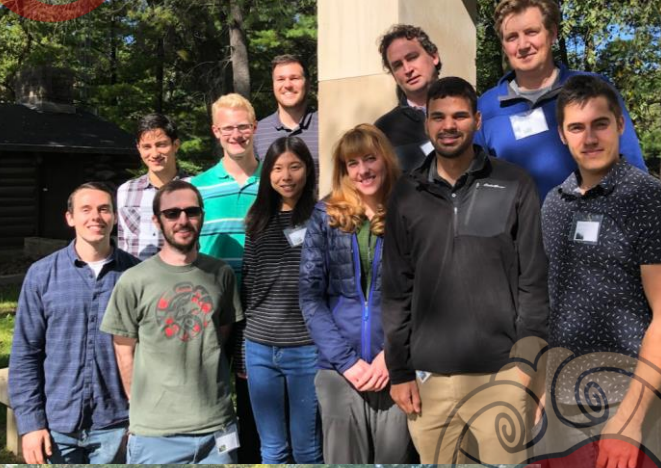


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RESEARCH CENTER



GE Healthcare

**Funding:** The research was supported by the National Institute on Aging (F31AG071183). The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.



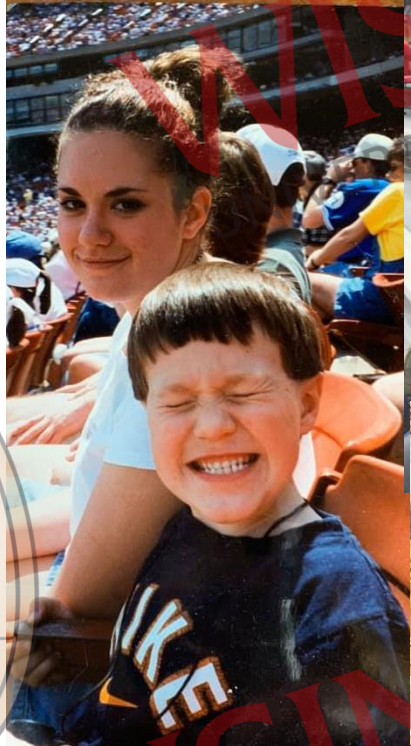
Visual Watermark



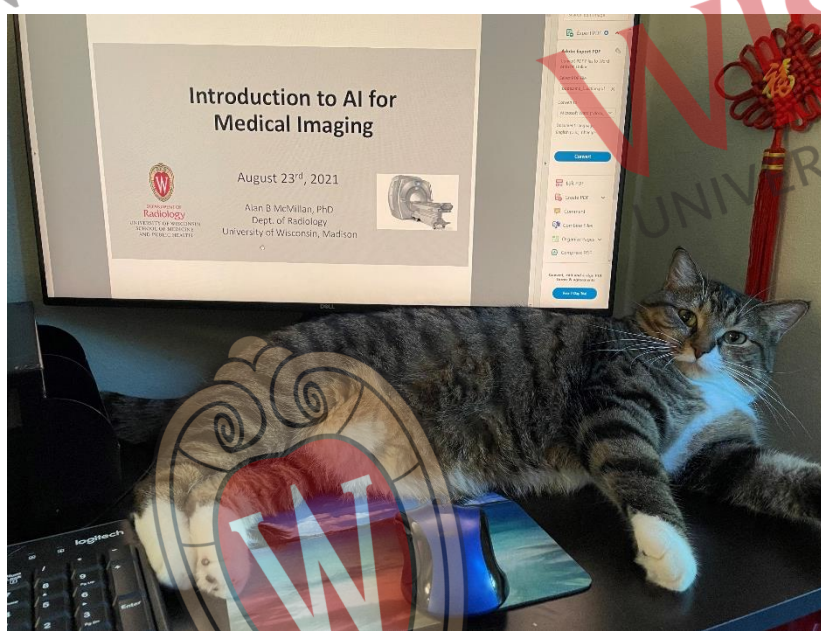
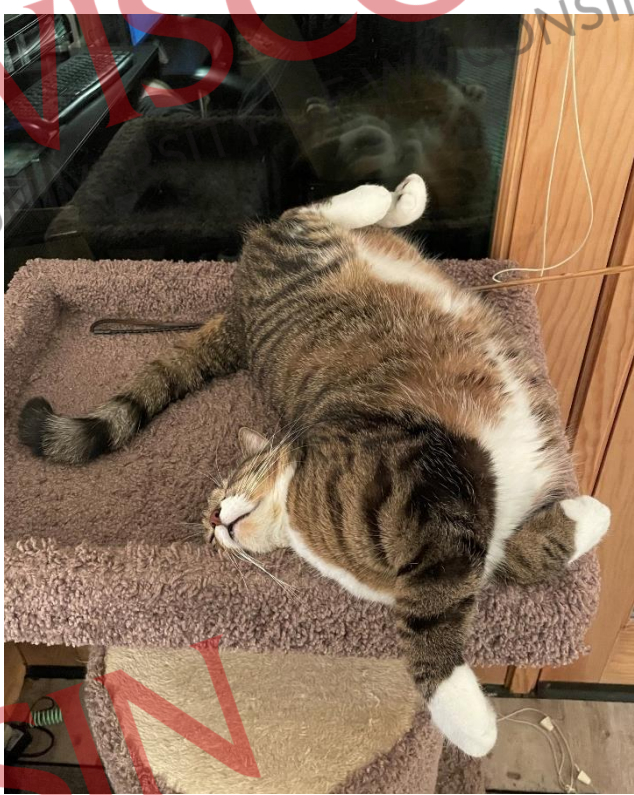
Happy Birthday Lawrence!



Visual Watermark



Visual Watermark



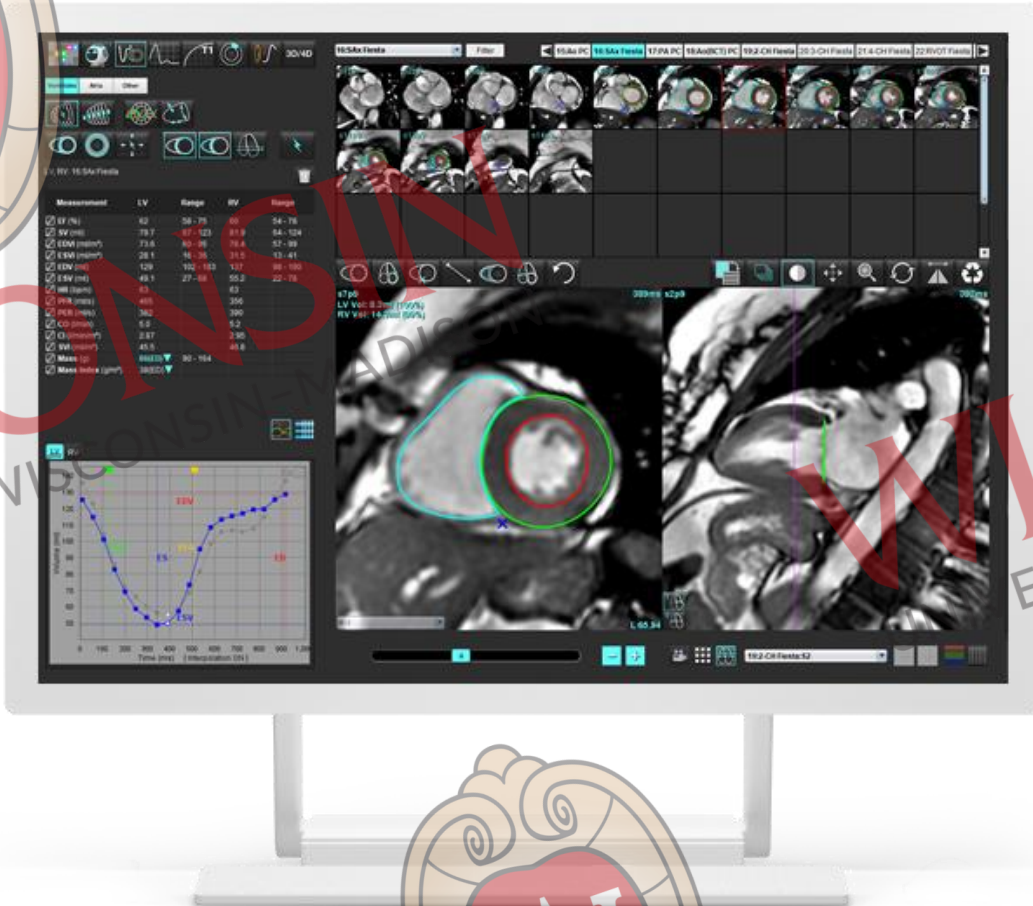
Visual Watermark



# NEOSOFT

Role: Data Scientist

Start: April 3<sup>rd</sup>



Rewaukee

 Visual Watermark

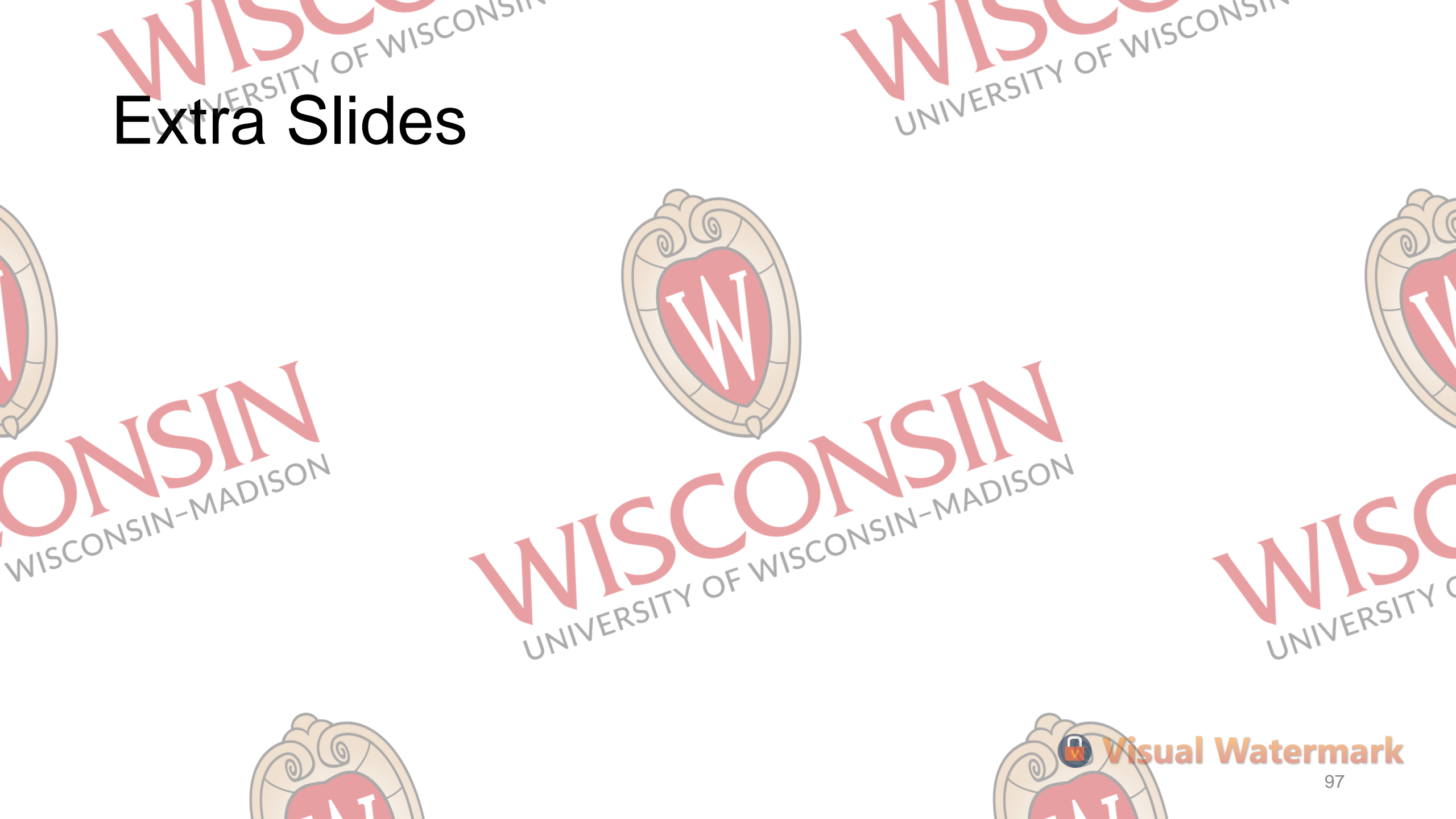


Thanks for listening!

Questions?



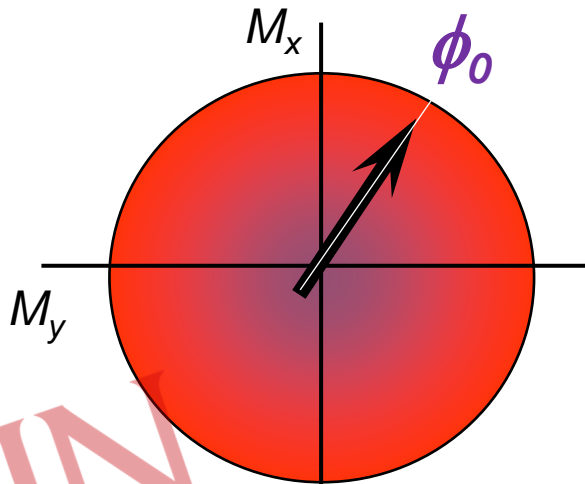
# Extra Slides



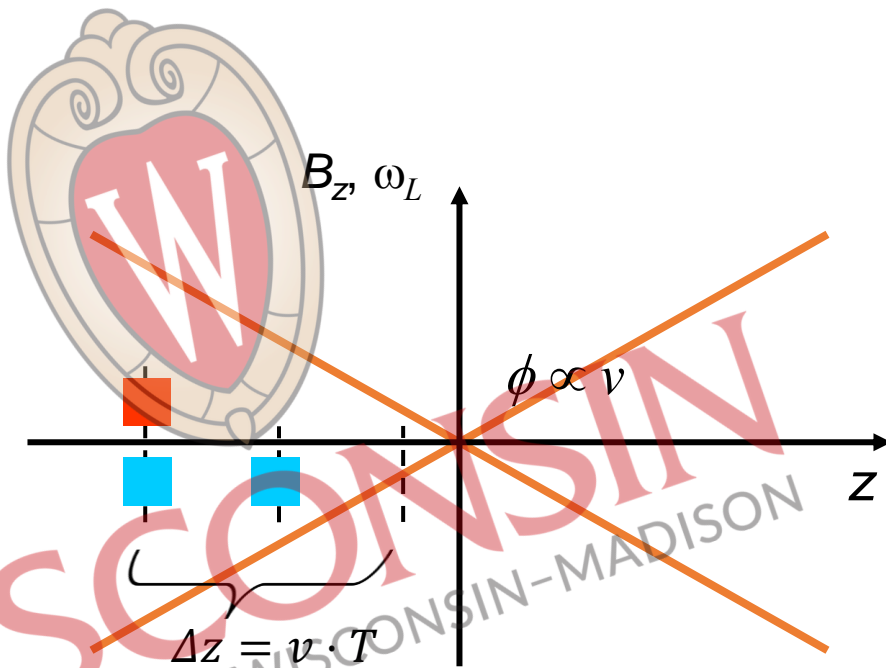
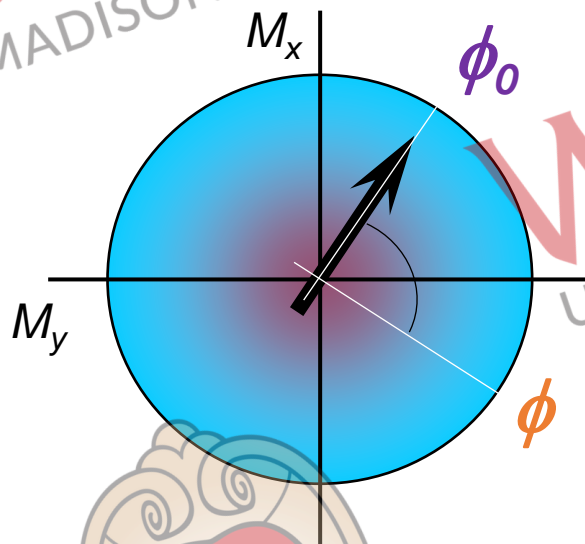
# Phase Contrast MRI



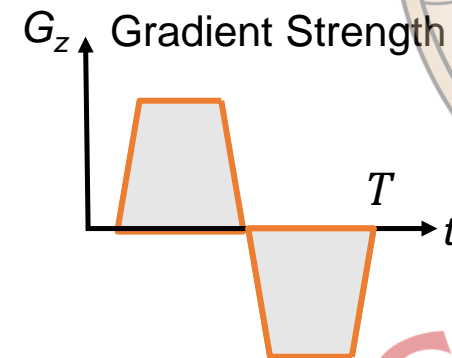
Static Spins



Moving Spins



Bipolar gradient



$$\omega_L = \gamma B_0 + \gamma \Delta B + \gamma (\vec{r}(t) \cdot G_z(t))$$

Main field

Local field

Local gradient and position



# Methods – Automated Post-Processing

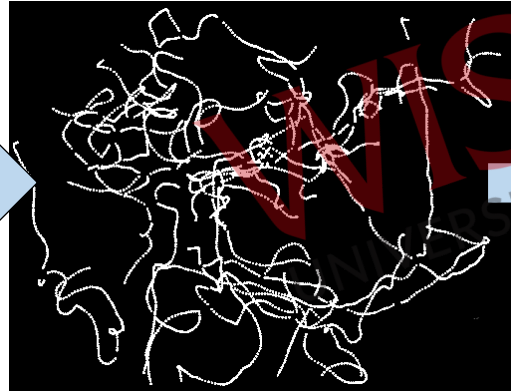


- Outline of automated post-processing steps:
  - Global segmentation
  - Create centerlines (skeletonization)
  - Cut-plane generation
  - In-plane segmentation
  - Calculate hemodynamics

Global Segmentation



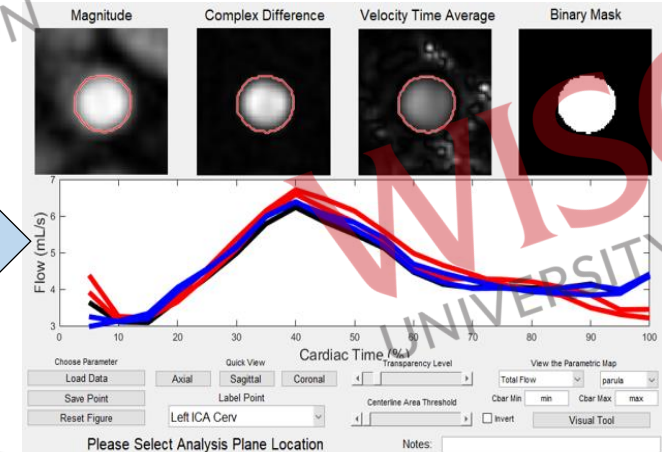
Create Centerlines



Automatic Cut-Planes



Flow Analysis



Visual Watermark

# Methods – Flow Validation



- 4D Flow MRI

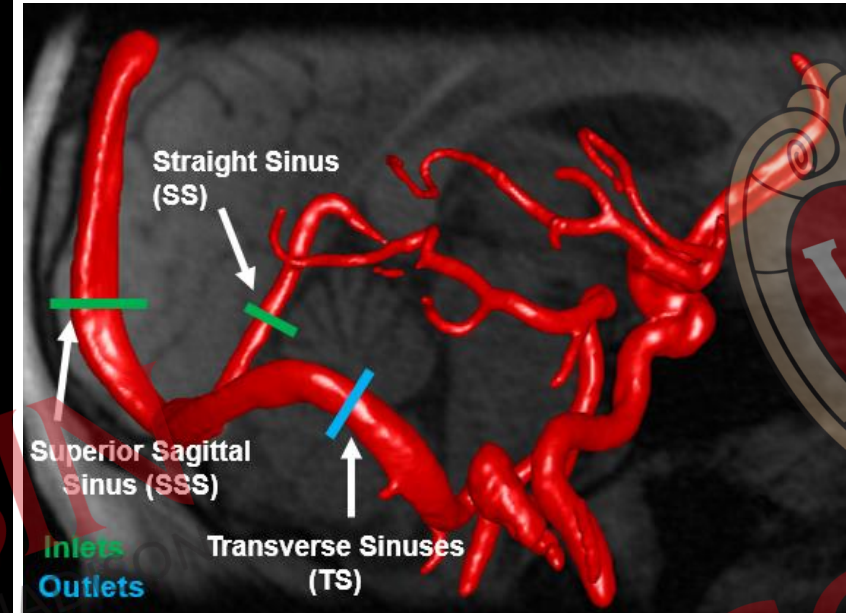
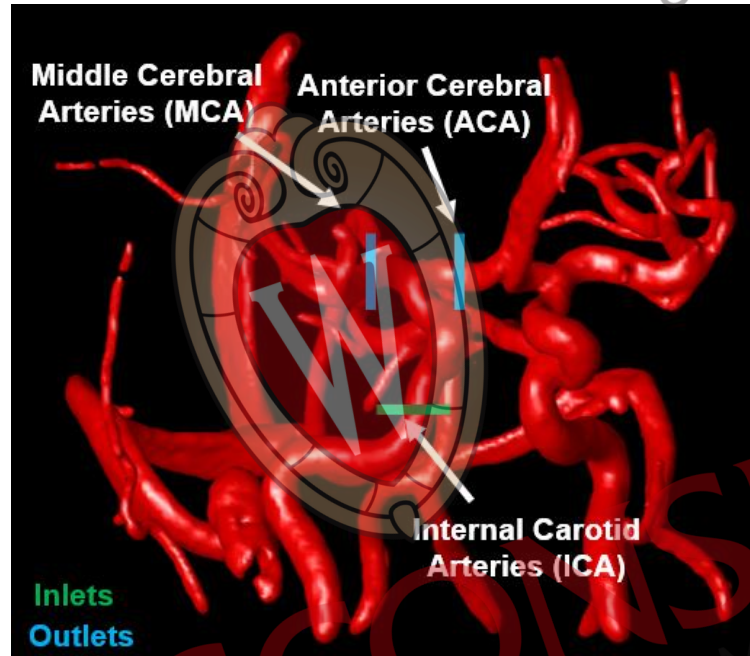
- QVT – Flow Rates

- *In Vitro*

- **Reference: Ultrasound**
- Inlet/Outlet flow
  - 7 flow rates

- *In Vivo*

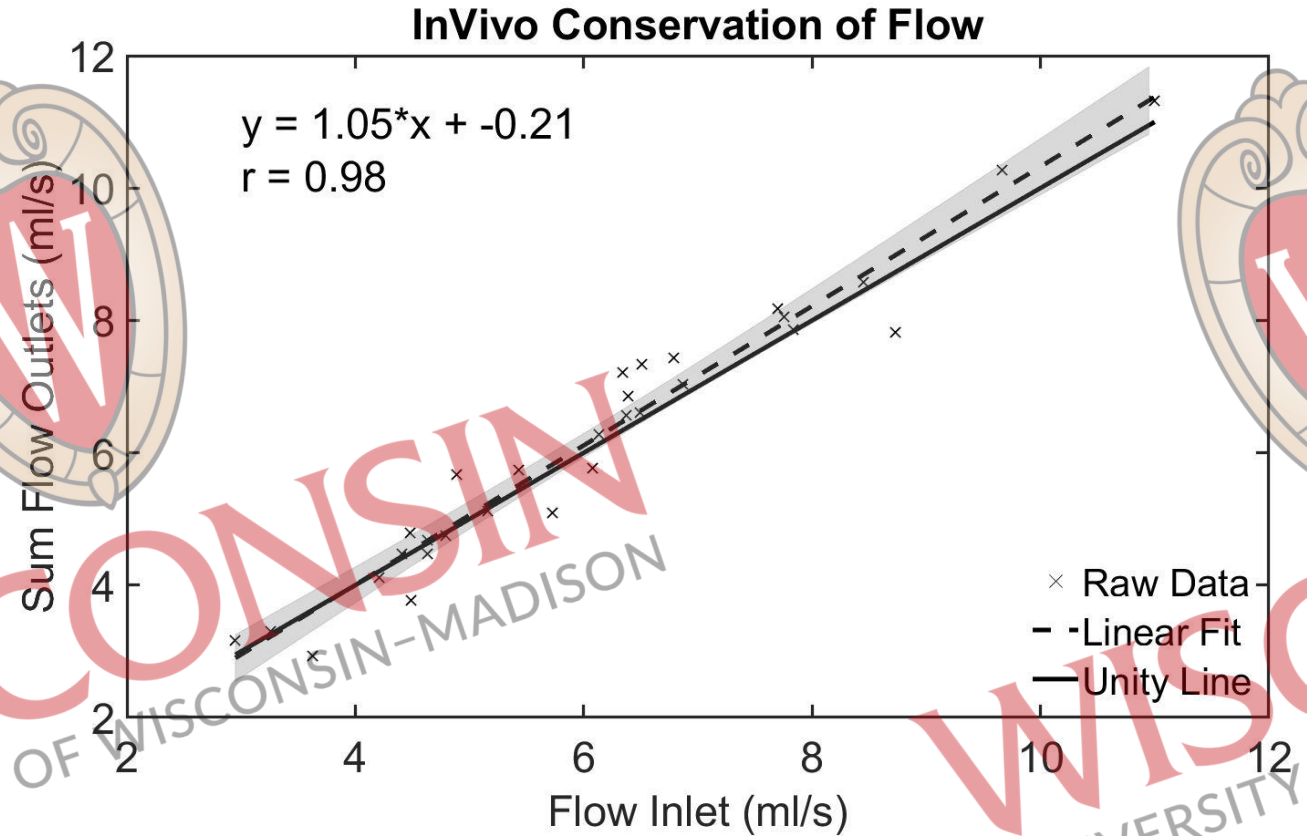
- **Internal Consistency**
- Conservation of flow
  - 3 vessel junctions x 10 subjects
    - LICA = LMCA + LACA
    - RICA = RMCA + RACA
    - SSS + SS = LTS + RTS



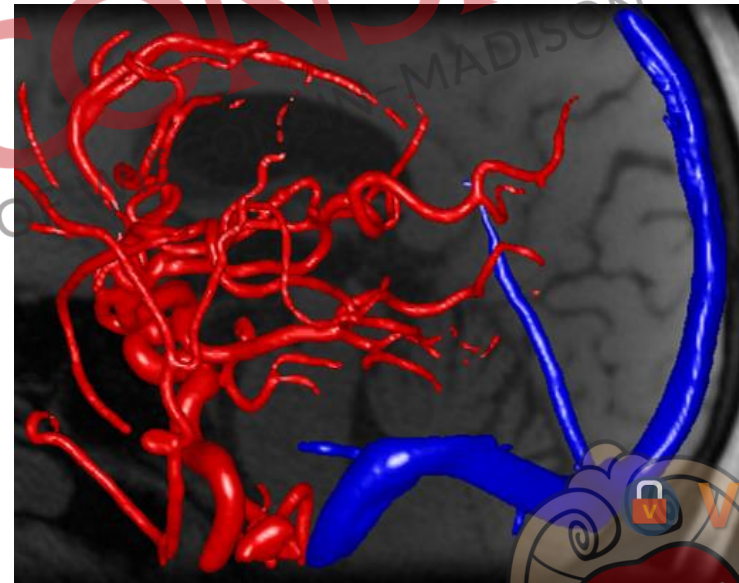
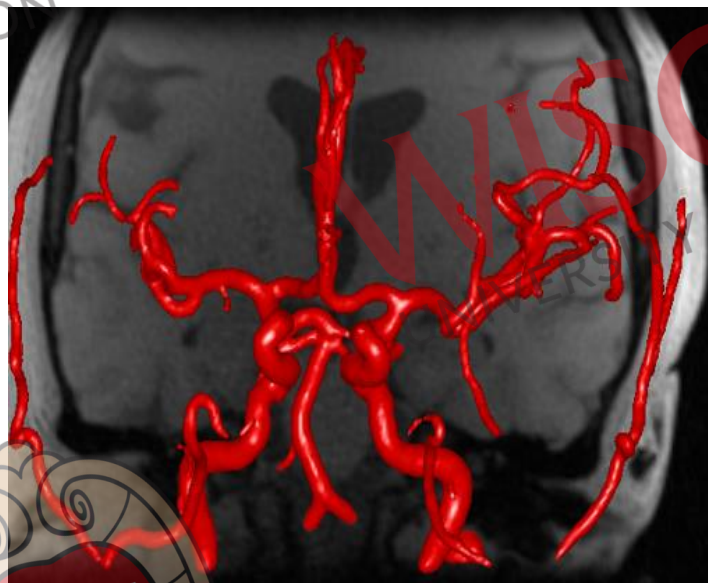
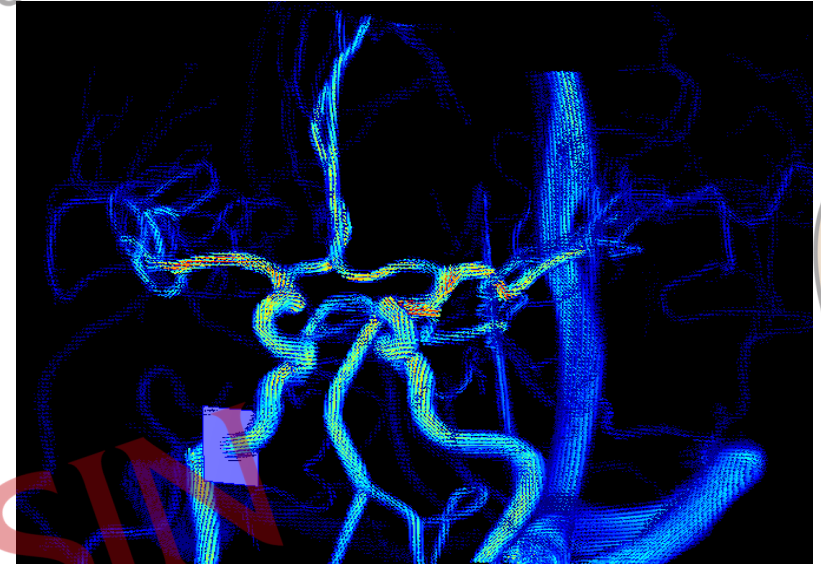
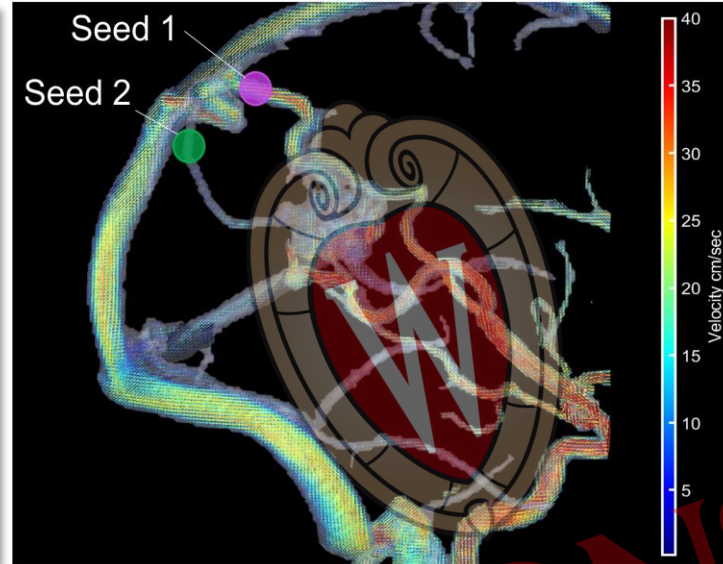
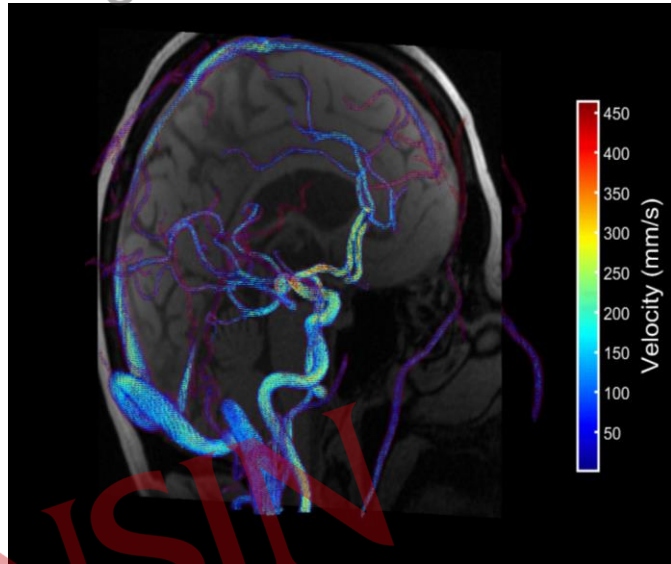


- **Reference: Internal Consistency**

- Conservation of Flow
  - 3 vessel junctions
- Should validate against ground-truth for future studies



# QVT Visualization Features



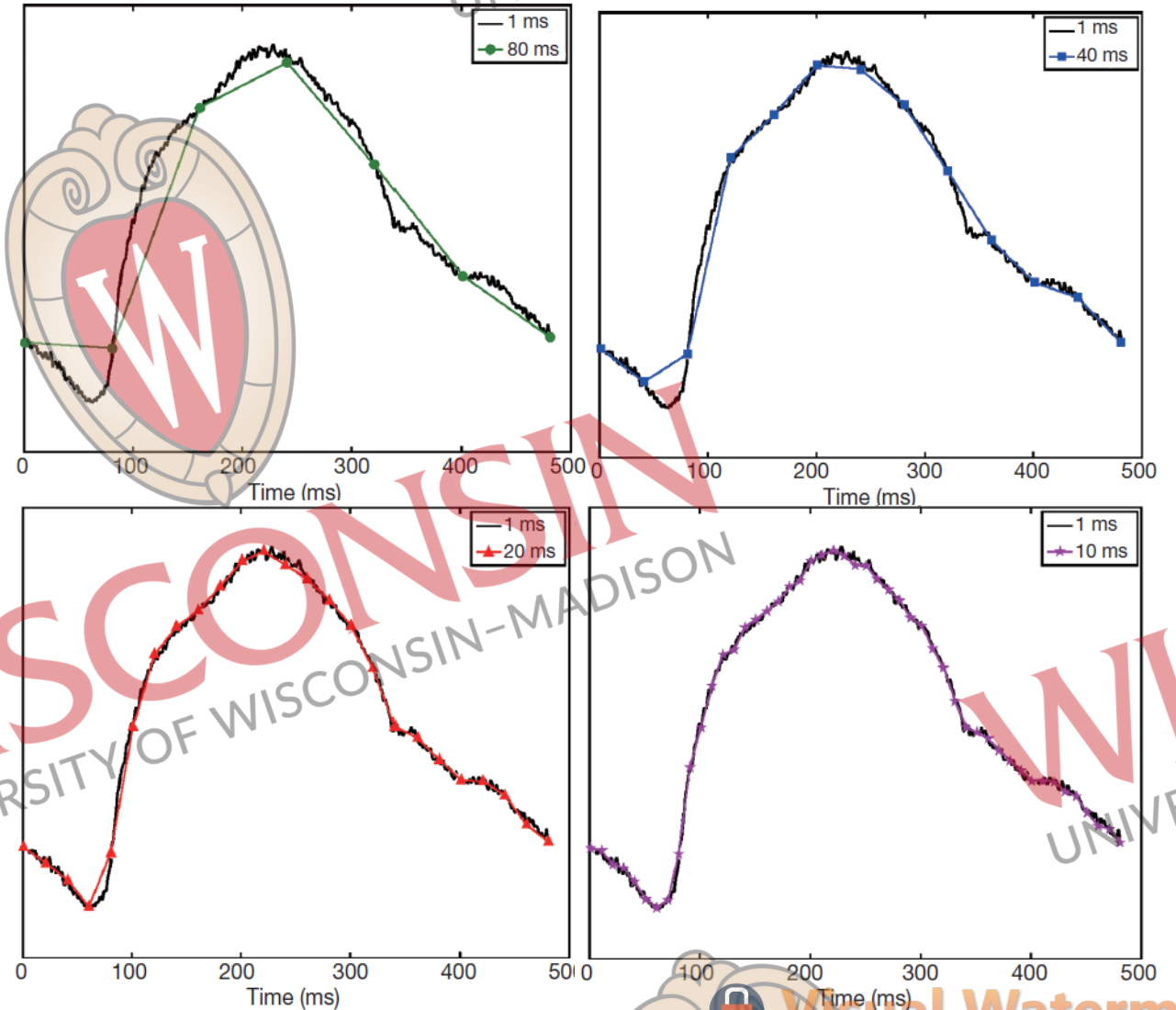
WISCONSIN  
UNIVERSITY OF

Visual Watermark

# Background – Aortic PWV



- Desirable to have:
  - High temporal resolution<sup>1</sup>
    - Accurately depict waveforms
    - Capture high PWV



From: Wentland AL, et al (2014). *Cardiovasc Diagn Ther.* 4(2):193-206

<sup>1</sup>Wentland AL, et al (2014). *Cardiovasc Diagn Ther.* 4(2):193-206

<sup>2</sup>Kroner ESJ, et al (2012). *JMRI.* 36:1470-6



# Methods – Local Low Rank Recon



- Local Low Rank Reconstruction<sup>1,2</sup>

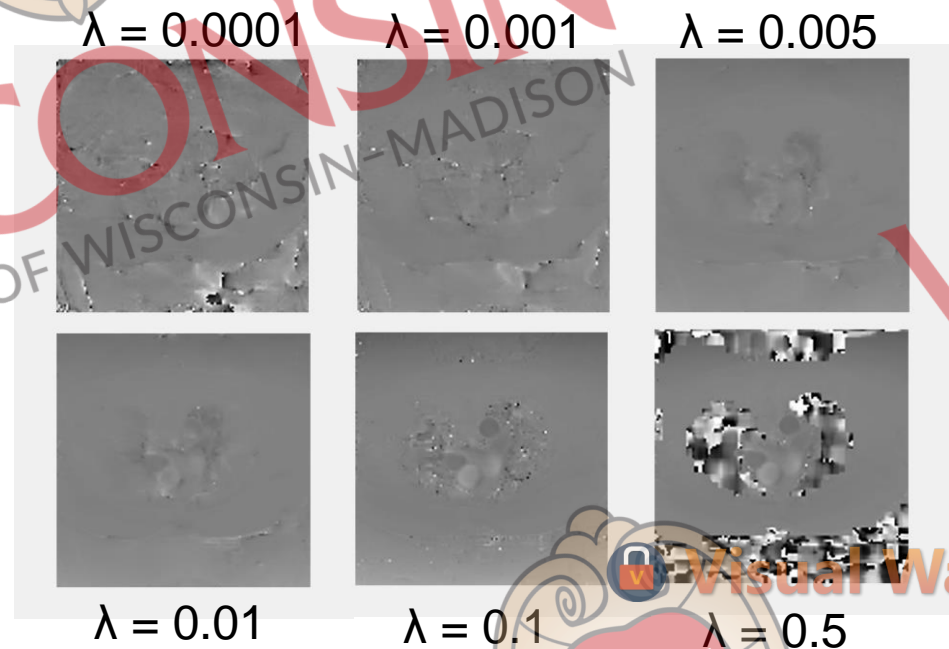
$$\hat{\mathbf{x}} = \min_{\mathbf{x}} \left[ \|\mathbf{A}\mathbf{x} - \mathbf{k}\|_2^2 + \sum \lambda_b \|\mathbf{R}_b \mathbf{x}\|_* \right]$$

Data fidelity term

Temporal sparsity  
(local low rank)

$\hat{\mathbf{x}}$  = optimized image  
 $\mathbf{x}$  = image variable  
 $\mathbf{A}$  = coil-sensitivity, FT, and sampling operator  
 $\mathbf{k}$  = acquired k-space data  
 $\|\cdot\|$  = norm operator  
 $*$  = nuclear norm  
 $\mathbf{R}_b$  = low rank operator acting on  $b_{th}$  local block  
 $\lambda_b$  = rank weighting coefficient

<sup>1</sup>Jimenez JE, et al (2018). *MRM*. 80(4):1452-66  
<sup>2</sup>Rivera-Rivera LA, et al (2021). *JCBFM*. 41(2):298-311

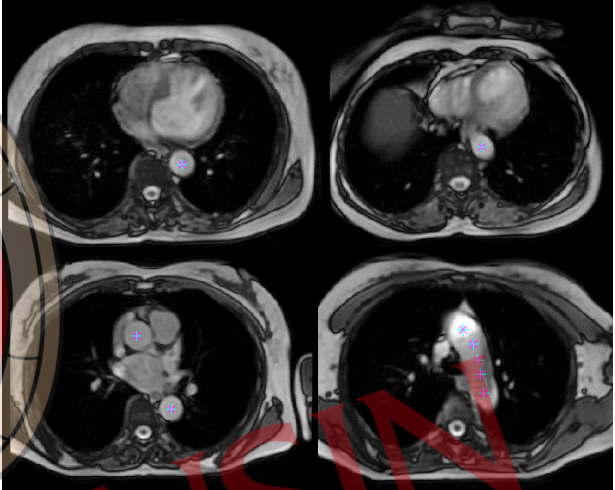


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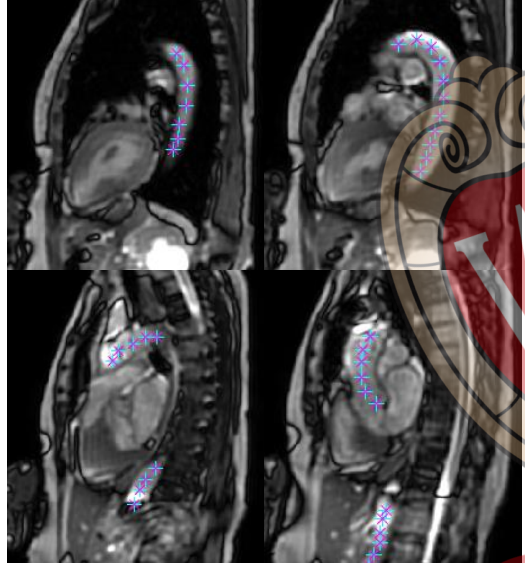
# Methods – Graphical User Interface



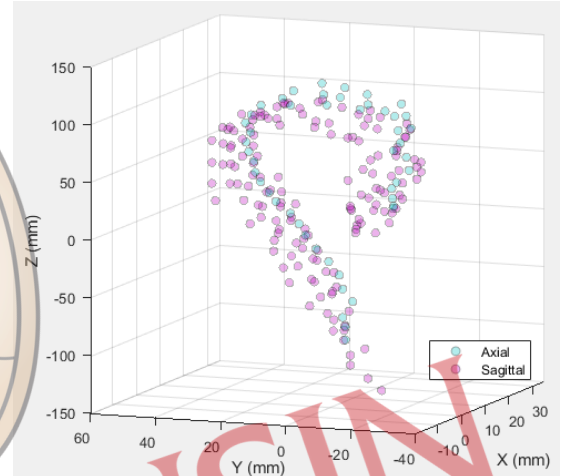
Axial bSSFP – Aorta Point Selection



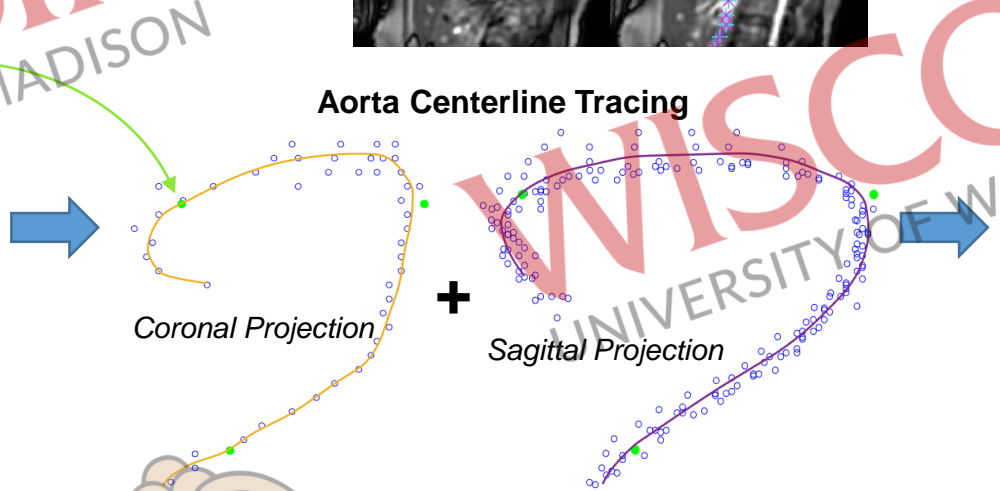
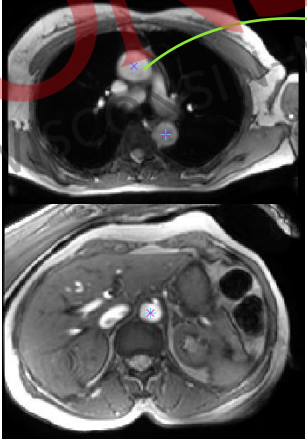
Sagittal bSSFP – Aorta Point Selection



Spatial Localization of Points

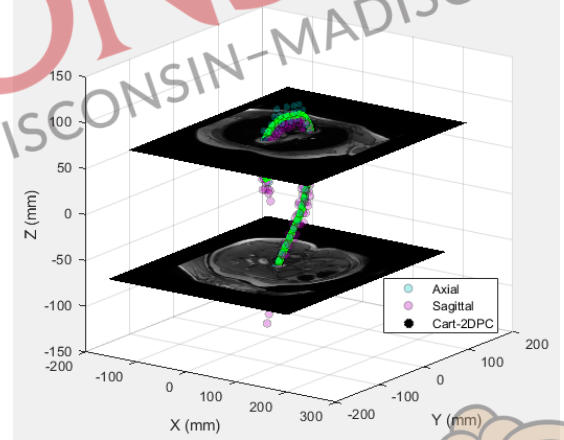


2DPC Point Selection



Aorta Centerline Tracing

3D Centerline Representation



Visual Watermark

# Methods – Local Low Rank Recon



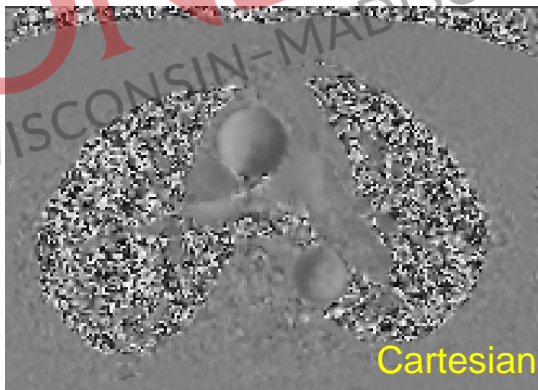
- Local Low Rank Reconstruction<sup>1,2</sup>

$$\hat{\mathbf{x}} = \min_{\mathbf{x}} \left[ \|\mathbf{Ax} - \mathbf{k}\|_2^2 + \sum \lambda_b \|\mathbf{R}_b \mathbf{x}\|_* \right]$$

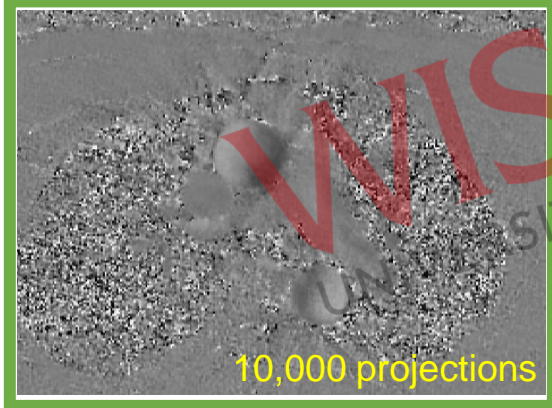
$\hat{\mathbf{x}}$  = optimized image  
 $\mathbf{x}$  = image variable  
 $\mathbf{A}$  = coil-sensitivity, FT, and sampling operator  
 $\mathbf{k}$  = acquired k-space data  
 $\|\cdot\|$  = norm operator  
 $*$  = nuclear norm  
 $\mathbf{R}_b$  = low rank operator acting on  $b_{th}$  local block  
 $\lambda_b$  = rank weighting coefficient

Data fidelity term

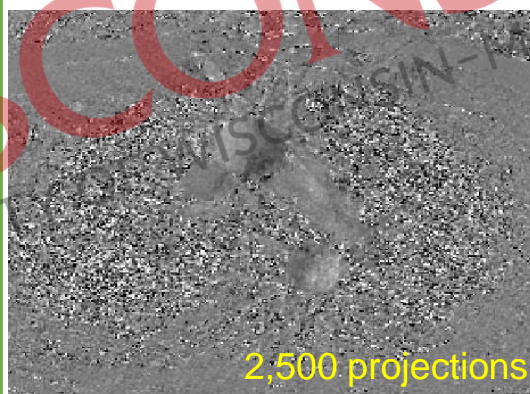
Temporal sparsity  
(local low rank)



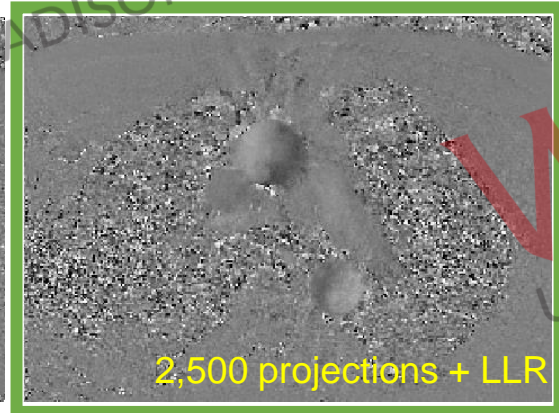
Cartesian



10,000 projections



2,500 projections



2,500 projections + LLR

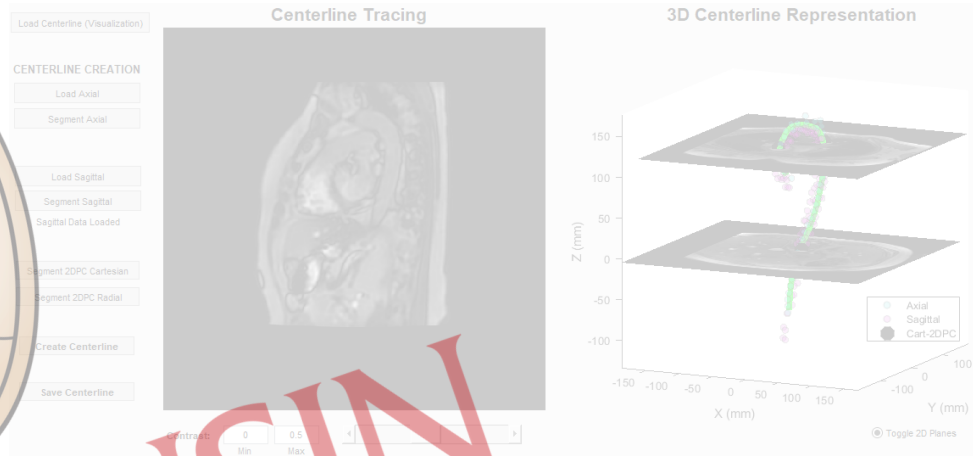
<sup>1</sup>Jimenez JE, et al (2018). *MRM*. 80(4):1452-66

<sup>2</sup>Rivera-Rivera LA, et al (2021). *JCBFM*. 41(2):298-311

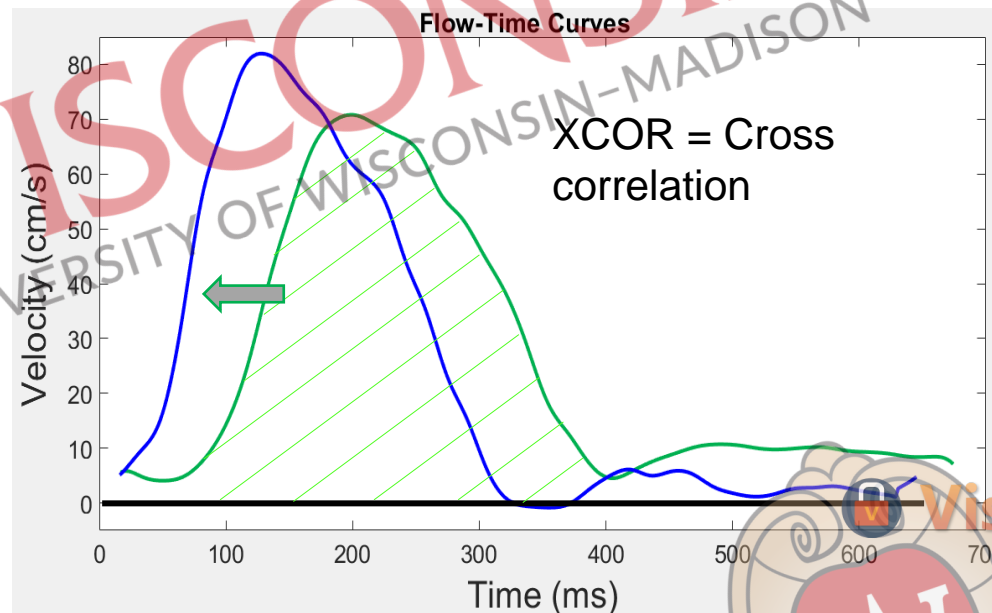
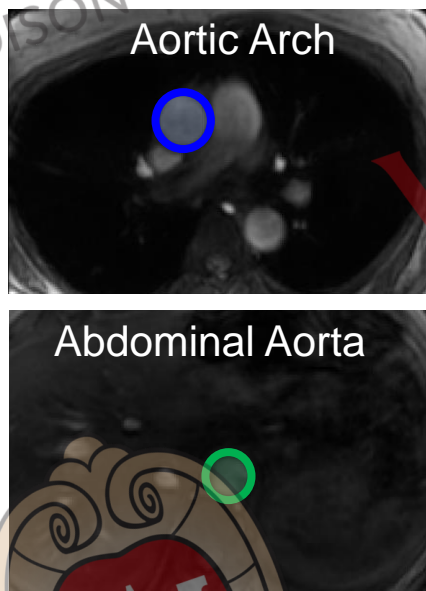
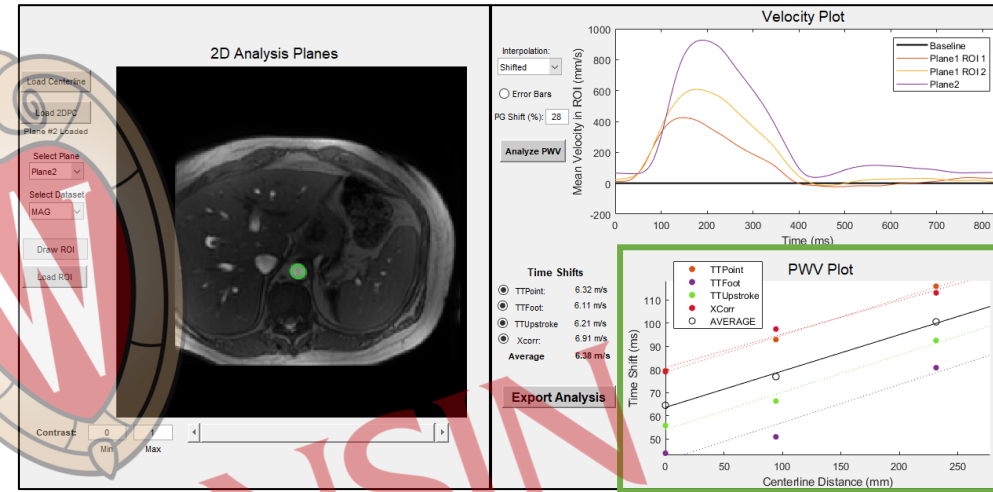
# Methods – Graphical User Interface



## Aorta Distance Measurements



## Waveform Time Shifts, PWV Calculation



Visual Watermark

# Methods – Flow Phantom



- Aorta model

- MRA from 25 y.o. male volunteer
- 3D-printed w/ Elastic 50A™ resin
- Tygon tubing for ultrasound
- **Reference: Ultrasound**

THREE WEEKS LATER...



Pulse pressure too high

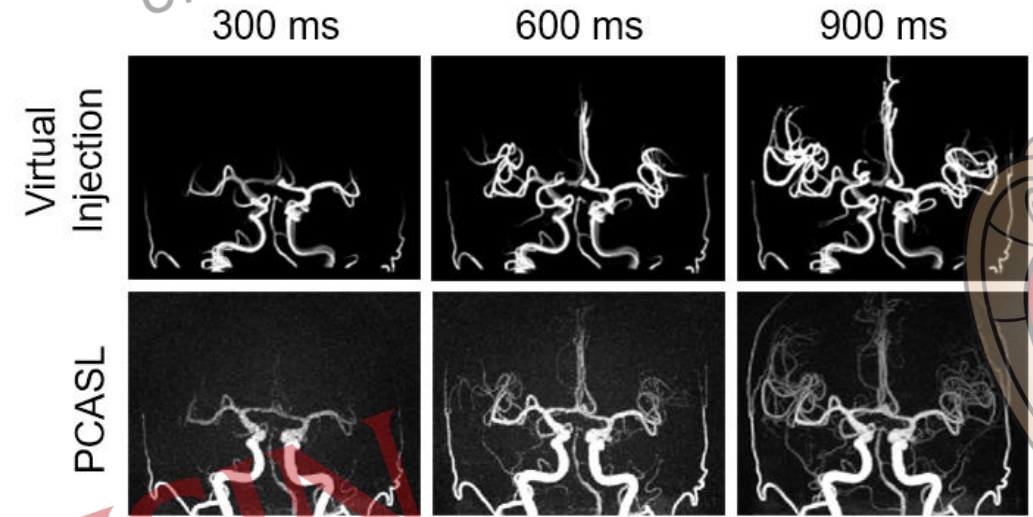
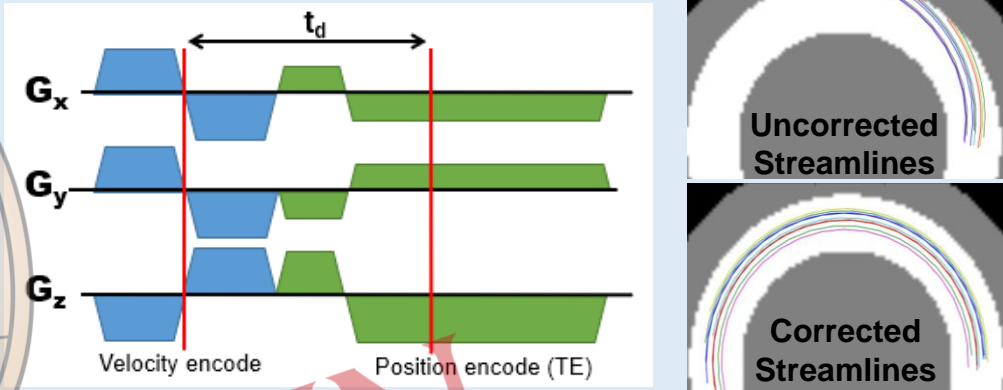


Visual Watermark

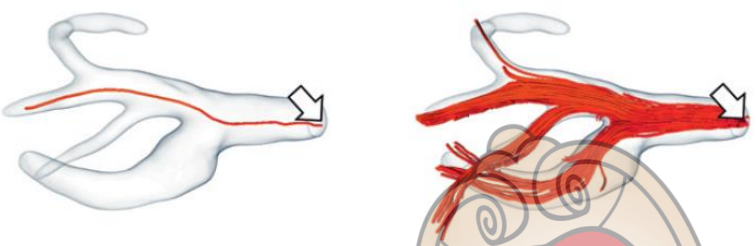
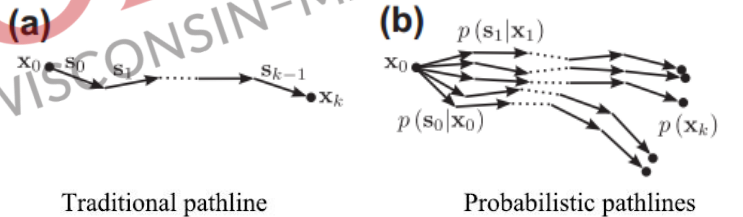
# Other Projects – Virtual Injection



## Displacement Correction



## Probabilistic Streamlines (Monte Carlo)

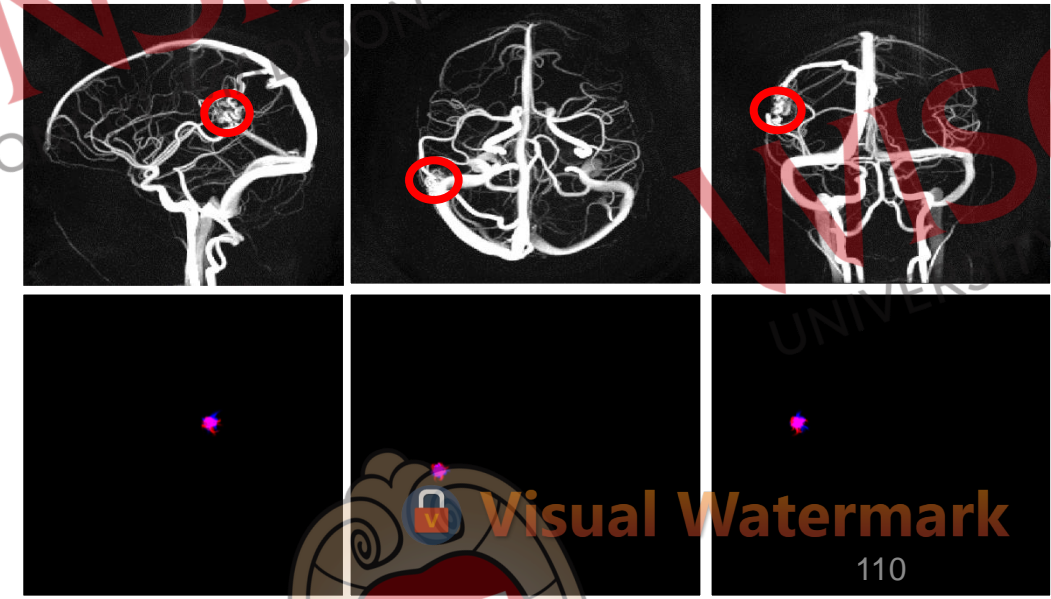


Friman, O et al. *Med Image Anal.* 2011 October; 15(5)

## Fluid Constraints

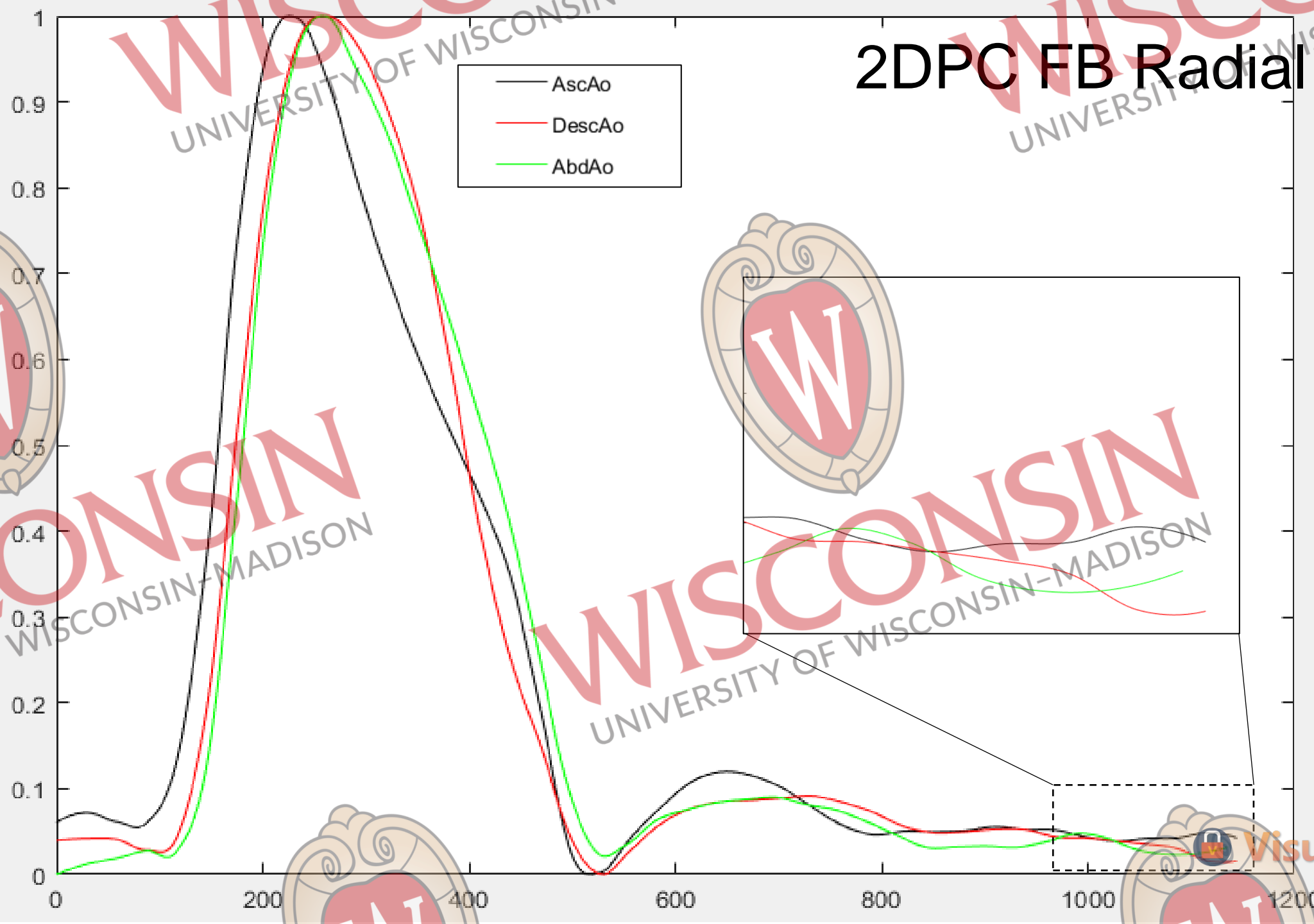
$$p_{CD} = \widehat{CD}(r_j + \tilde{s}_j)$$

$$p_{KE} = 1 - \frac{|\tilde{s}_j^2 - s_{j-1}^2|}{|\tilde{s}_j^2 + s_{j-1}^2|}$$



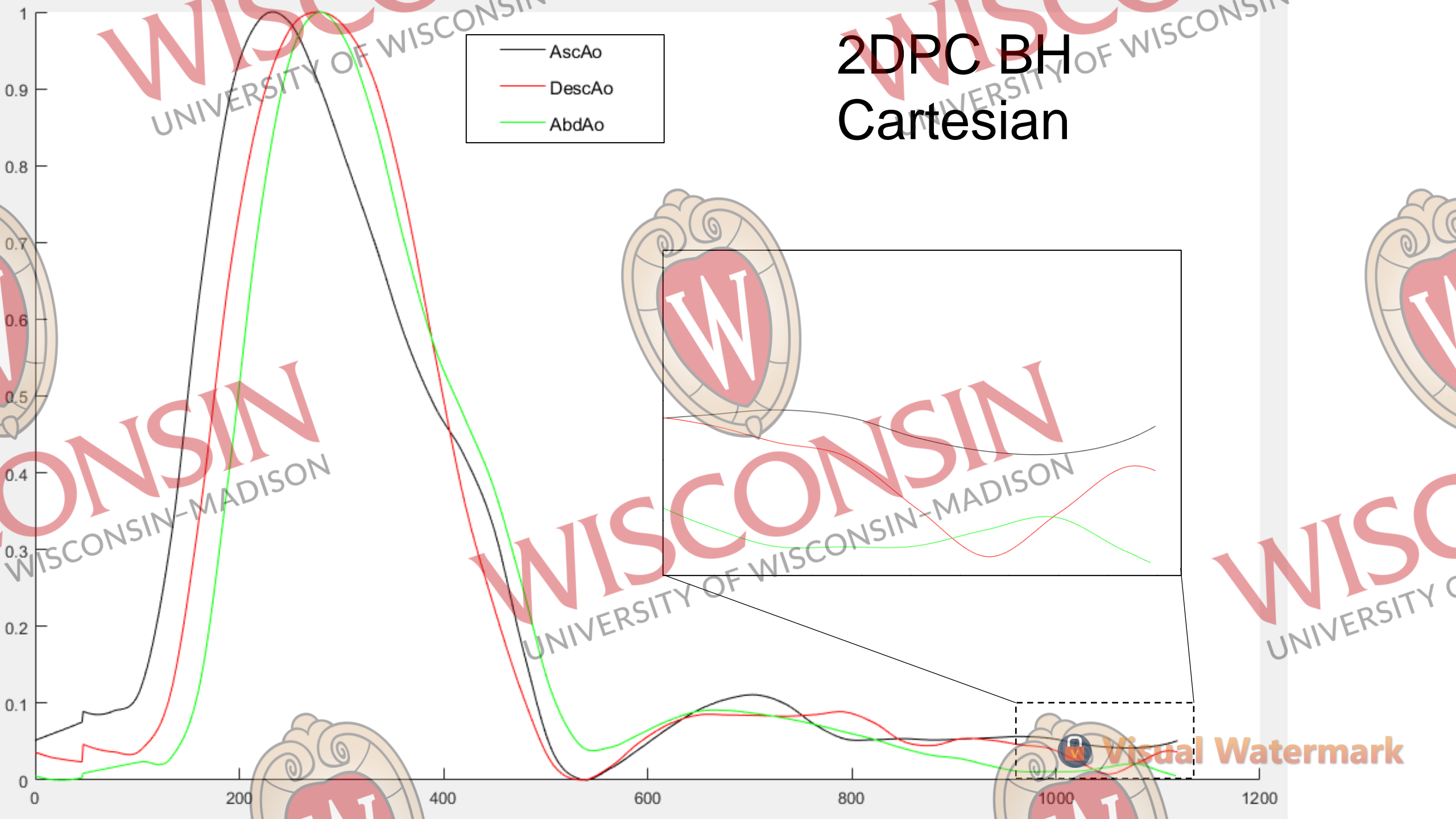
Visual Watermark

# 2DPC FB Radial



Visual Watermark

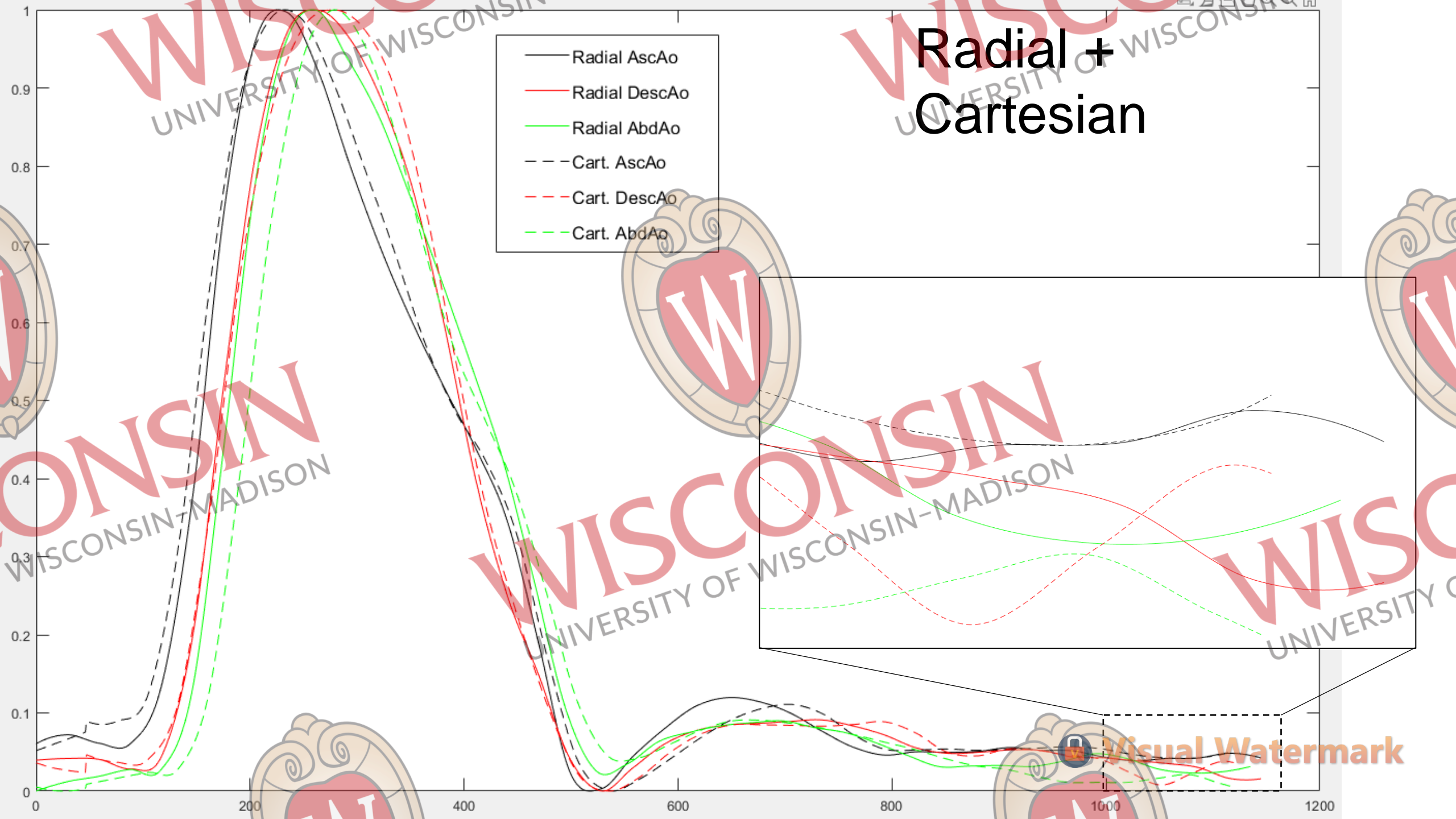
# 2DPC BH Cartesian



Visual Watermark

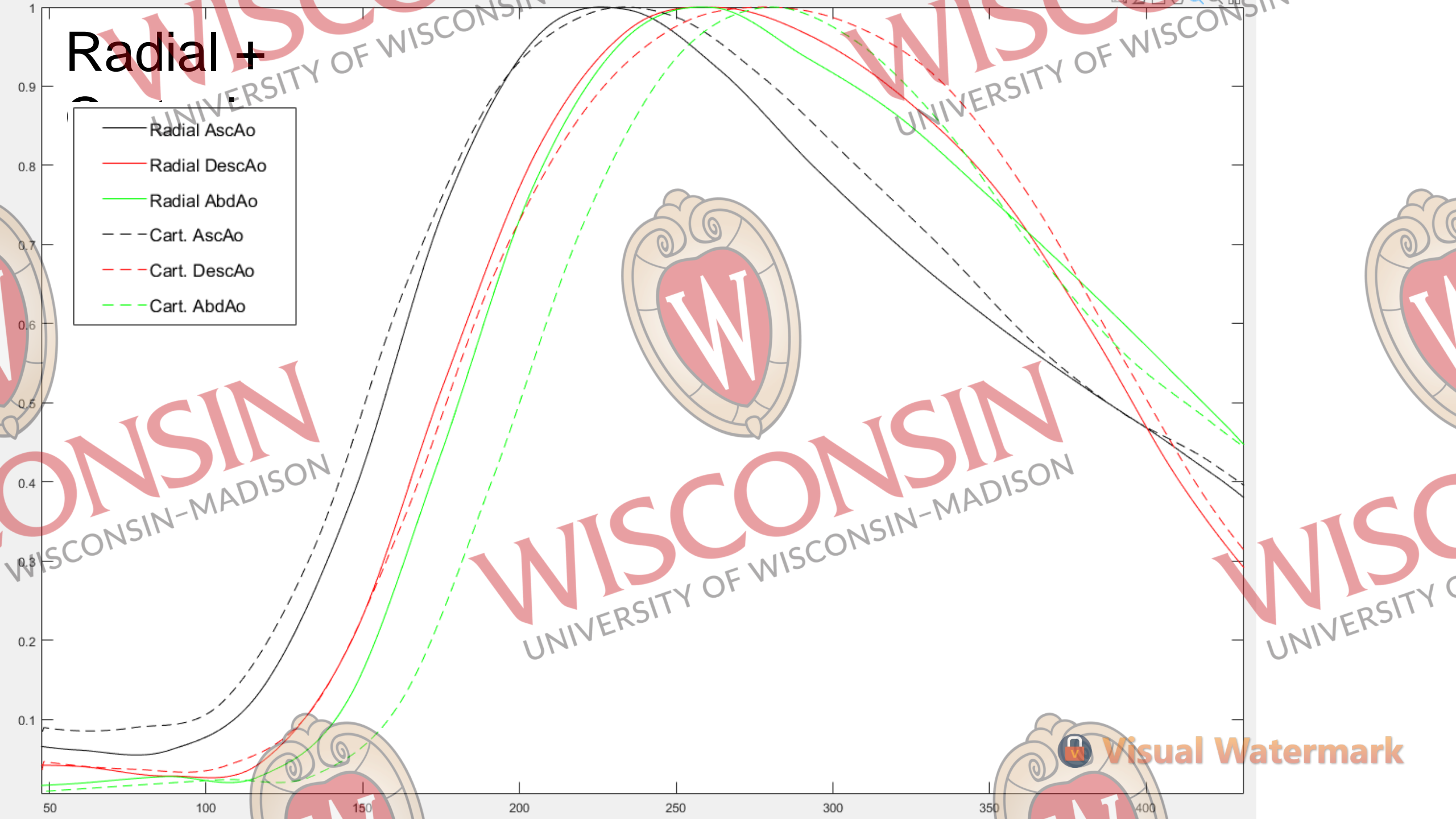
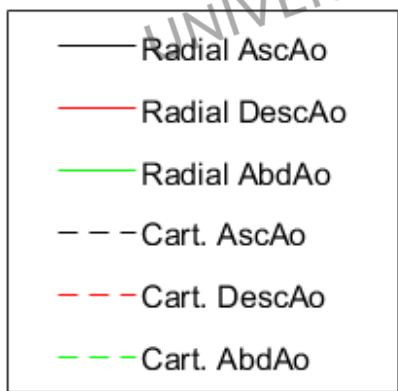


# Radial + Cartesian

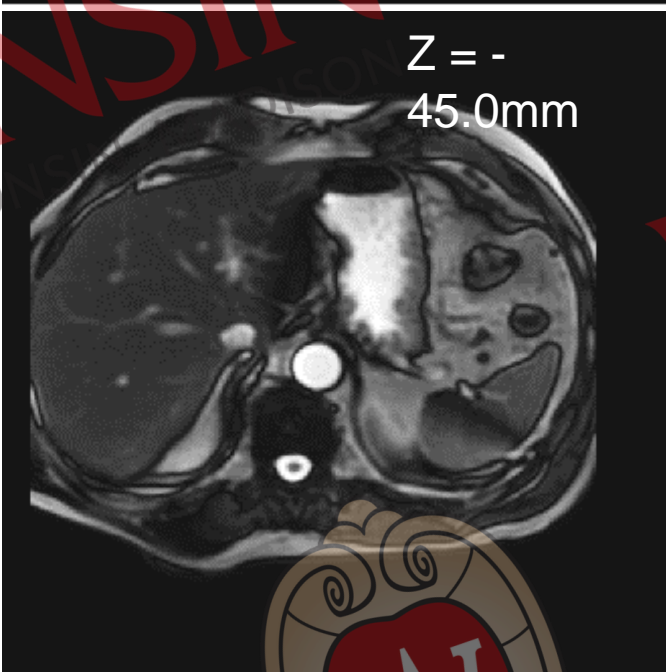
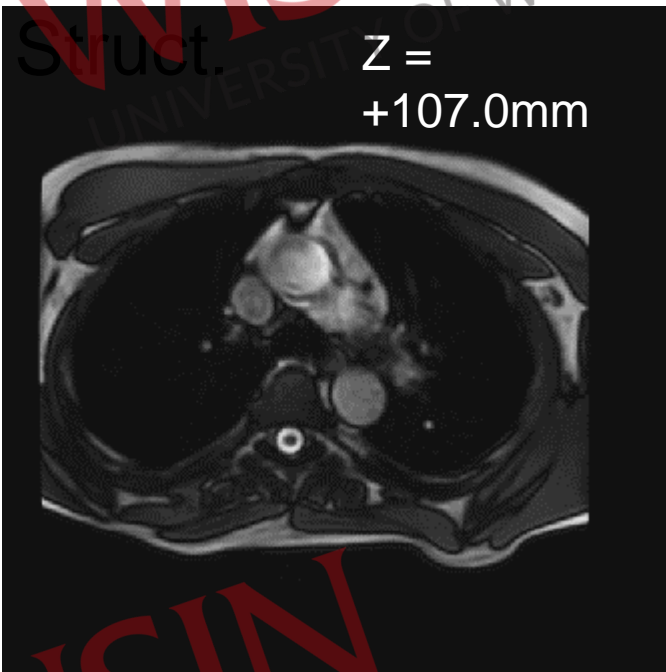


Visual Watermark

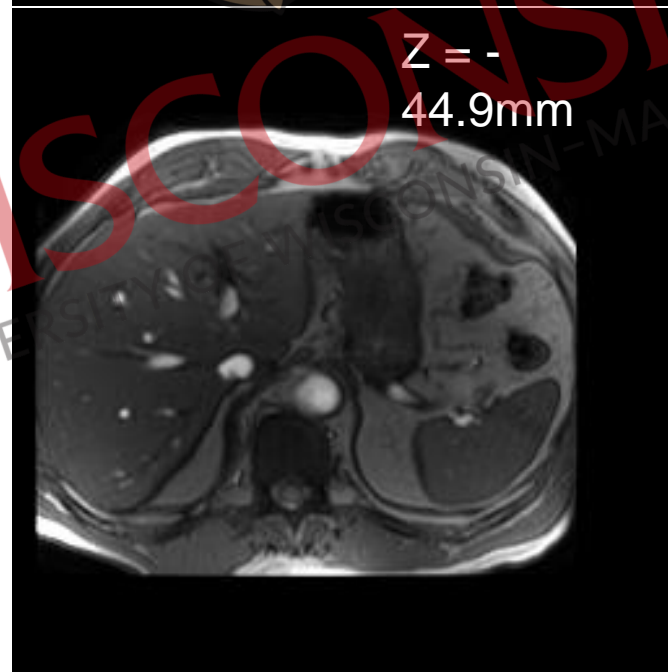
# Radial +



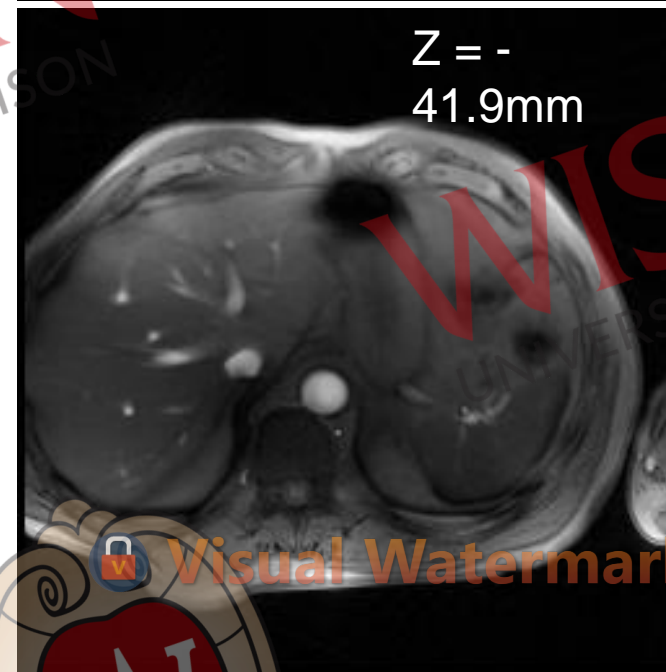
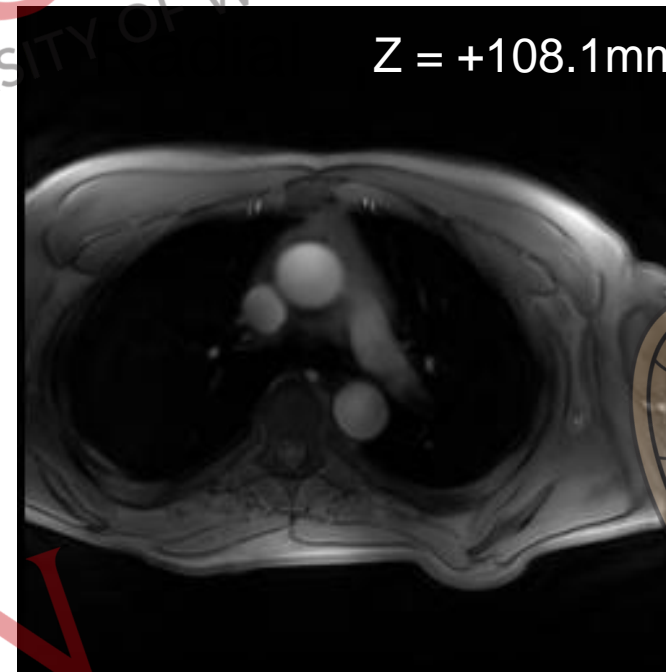
# Axial FB bSSFP



# 2DPC BH



# 2DPC FB



Visual Watermark

# 2DPC BH

## Cartesian

Field	Value
DeviceSerialNumber	'0000000608WAISMR'
SoftwareVersions	'27\LX\MR Software release:DV26.0_R03_1831.b'
ProtocolName	'LIFE_20191024b'
TriggerTime	1
NominalInterval	1148
BeatRejectionFlag	'Y'
LowRRValue	1102
HighRRValue	1172
IntervalsAcquired	14
IntervalsRejected	0
HeartRate	52
CardiacNumberOfImages	40
TriggerWindow	20
ReconstructionDiameter	360
ReceiveCoilName	'8US TORSOPA'
AcquisitionMatrix	[192;0;0;160]
InPlanePhaseEncodingDirection	'COL'
FlipAngle	25

TR = 5 ms

VPS = 4

Encode = 2-pt

True temporal res. = 40 ms

Trigger window = 20 ms

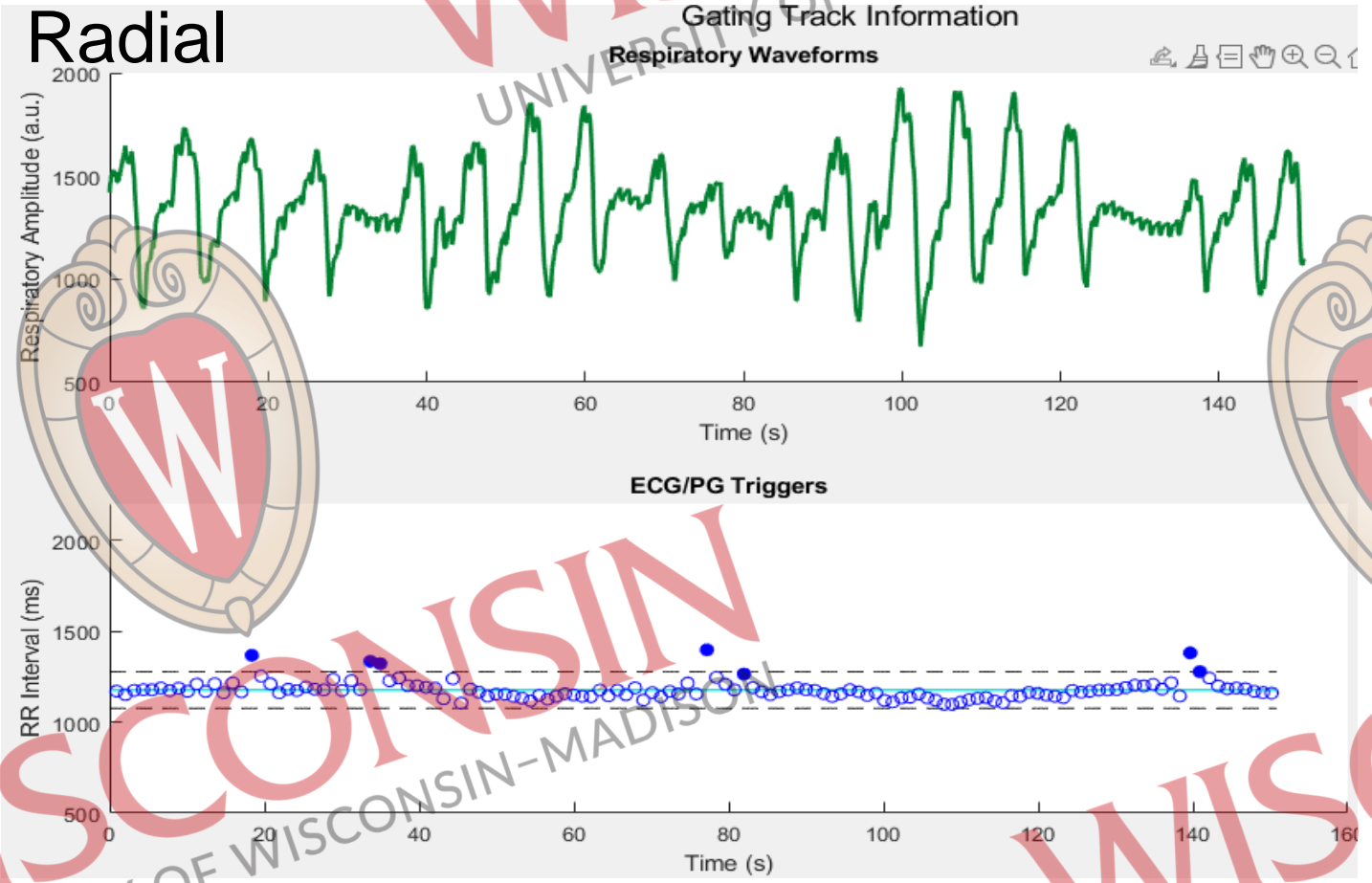
Temporal res. = 28.7 ms (40 frames)

Prospectively gated (forced expiration)

Breath-hold

# 2DPC FB

## Radial



TR = 7.5 ms

Encode = 2-pt

Temporal res. = 29.4 ms (40 frames)

Retrospectively gated (expiration 0-50%)

Free-breathing

Visual Watermark

# 2DPC BH

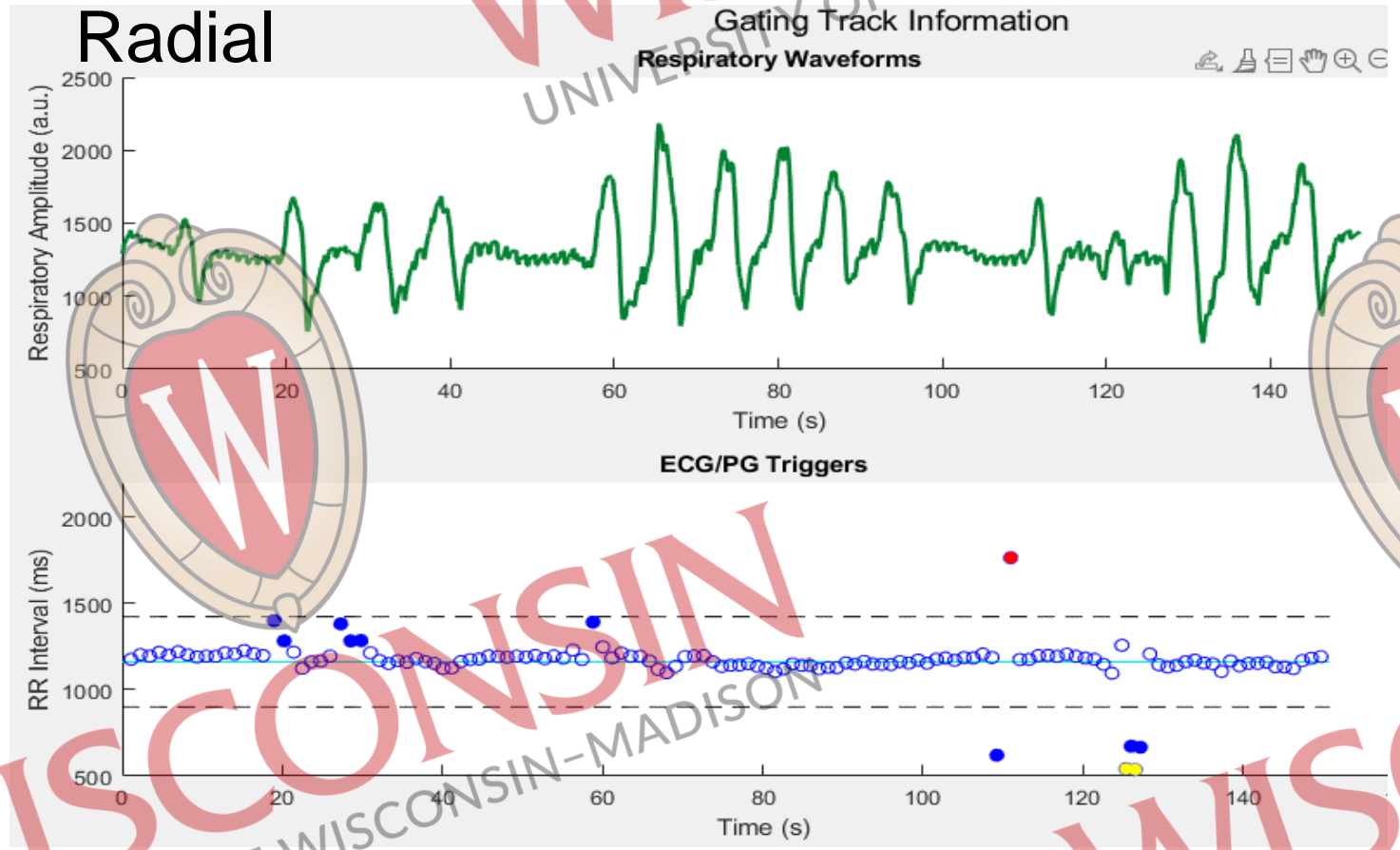
## Cartesian

Field	Value
DeviceSerialNumber	'0000000608WAISMR'
SoftwareVersions	'27\LX\MR Software release:DV26.0_R03_1831.b'
ProtocolName	'LIFE_20191024b'
TriggerTime	1
NominalInterval	1146
BeatRejectionFlag	'Y'
LowRRValue	1112
HighRRValue	1182
IntervalsAcquired	14
IntervalsRejected	0
HeartRate	52
CardiacNumberOfImages	40
TriggerWindow	20
ReconstructionDiameter	360
ReceiveCoilName	'8US TORSOPA'
AcquisitionMatrix	[192;0;0;160]
InPlanePhaseEncodingDirection	'COL'
FlipAngle	25

Temporal res. = **28.7 ms** (40 frames)  
Prospectively gated (forced expiration)  
Breath-hold

# 2DPC FB

## Radial



Temporal res. = **29.1 ms** (40 frames)  
Retrospectively gated (expiration 0-50%)  
Free-breathing

Visual Watermark

## Checked:

- Radial and Cartesian planes are approximately in the same location
- Timestamps in DICOM aren't offset (due to trigger window)
- Cardiac/Respiratory gating signals
- Differing temporal resolutions between AAO and AbdAO scans
  - Tool uses absolute time, not frames, to calculate PWV
- Waveform normalization
- Centerline distances are same between Radial/Cartesian
- Re-checked TTU/TTF/TTP/XCORR time shift methods

## To Test:

- Reconstruct with constant temporal resolution (differing frames)
- Volunteer scans with forced expiration/inspiration
- PG vs. ECG (seeing differences in AscAO and DescAO flow waveforms)

